

學校簡介

於1949年，千葉醫科大學、千葉師範大學、千葉師專、千葉工科科技大學、千葉農業科技大學合併，於2004年改稱為千葉大學

因許多學校合併，各學科各自擁有強烈特色，截至2021年連續6年志願填寫人數為日本第一也致力於國際交流，從2021年入學生開始，設立海外交換畢業門檻

QS排名為551-600名，日本國第10名之學校

國外研修之課程學習（課內），另外推薦受益最多/最喜歡的課程

基本粒子物理學

學習到物理研究時的要領，及近期天文物理研究之最前線

國外研修之生活學習（課外）

因為物價比台灣高，所以可以學習自炊

觀光景點多，可以到處前往

交換/研修之具體效益（請條列式列舉）

- 1.可以發現台灣大學課程很好過
- 2.發現日本有許多社團，尊重各類興趣
- 3.日本大學對於體育性隊伍待遇很差，社團=校隊，都必須自己出錢、自行負責所有事項
- 4.知道在台灣大學自由選課的幸福在日本要跨院選課必須得到重重許可，浪費時間浪費資源
- 5.了解台灣電子化的厲害，在這邊很多程序都必須紙本完成，如日文能力沒有到一定水準會遇到很多困難

海外生活期間是否曾遭遇困境，及是否解決問題?如是，請說明如何解決問題;如未解決，請說明事件最大的啟發及思考未來可以怎麼解決?

問題:

物價太貴

解決:

節省不必要的開銷，努力每天煮飯，除非聚餐出遊，盡量省錢

海外生活期間是否曾遭遇文化衝擊，您如何去面對及適應?

在觀光的時候，很多傳統店家沒有日文以外的選項

如果沒有一定的日文能力應該只能體驗普通觀光客的店家

海外生活歷練是否為您人生帶來不一樣的改變或者個人特

質上的轉變，最大的成長是什麼？

成功於日本企業實習，體驗到商業上理大於情的重要度
在商言商才有辦法在商場上生存

您認為獎學金對您海外研修最大的幫助是什麼？有無獎學金
是否會改變您的出國計畫？

補助住宿和讓我增加一點閒錢可以前往到處旅行

感言及心得感想

感謝中山大學給我這次機會讓我出來交換，其中遇到疫情讓程序非常複雜，也有許多不確定因素。

這次的交換因為疫情延後了半年，這半年間，國際處的人員為了讓我一定能夠順利交換，協助我安排許多事項，其中，因為我不是走千葉大學專門開放給國際交換生的計畫"J-PAC"計畫(這是千葉大學特別設立的計畫，讓有意願的交換生隸屬這邊)，而是系所交換到千葉大學物理系，讓程序相對其他同學複雜。

當初前來時，因為疫情的因素，讓我的生活有點單調，幾乎沒有課外活動，且很多需要同學互動的課程皆為線上課程，實體課程只有物理系的講授課，前面一兩個月我幾乎沒有與任何人有互動，這段日子現在回想起來真的有點可惜，但當時疫情也不容小覷。當時是透過線上通話的方式與原本台灣的同學們互動，因為我自己的同屆已經升上研究所，所以互相加油打氣，讓我有動力持續一個人單打獨鬥。

到了五月底六月初的時候，千葉大學也漸漸開放實體課程，讓我有機會與課程同學互動，雖然都是國外前來千葉大學讀書的學生，大家都有共同的生活圈及話題，讓我有機會認識許多同學。其中有機會與幾位大陸的同學交流，到這次交流前，並沒有機會與這類同學有交流，所以也了解兩邊文化的不同，也與很多台灣其他學校前來交換的同學，也有許多類似的特點，讓我們一見如故，馬上有機會成為朋友。

在校園中，也有看到許多有趣的現象。日本的求職是在在學中進行，從大三上學期有意願就業的同學就會開始求職活動，校園內也到處可以看見就業博覽會的廣告，這是與台灣很不一樣的地方，台灣很多時候在學的時候是先應徵實習，在畢業後再尋求正職，但在日本很多同學於在學中就可以獲得正職的內定，一畢業就前往企業上班。

在課程中，也發現難易度與台灣的學校相差很大，在台灣，因為理工的學生研究所升學率非常高，因此很多時候在大學的時候即使沒有很了解課程內容，也認為在畢業後，升上研究所時會需要再重新學懂，所以大學課程只要大改了解內容即可以獲得學分，但在日本，大家會認為需要對於可成有一定的了解才可以，像是我修習流體力學，考試只有期末然後內容是四題證明題，就發現台日兩邊的大學課程難易度非常不一樣。

這次的交換讓我學習到很多，接觸到很多只在台灣學習沒有辦法接觸到的經驗，感謝准許我前來交換的父母，協助我交換的中山大學及千葉大學，讓我的人生有精彩的一頁

英文心得(包含學校簡介、課程學習、生活學習、具體效益、心得感想等等)

Thanks to Sun Yat-Sen University for giving me this opportunity to come out for exchange. The epidemic made the procedure very complicated and there were many uncertain factors.

This exchange was postponed for half a year due to the epidemic. In the past six months, the staff of the International Office helped me arrange many matters in order to ensure a smooth exchange for me. Among them, because I did not go to Chiba University's program that is specially open to international exchange students." The J-PAC" program (this is a special program established by Chiba University to allow willing exchange students to belong here), but the department is exchanged to the Department of Physics of Chiba University, which makes the program more complicated than other students.

When I first came here, because of the epidemic, my life was a bit monotonous. There were almost no extracurricular activities, and many courses that required interaction with students were all online courses. The physical courses were only taught by the Department of Physics. In the first one or two months, I almost didn't interact with anyone. It's a pity to look back on these days, but the epidemic at that time should not be underestimated. At that time, I interacted with my classmates from Taiwan through online calls. Because my own class had already been promoted to the graduate school, I cheered each other on, which gave me the motivation to continue to fight alone.

At the end of May and the beginning of June, Chiba University also gradually opened physical courses, which gave me the opportunity to interact with the students of the courses. Although they are all foreign students who come to Chiba University to study, everyone has a common life circle and topics. Let me Had the opportunity to meet many classmates. Among them, I had the opportunity to communicate with several students from mainland China. Before this exchange, I did not have the opportunity to communicate with such students. Therefore, I also understand the cultural differences between the two sides. I also have many similar exchanges with many students from other schools in Taiwan. Features, let us hit it off, and immediately have the opportunity to become friends.

On campus, there are also many interesting phenomena. Job hunting in Japan is carried out in school. Students who are willing to find a job will start job hunting activities in the first semester of junior year. You can also see job fair advertisements everywhere on campus. This is very different from Taiwan. Taiwan often When I was in school, I applied for an internship first, and then sought a full-time job after graduation. However, many students in Japan can get a full-time job offer while still in school, and go to work in a company as soon as they graduate.

In the course, I also found that the degree of difficulty is very different from that of schools in Taiwan. In Taiwan, because the rate of admission to the graduate school of science and technology students is very high, many times in college, even if you don't understand the course content very well, you think that after graduation, When you enter the graduate school, you will need to learn it again, so you can get credits as long as you change the content of the university courses. However, in Japan, everyone thinks that you need to have a certain understanding of Catcher. For example, I studied fluid mechanics. The exam is only the end of the term and the content is four proof questions. I found that the difficulty of university courses in Taiwan and Japan is very different.

This exchange allowed me to learn a lot and get in touch with a lot of experiences that I could not get in touch with only studying in Taiwan. I am grateful to my parents who allowed me to come to exchange, Sun Yat-sen University and Chiba University who assisted me in my exchange, which made my life have a wonderful day Page