

學校簡介

波札諾自由大學位於義大利的東北部，因為波札諾是義大利唯一說德文的城市，因此波札諾自由大學的課程主要以義大利文、德文及英文來進行授課。學校於1997年成立，因此算是相當年輕的學校，校內的教授也來自許多不同的國家。經濟學院主要都在波札諾的市中心，但我交換的科系是創業與創新，該門碩班的課程有一些會在NOI Techpark來進行，是一個像是創業與創新的區域，園區裡面有一些新創企業，如果從主校區前往大概需要搭公車15分鐘左右。

國外研修之課程學習（課內），另外推薦受益最多/最喜歡的課程

課程主要使用義大利文、德文及英文來進行授課，在交換期間我修習了財務分析、B2B行銷、德文與英文四門課程，由於波札諾是義大利文與德文雙語區，因此該校對於語言課程也格外重視，就讀該校的學生畢業前都要通過德文、義大利文與英文的檢定。

語言課程大多都是小班制，大多都在10人左右，每一門語言課程都會包含聽說讀寫四個部分，老師大多都是從母語國家來的，德文老師上課主要都會以德文來教授德文，搭配一點英文來講授，所以即使是最入門的德文，對於初學者來說也會有一點困難，但是課程中老師會不斷的要求你進行對話或是跟讀，而且上課的進度比在台灣上還要快很多，因此我覺得即使有點困難，但進步的速度非常迅速。至於英文課程，因為我選擇的是密集課程，所以是在兩週內結束，總共十天，每天上課六個小時。老師在上課的過程會不斷給予你不同的主題，讓你與同學討論分享。當你們的對話結束，老師也會要求你們繼續聊天，可以聊自己的生活、興趣或是任何瑣事。所有語言課程都需要參與超過75%的課程才能報名期末的考試，期末考包含聽說讀寫四個部分，口說會包含一個報告與隨機主題的觀點分享。

B2B行銷也是短期的密集課程，老師上課時常會搭配個案與學生一起討論，且在台灣大多的行銷課都是以B2C為主，所以有吸收到一些與過往相異的知識與觀點。

國外研修之生活學習（課外）

波札諾這個地區對於亞洲人來說應該是相對陌生的城市，因此在這個地方基本上找不太到亞洲面孔，我也沒有見過其他亞洲學生（除了有一次義大利朋友跟我說他的語言課有一個中國女生），除非你跑去為數不多的亞洲超市及亞洲餐廳，不然基本上你都需要用英文、義大利文或德文來與他人進行溝通，因此在這裡你可以增進外語溝通能力。

最近台灣在國際上的能見度越來越高加上烏俄戰爭的關係，因此許多交換生知道我來自台灣之後，都會稍微問到兩岸關係、國家認同等問題，記得最初朋友問我類似的問題的時候，我有點愣住不知道該怎麼回答，我後來才意識到外國人其實很想知道台灣人內心真實的想法，所以之後就會開始認真去思考自己對於這些事情的想法，當有外國朋友問起的時候，就能夠順利地闡述自己的看法。

交換生常常會透過群組邀請大家參與各種活動，可能像是喝酒、野餐、滑雪、游泳、攀岩等，建議大家可以參與第一次的活動，通常第一次的活動，人都會最多，所以你也有更高的機率能在那次的活動中找到與自己頻率比較相近的朋友們。

交換/研修之具體效益（請條列式列舉）

- 增進外語溝通能力
- 體驗異國文化
- 認識各國朋友
- 提升對國際時事的關注度

海外生活期間是否曾遭遇困境，及是否解決問題?如是，請說明如何解決問題;如未解決，請說明事件最大的啟發及思考未來可以怎麼解決?

與國外的學生聊天因為語言的關係，很難聊得很深入。

除了選修當地的英文課程做練習之外，偶爾也抽一些空閒時間來觀看英文的影集。

海外生活期間是否曾遭遇文化衝擊，您如何去面對及適應?

開放的接受，到當地就是試著用與當地人同樣的方式生活。

海外生活歷練是否為您人生帶來不一樣的改變或者個人特質上的轉變，最大的成長是什麼?

對許多事物抱持更開放的態度。

您認為獎學金對您海外研修最大的幫助是什麼?有無獎學金是否會改變您的出國計畫?

歐洲的消費水準較高，因此獎學金可以稍微補貼日常生活的消費。會。

感言及心得感想

義大利算是歐洲裡面物價比較親民的地方，又是被評為歐洲食物最美味的地方，波札諾治安好之外附近又有多洛米蒂山脈，非常適合進行戶外活動，整個義大利又有許多值得觀光旅遊的地方，是很值得造訪的地方。

英文心得(包含學校簡介、課程學習、生活學習、具體效益、心得感想等等)

School Profile:

The Free University of Bolzano is located in the northeast of Italy. Because Bolzano is the only German-speaking city in Italy, the Free University of Bolzano courses are mainly taught in Italian, German and English. The school was established in 1997, so it is a relatively young school with professors from many different countries. The School of Economics is mainly located in the city center of Bolzano, but the department I exchanged is Entrepreneurship and Innovation. Some courses of this master's class will be conducted in NOI Techpark. It is an area like entrepreneurship and innovation. Inside the park are some new startups, and it takes about 15 minutes by bus from the main campus.

In-class learning experience:

The courses are mainly taught in Italian, German, and English. During the exchange period, I took four courses in financial analysis, B2B marketing, German and English. Since Bolzano is a bilingual area of Italian and German, the school Special attention is also paid to language courses, and students attending the school must pass the test in German, Italian, and English before graduation.

Most of the language courses are in small classes with around 10 students. Each language course includes four parts: listening, speaking, reading, and writing. Most of the teachers are from mother-speaking countries. German teachers will mainly teach in German. German is taught with a little English, so even the most introductory German will be a little difficult for beginners, but the teacher will constantly ask you to talk or read along in the course, and the progress of the class is faster than It's a lot faster in Taiwan, so I think even though it's a bit difficult, the pace of progress is very fast. As for the English course, because I chose the intensive course, it ended in two weeks, a total of ten days, six hours a day. During the class, the teacher will continue to give you different topics for you to discuss and share with your classmates. When your conversation is over, the teacher will also ask you to continue chatting about your life, interests, or any trivial matter. All language courses need to participate in more than 75% of the courses to register for the final exam. The final exam consists of four parts listening, speaking, reading, and writing. Speaking will include a report and random topic sharing.

Life learning experience:

This area of Bolzano should be a relatively unfamiliar city to Asians, so basically you can't find Asian faces in this place, and I have not met other Asian students (except an Italian friend told me about there is a Chinese girl in his language class) unless you go to the few Asian supermarkets and Asian restaurants, basically you need to communicate with others in English, Italian or German, so here you can improve foreign language communication ability.

Recently, Taiwan's international visibility has been getting higher and higher, coupled with the relationship between the Ukrainian-Russian war, so many exchange students will ask a little about cross-strait relations, national identity, and other issues after knowing that I am from Taiwan. At that time, I was a bit stunned and didn't know how to answer. I realized later that foreigners want to know the true thoughts of Taiwanese people, so I will start to seriously think about my thoughts on these things. When foreign friends ask when you get up, you can express your views smoothly.

Exchange students often invite everyone to participate in various activities through groups, such as drinking, picnic, skiing, swimming, rock climbing, etc. It is recommended that everyone participate in the first activity. Usually, the first activity will have the most people, so there is also a higher chance of finding friends with similar frequencies to yourself in that event.

Effectiveness:

1. Improve foreign language communication skills
2. Experience foreign cultures
3. Meet friends from all over the world
4. Increase awareness of international current affairs

Experience feelings:

Italy is a relatively affordable place in Europe, and it is rated as the most delicious place for European food. In addition to Bolzano, there are Dolomites nearby, which are very suitable for outdoor activities. Many places are worth sightseeing and are well worth visiting.