

26-1 學校簡介、26-2 國外研修之課程學習（課內）

捷克科技大學位於布拉格市區，為當地前三志願之大學。由於個人系所需修習相關科系共 6-9 碩士學分；因此接下來介紹也將以碩士課程為主，在此修課，一方面體驗歐洲教學的氛圍，一方面也認識東歐與世界各國的文化認知。以下是我在捷克科技大學選修的三門課程說明：



⇒MIAS 商學院之外觀

（一）MIAS 商學院: English for Intercultural Communication

這堂課上課老師有兩位，課程可分成兩個階段進行，在上課老師會先以理論講解的方式帶領大家先有個對文化的理論基礎，而課程進行中會需要進行分組，而亞洲學生大多會被打散，跟歐洲學生分成一組，老師的上課方式相當活潑，會利用情境模擬、TED 影片分析、快問快答等方式來與學生進行互動，而在期末也會需要針對課堂內容來拍攝短片。

（二）MIAS 商學院:Lean Manufacturing

這堂課屬於密集課程，總共課堂日為 8 堂，會分散在整個學期的週六進行上課，這堂課老師會以影片的方式帶領大家快速認識關於供應鏈的知識，期末時會有要完成一份小論文(約 2000-3000 字)以及筆試，如果要安排長期旅遊的學生而言，是一堂能學到知識也能夠同時兼具旅行的課，會相當有收穫！

（三）MIAS 商學院:Marketing Innovation

這堂課老師為美籍教學經驗豐富的教授，因此對於訓練母語聽力及口說可以說是非常地加分，此外老師在上課時會一直拋出各式各樣的案例，然後讓學生在一定的時間地討論出一個適當地行銷策略，此外老師也會出生活案例題型，讓學生在課堂期間直接去觀察並比較兩間同質性的店家的行銷手法，並回來撰寫觀察結果與改善空間，可以說是一堂收穫扎實的課程！



⇒與行銷課老師的合影

26-3 國外研修之生活學習（課外）

在國外生活，要獨自面臨到生活中的各種事項，由於我們這屆的台灣交換生大多住在 Strahov 宿舍(另外有離學校較近的兩間宿舍)，因此在生活上也會面臨到一些與台灣生活方式不同的事情，例如:浴室是浴簾且沒有門、男女混浴廁、共用廚房等，都是在台灣的學校宿舍較不易遇見的事情，因此也會養成學生們的獨立個性。此外，由於 party 是歐洲人放鬆身心的場所，對於捷克人而言，酒更像水一般的存在，因此有時為了要多認識新朋友，也會較常接觸各式各樣的 party；在讀書之餘，我也在這一學期造訪歐洲的各個國家，期間共去了 13 個國家以及 38 個城市，在國與國之間穿梭可以更加瞭解當地的文化風情、品嘗屬於當地的美食小吃以及拍下獨特的風景，其中，由於捷克是位於中歐，因此到鄰近的德國、布達佩斯、奧地利等都可以坐巴士就到達，此外由於我們宿舍離機場只需要 40 分鐘的車程，因此對於出國旅遊也是相當地方便。

26-4 交換/研修之具體效益

1. 培養獨立性，學習靠自己過生活
2. 改善台灣人內向的本性，透過主動開口來與他人交朋友或更加認識不同的文化
3. 危機處理能力迅速提升，並且對於日常規劃、時間管理能力也更加進步
4. 體驗各國文化，學會以更廣闊的視野去看待整個世界的變化，並具備國際觀
5. 體認到跨文化之衝擊並學著以互助的方式進行溝通或協調
6. 更懂得飲水思源，體會身為台灣學生的幸福之處
7. 外語能力明顯提升

26-5 感想與建議(英文心得)

In my opinion, I really cherish the exchange experience. In the beginning, I was really hesitant about being an exchange student. Because it is hard for me to leave Taiwan to live in Europe. I was really shy and did not know how to talk with foreigners.

However, everything has changed since I studied in Czech Republic. I told myself I should do that thing which I had been afraid to do. For instance, I learn how to cook well such as spaghetti, fried rice, and pizza. And I also talk with foreigner friends who came from Germany, Czech and France. It makes me know that it is easy to make new friend if you brace up.

During the semester, I travel to a lot of countries such as Germany, France, UK, Iceland, Sweden, Italy, and Austria with my friends. When we visit different culture, we meet culture shock, but also learn how to make friends with these people who are different cultures. I think the thing I learn is modest. I found the world is really big. There are so many kinds of people, language, lifestyle, habits, and food in the world. We are just the only people who live in the small island in Asia. There are a lot of things we do not know happen every day. Therefore, by being an exchange student, I can broaden my horizons and know more that I still have to work hard.

Living in Europe totaled five months, around 150 days. Before coming here to experience life, I think it must be good to think why I want to be a exchange student here. Is it to take a variety of courses seriously and bury your head in the library every day? Making a lots of friend and joining parties? Or travel and visit all the countries in Europe?

However, everybody has their choice and main purpose. The only thing is do not waste the life time this semester.

For me, I think the exchange life is the best life in my whole the life. I can visit several countries by myself, make new friends and talk about the international situation even ask them about the issue of Taiwan, do everything with other friend who also come from Taiwan, eat the local snack and delicious food. If I graduate, I will work day after day. I cannot arrange to travel so much countries easily. Even though other people work earlier than me, I also feel some stress. Overall, I never regret the decision.

In the end of my exchange life, I decide to travel in Prague which I stay for 5 months. To compare the change and feeling with beginning. I walk on the campus, streets, café shop, park, castle, CK town. I think it is really lucky for me to be an exchange student in Prague. I really cherish the great experience and be grateful to my parents. They give me this chance to study in Europe. Now, if you are still hesitated about being an exchange student, please do not. Try to make the decision and enjoy it, you will be really different!



⇒與交換生同學們一起在冰島冰山健行