

中文心得：

以往都是到各地短期旅遊，沒有長期在國外生活一段時間的經驗。因此，決定在畢業前來交換，拓展自己的視野。當初會選擇德國做為交換國家的原因是這裡擁有非常多的大自然景觀，不同邦有各自不同的特色。決定好德國後，接著就是看合作的德國各學校的簡介，最後因為完善的交換生規劃與地理位置，我選擇奧格斯堡大學。

奧格斯堡大學 University of Augsburg 是一所位於巴伐利亞邦的現代化大學。於 1970 年成立，由 8 個學院組成。合作的交換學校有四十多所，因此每年大約有 14% 的國際學生。學校對交換學生計畫，整體安排相當完善。其中商學院有非常多的課程可以供選擇，都是用英文授課，當然也可以選擇德文授課的課程。校園不大，各系所、食堂以及圖書館都可以輕易步行到。

來到這裡之後，更是超過我原本的期待。學校的國際交換生很多，可以有不同地文化交流，還有許多有趣的商學院課程，大部分都是英文授課，當然也可以選擇德文授課。

學校的課程有分成 Lecture、Tutorial 以及 Seminar 三種。這學期我選了一堂 Lecture、兩堂 Seminar 的課程。Lecture 會是由講師在一段時間密集授課，你會在短時間內快速地吸收知識。而 Seminar 會是一個小型的研討會，通常教授會決定好研討的主題，讓學生上台報告。像是我其中一堂 Seminar 是 “ Exploring German Culture ” 每週都由不同學生報告各種主題，德國永續環保、德國美食以及德國旅遊，教授會給你 feedback，大家也會一起討論。當然也會有小組共同完成的主題，是一個很好進行交流的課程。

這邊有交換生組織 ESN 每個禮拜會固定聚餐，週末也會舉辦各式各樣的活動，如果想要認識朋友的可以多多參加活動。關於日常生活，在這邊用英文溝通也都沒有問題，即便對方不會說英文也會努力幫你解決問題。而德國本身治安良好、氣候舒適且綠能環保。平常都騎腳踏車上學、到處晃晃，是一個非常適合生活的國家。我平常都會自己煮，德國的超市便宜又有很多選擇。廚藝也有小小進步，不會像一開始的不知所措。

除了上課、社交，剩餘的時間我會安排旅遊。這時候做好時間、金錢管理就很重要了，這部分就是不要怕累！多做點功課，才能省下時間與金錢，或是擁有到跟別人不一樣的在地人行程。學校的課程大約在六月底就會結束，七月就是期末考月。結束期末考就開始放假了。剛好避開七月的旅遊旺季，八月、九月兩個月我就安排了六個國家的旅行。

很感謝當初決定出國交換的自己，這一趟來德國，讓我更加認識自己。知道哪樣的旅行方式、生活型態是我喜歡也適合自己的。跨出舒適圈去參加學校、城市活動以及德國朋友的聚會，體驗道地的生活方式、認識了許多來自不同國家的朋友。最後，我認為隨時保持彈性面對任何事情是相當重要的，當在異鄉遇

到不順遂的事情，只要好好地分析問題原因並專注於解決它，回過頭來會發現成長了一點，也比自己想像的勇敢！

具體效益：

1. 提高問題解決能力
2. 提升英文溝通能力
3. 尊重包容不同文化並拓展國際觀
4. 增進台灣、德國之間文化交流
5. 深入理解德國在地文化與生活方式

英文心得：

The University of Augsburg is a modern university located in Bavaria. It was founded in 1970 and organized in 8 Faculties. Uni Augsburg has cooperation agreements with over 40 universities in Europe, Asia, South Africa, North America, and Latin America. Accordingly, there are 14% of students from exchange students. The individual faculties, cafeterias, and libraries are all close together.

University has a comprehensive plan for the exchange program, including a friendly UI on the website, and professional assistance from the international office. The staff of international office will help you how to get familiar with a new environment.

There are various options for a business course. Most of them are in English whereas you can choose courses in German. There are three type of course: lecture, tutorial and seminar. In lectures, the new subject material is conveyed by the lecturer at a rather fast pace. And a seminar is a smaller course for joint discussions of topics. The lecturers will often listen while the students give a presentation.

I choose one of lecture and two of seminars in this semester. „Exploring German Culture“ is my favorite course. I gained a deeper understanding of Germany by exploring the different topics such as German cuisine, architecture, and sustainability weekly.

We have so-called „Stammtisch“ held by ESN (non-profit international student organization) that has dinner together every Wednesday or sometimes has various activities on the weekend. I

meet a lot of friends from different countries by attending ESN activities. When talking about my daily life, I usually cook by myself. There are many options and cheap food in the supermarket. Apart from studying and socializing, I love to plan the itinerary before going on my next travel. I have traveled to 15 countries and 42 places during my exchange.

Thanks to me for deciding to exchange aboard. I am getting more realize which travel I like or which lifestyle I prefer in my exchange life. Stepping out of my comfort zone to attend the activities held in school, and the city, or enjoying the parties with German friends is the best way to experience the German lifestyle and meet many friends from different countries.

And the most important thing is to become flexible at any time which means you don' t have to be anxious when you face a difficult time. As long as you focus on analyzing a problem and solving it, you will learn a lot from this experience. If I had not been here for exchange, I would not have known how brave I was. Life is just like ice cream, enjoying it before it melts.

How I learn in my exchange life:

1. Enhance my problem-solving skills
2. Improve my English communication skills
3. Respect towards people from other cultures
4. Cultivate an international perspective
5. Grow my knowledge for German cultures and lifestyle