

# EXPLORING HEALTH CARE IN SILICON VALLEY



**AUGUST 4-16, 2024 | SAN FRANCISCO & SILICON VALLEY**

Join **Exploring Health Care (EHC)** with 25-30 students from medical universities around the world to explore the intersections of health care, medical education, innovation, and social issues from diverse perspectives for 12 days in San Francisco & Silicon Valley!

**INNOVATION  
ACCESS & EQUITY  
CLINICAL ENGLISH  
RESEARCH UCSF  
STANFORD DIVERSITY  
CULTURALLY COMPETENT MEDICINE**



## DIVERSE PERSPECTIVES

- Health care providers & advocates (LGBTQ+, organ donation, palliative care)
- Volunteering with charities



## LIFE-LONG FRIENDSHIPS

- Group discussion & projects
- Expanded network of peers from different nationalities, universities, & disciplines



## EDUCATION & CAREER

- Clinical English workshops
- Peer & expert mentorship
- Mental health & work-life balance in health care



## PERSONAL GROWTH

- New & diverse perspectives
- Strengthened self-awareness
- Reflection & goal-setting

*The Exploring Health Care program is offered by VIA, an educational nonprofit organization founded at Stanford in 1963.*

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## PARTICIPATION COSTS

### **\$4,100\* VIA program fee includes:**

- Hotel accommodations (12 nights)
- Transportation for airport pick-up, drop-off, and program activities
- Site visits, guests speakers, workshops, and other activities
- Arrival lunch and farewell dinner
- 24-hour on-site staff support

### **VIA program fee does not include:**

- International airfare (~\$1,800)
- Travel insurance (~\$25)
- Most meals (~\$400)
- Optional activities (~\$200)
- Personal shopping (~\$100)
- Emergency, medical, and travel disruption costs

### **Cost Summary (USD)**

Total estimated cost to participate:

- \$4,100\* VIA Program Fee
- \$2,525+ Additional Expenses
- **\$6,625+ Total Expected Cost**

## WHO IS A GOOD FIT?

This program is ideal for any level medical, nursing, or pharmacy student ready to explore intersections of health and social issues through hands-on activities, clinical English training, and engaging with diverse perspectives and experiences.

### **Basic Eligibility Requirements:**

- Current university student studying in a health-related field
- At least 18 by program start date
- Able to travel to and enter the US
- Able to meet health or vaccination requirements for US entry or re-entry to home country

## TIMELINE (ASIA DATES)

### **Round 1 Application Period\***

- Application Deadline: May 6
- Application Review: May 7-10
- Online Interview: May 10-16
- Acceptance Notification: May 18
- Confirm Participation: May 25

### **Round 2 Application Period\***

- Application Deadline: May 20
- Application Review: May 20-23
- Online Interview: May 23-30
- Acceptance Notification: May 31
- Confirm Participation: June 8

### **Program Participation**

- Travel Preparations: June-July
- Online Orientation: Late July
- Arrive in San Francisco: August 4
- Depart San Francisco: August 16

*\*Applicants may apply to a spring and/or summer program during the any application cycle. Spring 2025 application deadlines will be announced in fall 2024. Participants who join multiple programs are eligible for a \$200 discount on every subsequent program participation.*

## QUESTIONS? CONTACT

**Sam Yee**  
**Program Director**

sam.yee@viaprograms.org



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