

學校簡介

根特大學是一所世界一流、開放、多元化和社會參與型大學，目前已有200多年的歷史，提供200多個課程，並在許多科學學科領域進行研究。根特大學的校訓是“敢於思考”：我們是勇敢的思想家的天堂。目前共有5萬名學生和1.5萬名教職員。根特大學鼓勵每位學生尋求個人成長，並獎勵學生和教職員工的努力。

國外研修之課程學習（課內），另外推薦受益最多/最喜歡的課程

我在跟特大學的交換系所為經濟與管理系，按照交換校的要求，這學期修習24 ECTS。學生在開學前可先選課，開學後兩週內可修改選課，兩次選課後都要填寫learning agreement表單並傳給雙方學校。根特是比利時的荷語區，學校開設的大部分課程以荷語為主，因為我的荷語基礎為0，所以主要選修英語授課課程。

國外研修之生活學習（課外）

語言：

比利時是一個有三個官方語言的國家，分別為法語、荷語及德語。在出國之前原本還很焦慮覺得如果去到比利時只會講英文怎麼辦，但是其實多慮了，不管是法語區的布魯塞爾還是荷語區的安特衛普，大家都會很友善的切換成英文溝通。

天氣與衣著：

比利時屬於溫帶海洋性氣候，是一個很特別的地方，可以說冬天幾乎每天都在下雨，雨通常不會很大，但是還有一點很特別的是比利時一年四季風都很大，所以冬天一定要戴好全副武裝。由於我比較怕冷，所以通常是發熱衣、發熱褲、外衣、外褲、羽絨背心、羽絨大衣及圍巾。另外外套不管是冬天還是夏天的都要記得買防風防水的，因為太頻繁下雨且風很大的關係，就算想撐雨傘也會被吹走，所以最後都會跟當地人一樣，只會穿防風防雨的外套作為雨具。夏天的比利時相對溫柔很多，雖然風還是很大，但是晴天明顯比冬天多了一些。比利時的好天氣是真的好，會一眼望過去沒有一片雲的漂亮淡藍色天空與漂亮的橘色晚霞。但是比利時的夏天會稍微來的晚一些，以2023夏天為例，大概到六月中才是可以穿短袖短褲出門的溫暖天氣。

住宿環境：

根特大學有提供學校宿舍，並且地理位置以管院學生來說非常理想，因為根特大學是以整座城市為校區，以我修習的管院課程來說，授課教室都是在走路十分鐘以內可以抵達的系館。但是根據工院朋友說，工學院的系館比較遠，走路的話需要比較久，建議租借腳踏車比較方便。宿舍分為單人雅房與單人套房兩種選項，我選的是單人套房，房租一個月481歐元（含水電）。宿舍提供公用洗衣房，廚房與交誼廳，房間內非常寬敞，有個人衛浴設備，單人床，衣櫃，書桌與書架隔板，另外非常棒的是備有個人冰箱。

交通出行：

平常上下學與學餐之間都是走路。根特其實不大，從宿舍走到根特市區其實有只有三十分鐘的路程，所以通常都會邊走邊欣賞風景。根特的主要交通為公車與輕軌，單次2.5，一個小時內可以上下所有公車與輕軌。另外也有APP (De Lijn)，可以在上面購買十次卷共17歐，這樣單次就可以以1.7歐的優惠價格搭乘。

比利時的火車有學生優惠價，另外也可以申請學生專屬的通勤票(Student Multi)，就可以在49內以單趟1.43的價格來回根特與布魯塞爾5次。

交換/研修之具體效益（請條列式列舉）

- 增強適應能力：歐洲的生活環境其實跟亞洲真的差別很大，在歐洲真的很常發生我們認為很不正常但歐洲人卻習以為常的事，一開始會非常的不習慣，但慢慢的也會開始適應理解。
- 溝通能力：不同的國家與文化本來就會有不同的表達與溝通方式，所以很多時候會需要先學會理解雙方想法並磨合與溝通。
- 獨自面對問題的處理能力：這是我認為一個人出國交換最大的挑戰，因為在台灣的時候有很多朋友家人可以給你意見教你怎麼做，但在國外，因為時差或是對國外的理解，很多時候家人朋友並不一定能幫的上忙，最後都會需要一個人面對並解決問題。

海外生活期間是否曾遭遇困境，及是否解決問題? 如是，請說明如何解決問題;如未解決，請說明事件最大的啟發及思考未來可以怎麼解決?

如果有考慮來根特交換的話，非常建議具備荷語能力，雖然在學校外面大家都很友善，都會願意以英文溝通。但是在大學裡面，雖然是英文授課的課程，但是以管院的課程，會有很多小組的報告，並且一定有機會與當地人同組做報告。以我自己的經驗，6門課裡面有2門課的小組裡面只有我一個外國人，但是有兩個截然不同的氛圍。第一個小組是跨文化行銷課，在這個小組裡面的所有組員都很友善，大家在一開始都會互相認識彼此，並且都會以英文做小組溝通，也非常尊重彼此的意見。但是在另一個小組好像就沒有這麼幸運了，雖然一樣為英語授課的課程，但是小組的討論只有一開始是全英文，從學期中開始就慢慢全荷語了，所以還是非常建議之後來根特交換的同學們修習根特大學開設的荷文課程，才不會遇到無法溝通的尷尬情況～

海外生活期間是否曾遭遇文化衝擊，您如何去面對及適應?

不同的國家與文化本來就會有不同的表達與溝通方式，所以很多時候會需要先學會理解雙方想法並磨合與溝通

海外生活歷練是否為您人生帶來不一樣的改變或者個人特質上的轉變，最大的成長是什麼?

學會獨立處理問題，適應環境

您認為獎學金對您海外研修最大的幫助是什麼? 有無獎學金是否會改變您的出國計畫?

因為有了獎學金，減輕了我在交換期間的生活費負擔

感言及心得感想

是收穫很多的一個半年，在這半年有喜怒哀樂，有因為可以遊歷世界各國的機會而喜，有因為文化發生了各種誤會摩擦而感到難過，也有因為準備課業而感到壓力大而沮喪，也有因為獨自面對問題而傷心的哭過，但現在回頭看，或許這就是出國交換研修的真諦，讓我學會面對不是事事皆如意、人人皆我所想的世界。

英文心得(包含學校簡介、課程學習、生活學習、具體效益、心得感想等等)

26-1 About Ghent University

Ghent University is a world-class, open, diverse and socially engaged university, now over 200 years old, offering over 200 programs and conducting research in many scientific disciplines. Ghent University's credo is "Dare to think": We are heaven for brave thinkers. There are currently 50,000 students and 15,000 teaching staff. Ghent University encourages each student to seek personal growth and rewards the efforts of students and staff.

26-2 Study abroad courses (in class)

My exchange department at Ghent University is the Faculty of Economics and Business Administration. According to the requirements of the exchange school, I studied 24 ECTS this semester. Students are able to choose courses before the start of the term, and can modify the course selection within two weeks after the start of the term. After the two course selections, they must fill in the learning agreement form and send it to both schools. Ghent is the Dutch-speaking area of Belgium. Most of the courses offered by the school are mainly in Dutch and I do not speak Dutch, I mainly choose English-taught courses.

26-3 Living and studying abroad (extracurricular)

language:

Belgium is a country with three official languages, French, Dutch and German. Before going abroad, I was anxious about what to do if I could only speak English in Belgium, but in fact, I was over concerned. Whether it is Brussels, the French-speaking area or Antwerp, the Dutch-speaking area, everyone will switch to English communication in a friendly manner.

Weather and clothing:

Belgium has a temperate maritime climate, and it is a very special place. It can be said that it rains almost every day in winter, the rain is usually not very heavy, but there is another thing that is very special. The wind is very strong all year round in Belgium, so it is recommended that you gear up in the winter. Since I am afraid of the coldness, I usually wear heating clothes, heating pants, coats, outer pants, down vests, down coats and scarves. In addition, whether it is winter or summer, remember to buy windproof and waterproof jackets, because it rains too frequently and the wind is very strong, even if you want to hold an umbrella, you will be blown away, so you will end up like the locals, only wearing windproof and waterproof jacket as rain gear. Belgium in summer is relatively gentle. Although the wind is still strong, there are obviously more sunny days than in winter. The good weather in Belgium is really nice, there will be a beautiful light blue sky without a cloud and with a beautiful orange sunset. But the summer in Belgium will come a little later. Taking the summer of 2023 as an example, the warm weather that can wear short-sleeved shorts to go out will be around mid-June.

Accommodation:

Ghent University provides school dormitories, and the location is very ideal for management students, because Ghent University uses the entire city as its campus. For the management courses I have taken, the teaching classrooms are all within ten minutes walking distances. However, according to friends from the Engineering College, the departments of the Engineering College are relatively far away, and it takes a long time to walk, so it is a better idea to rent a bicycle. The dormitory is divided into two options: single room and single suite. I chose the single suite, and the monthly rent is 481 euros (including water and electricity). The dormitory provides a common laundry room, kitchen and living room. The room is very spacious, with personal bathroom facilities, single bed, wardrobe, desk and bookshelf partition, and a personal refrigerator.

Transportation:

I usually go everywhere in Ghent on foot. Ghent is actually not that big. It takes only 20-25 minutes to walk from the dormitory to downtown Ghent, so I usually enjoy the scenery while walking. The main transportation in Ghent is bus and tram, 2.5 Euro for a single trip, and you can get on and off all buses and

tram within an hour. There is also an APP (De Lijn), on which you can buy ten coupons for a total of 17 euros, so that you can take a ride at a discounted price of 1.7 euros for a single trip. Belgian trains have discounted prices for students, you can also apply for a student-specific commuter ticket (Student Multi), which allows you to go back and forth between Ghent and Brussels 5 times within 49 days at a price of 1.43 per trip.

26-4 Specific benefits of exchange/training (please list them in detail)

- Enhance adaptability: The living environment in Europe is actually very different from that in Asia. Things that we think are abnormal but Europeans are accustomed to often happen. You will be very uncomfortable at first, but slowly you will also start to adapt to understand it.
- Communication skills: Different countries and cultures have different ways of expression and communication, so in many cases, it is necessary to learn to understand the ideas of both parties and to adapt and communicate.
- The ability to deal with problems alone: I think this is the biggest challenge for a person going abroad for exchange. In Taiwan, there are many friends and family who can give you advice and teach you how to do it. However, while abroad, in many cases, family and friends may not be able to help, and in the end it will be necessary to face and solve the problem alone.

26-5 Thoughts and Suggestions

If you are considering coming to Ghent for exchange, it is highly recommended to have the ability to speak Dutch, although everyone outside the school is very friendly and willing to communicate in English. But in the university, although the courses are taught in English, there will be many group reports in the management school courses, and there must be opportunities to make reports with local people. From my own experience, I am the only foreigner in the group of 2 of the 6 courses, but there are two completely different atmospheres. The first group is the cross-cultural marketing class. All the team members in this group are very friendly. Everyone will know each other at the beginning, and they will communicate in English as a group, and they respect each other's opinions. But in another group, it seems that I am not so lucky. Although the course is also taught in English, the group discussion is only in English at the beginning, and gradually it is in Dutch from the middle of the semester, so it is highly recommended the later coming students to take the Dutch language course offered by Ghent University, to avoid the awkward situation of being unable to communicate.