

# 土耳其中東科技大學返國報告書

土耳其中東科技大學位於土耳其的首都安卡拉，位置在土耳其中部，是土耳其人口第三多的城市。交通算是發達，有火車、捷運、高鐵還有公車及計程車，費用也比台灣便宜很多。中東科技大學可以說是土耳其最好的學校，以理工類組來說的話，要在那邊就讀的學生在入學時都需要考過英文考試，否則需要先修一年的英文課程，校內的所有課程也都是全英文上課，所以不用怕聽不懂。

學校占地非常大，也都有好幾台公車輪流接駁。校內有多座籃球場、健身房還有國際級的游泳池，也有小小的商場，有生鮮超市，也有美妝保養品店、照相館、文具店、咖啡廳以及專門賣學校商品的商店。

在去之前學校也會有專門負責交換生事項的在地學生們負責聯絡我們，協助我們剛開始到土耳其的住宿、交通或是生活上一切的大小事都可以詢問他們。在開學前也會由他們辦理一連串的活動，讓來自不同國家的交換生可以快速地認識彼此。

## 國外研修之課程學習（課內）

我在中東科技大學時修了系上的一門課，其餘都是修系外的課程，學校也會提供給交換生才能修的土耳其文跟土耳其文化課兩門課，因為都只有交換生才能修，因此我非常推薦一定要修，這是認識交換生最好的機會。而且在平常自己出去學校外面時會用到基本的土耳其文，是非常有幫助的，有時候還能防止被一些商店騙錢。

## 國外研修之生活學習（課外）

在剛開始的新生訓練周時多多認識國外的學生對之後的學期是非常有幫助的，平常吃飯聯絡或是平常上課時一起討論，多認識外國朋友才是到國外生活的目的，在需要幫助的時候才會有人可以幫忙。假日時他們也是可以一起出去玩的好夥伴，在土耳其尤其是女生，切忌自己單獨出門，在某些地方對女生可能還不識特別友善，當然學校例外。有時間的話可以多去其他縣市走走，可以選擇那邊的小旅行社包小巴士一到兩天的行程，或是自己規劃搭巴士或火車或是自己租車到其他城市去。

像是我個人到整個學期只有跟台灣的學生一起出去玩過一次，其他時間幾乎都是跟國外的交換生出去玩，就連平常吃飯或是出去逛街逛百貨也都是跟國外交換生居多。

## 交換/研修之具體效益（請條列式列舉）

- 體驗土耳其當地的文化
- 認識來自不同國家的交換生
- 體驗不同國家的上課方式跟台灣的不同
- 親眼看到世界文化遺產或是遺跡
- 建立國外的人脈

## 感想與建議

如果是到這間學校的同學，強烈建議一定要參加 orientation program，才有辦法認識到國外的交換生，過了這期間就開學了，如果又沒修土耳其文及土耳其文化課這兩門專門給交換生的課程的話，在這交換的期間除非個性很外向會跟同學互動，不然基本上就只會認識台灣的交換生了，這樣就失去了來國外認識其他國的交換生的機會了，非常的可惜。

It is really amazing that I chose to study in METU. Everything I have experienced there is totally different than I had imagined. The people I met and the places I visited, made this trip not just challenging but also exciting.

Every exchange student will have two host students to help with everything. My host student, Yekta is a very kind person. If I have any questions, he will always answer or try his best to help me. In Turkey, it is necessary to have a Turkish speaking friend with you, even you can speak English. When I go off the campus, most of the people can not speak English, during that time, Yekta help a lot. He told me where I can get the metro or how can I go to the downtown. When we go to the supermarket, he will tell me the things I did not see before, or sometimes he will translate some words to English to let me understand.

The host student organization had held a lot of different activities to let all the exchange students get to know each other more. During that time, I made a lot of friends from all over the world, Germany, Spain, Columbia just to name a few. We went to many places in Turkey like Ephesus where there has ancient Roman remains. We also went to Kapadokya, a place famous for its magnificent geographic environment. You can take a hot air balloon if you want, but it takes 300 euros.

I think we are quite lucky staying in Turkey. Taiwan embassy had held a banquet for Taiwan's national day. They invited all the Taiwanese exchange students in Turkey to join this event. It is a whole new experience for me. During the event, I even play the piano with other exchange students on the stage. We even seen the Turkish traditional dance and their traditional instrument performance. I met our ambassador in Turkey and other staff work in the embassy. I think this is an opportunity that any normal Taiwanese students could not have.

During the winter vacation, the friend I made there in METU even invited me to their countries. Unfortunately, I only went to Spain and England to visit my friend and my English teacher. It is really nervous to go there just by myself, but it is also a great opportunity to learn how to make your own schedule and plan your trip. I have to check which flight is the cheapest, which train I am going to take, or which place I want to go. I think I really learn a lot when I was preparing this trip.

Spain, a place full of historical architecture. I went to three different cities, Barcelona, Granada and Seville. All of them have some must go places for tourism. For me, the place I love the most is their church and cathedral. Take Sangrada familia as an example, it has been constructed since 1882 and it is still not yet finished. I was amazed by its extraordinary design that I spent almost half a day in this place. If I have another chance, I would definitely want to visit again.

I really appreciate my parents gave me this chance to go abroad. I have learned a lot of different things during this time and I believe this trip will be the most unique experience that I will never forget.



這張照片是在交換生們的第一個旅行，也是另一個認識其他人的好方法，加上那時候剛開學沒有甚麼課業負擔，因此幾乎所有人會去。



在新生訓練期間會舉辦一些活動，這是最後一天的國際晚餐，來自同一個國家的交換生會聚在一起準備來自自己國家的食物分享給其他交換生。照片裡面有來自亞塞拜然和德國的女生，是我在土耳其最好的朋友。