

學校簡介

曼漢大學 (Universität Mannheim) 位於德國Baden-Württemberg (巴登符騰堡邦) 的曼海姆市 (Mannheim)，有「德國哈佛大學」之稱。學校的主校區在曼海姆宮，意味著學生是在巴洛克式的城堡裡上課。曼海姆大學共有六個學院，分別是法學院、經濟學學院、商學院、社會科學學院、人文科學學院，商業資訊學及數學學院。曼漢大學在各大校園排行榜上都取得很好的成績，商學院甚至榮獲AACSB、EQUIS、AMBA等三項國際商學院認證。曼海姆市以前是軍事要塞，當年修建的方格狀的街道模式被保留至今。中心城區的方正布局猶如一面巨大的棋盤，並且有系統的為每一塊區域編號，成為了曼海姆獨有的城市景觀。曼海姆大學的校徽也呈現了曼海姆市的這項特色。

國外研修之課程學習（課內），另外推薦受益最多/最喜歡的課程

MAN 301 Strategic and International Management

這堂課主要介紹策略管理和國際管理領域的基礎理論、研究成果和應用。課堂中不僅會提到管理的基本理論，還會涉及企業社會責任和國際化策略等話題。上完這堂課，可以了解與策略管理問題相關的挑戰和複雜性，並了解策略性企業問題的潛在解決方案。

這堂課在曼漢大學最大的演講廳 (A3) 進行。因為這堂課提供本地生和交換生修課，你有機會認識其他交換學生和本地學生。教授會邀請了多位畢業學長姐回來演講，分享他們在工作中用到的策略管理內容。課堂上也引入了一些商業案例來解釋戰略管理理論如何應用。這堂課非常棒，唯一的缺點是這門課程的成績是100%期末考試。如果考試不及格，你就無法獲得學分。

IS 405 Integrated Information Systems

這堂課首先概述了數據和業務流程建模的基礎知識，然後重點介紹了跨工業不同功能領域的集成資訊系統的用途和目的。這堂課的課程目標是可以透過上課內容討論工業公司中集成信息系統的要求、特徵和影響，包括複雜的流程相互依賴性。在實習課中，助教會通過商業案例來解釋資訊系統如何幫助公司運作。

由於新冠肺炎疫情，這門課程是同步遠程授課的。但是教授喜歡跟學生互動所以不會很無聊。教授會把整堂課錄了下來，提供我們課後複習。這堂課程也是通過期末考試來評分的，但好消息是考試是開書考！

A2.2 Allgemeiner Sprachkurs & Deutsch und Kulturkurse

這兩堂課程是德語基礎詞彙和語法。這些課程是開放給曼漢大學的國際學生，你會有機會與來自不同國家的學生一起學習德文。但是課程名額有限，並不是每個學生都能上課，我很幸運能想到課。（德文等級越高的課越好搶，但是也有可能因為人太少無法開班）老實說，我之所以選修兩門語言課程，是因為我以為它們是兩個不同的主題。根據課程標題跟大綱，一個側重於詞彙和語法，另一個側重於口語。但事實證明，這兩門課程都教授相同的內容，只是使用的是兩本不同的教科書。往好處想，我得到了更多練習的機會，而且也有機會可以抵免中山大學的德文課成績。如果你對德語感興趣或者想更多地融入德國，我強烈建議你參加語言課程。雖然德國在歐洲並不是一個非常排外的國家，但是他們的很多英語水平都不是很好。比如在曼海姆，有些服務人員會因為你不會說德語又或者因為你是不會講德文的亞洲人而態度不好。因此我建議你在來德國之前最好了解一些基本的德語句子。

國外研修之生活學習（課外）

VISUM

Erasmus Student Network (ESN)是一個非營利性國際學生組織。他們為國際學生提供了解德國文化的機會。VISUM是一個讓每個交換生與德國學生聯繫的團體。我認為加入 VISUM 夥伴計劃對我很有幫助。剛到曼海姆的時候，我的學伴幫我安頓宿舍，介紹了校園和城市。這些使我更快熟悉

曼海姆市和大學。VISUM 還會為所有學生舉辦學生聚會和派對，即使你不在學伴計劃中也可以參加這些活動。

GeZet

如果你住在Ulmenweg，你可能會聽到聚會的聲音。GeZet是為住在Ulmenweg的學生開放的學生酒吧，當然也可以邀請住在其他宿舍的朋友一起來。他們每週或一些特殊的假期都會為學生舉辦聚會。例如世界杯期間，GeZet為大家提供了觀看比賽的場地。他們有時甚至會提供免費飲料。如果你喜歡派對，可以隨時關注Facebook網站或加入WhatsApp群。

旅遊

來到歐洲不免俗想要到處去玩，在沒有課的時間我通常會去歐洲其他國家旅遊。我自己最常坐火車或是客運去其他地方。

- Deutsche Bahn：沒有體驗過德鐵的遲到就不算來到德國！其實Mannheim在德鐵還是蠻方便的，有許多重要的路線，像是前往慕尼黑、柏林，甚至是法國巴黎都會經過曼海姆車站。建議大家可以下載他們的App，買票會比較方便。也可以購買Bahncard 25，每次買車票都會有75折的優惠。
- Flixbus：Flixbus是德國的長途大巴士，他有許多路線，行經多個歐洲國家。在Mannheim搭Flixbus也可以說非常方便，基本上去其他地方都不太需要轉車。比起火車票或是機票都便宜許多，如果是想要走窮遊路線非常推薦選擇這個交通方式。像我自己都會夜車到比較遠的國家，睡一覺就會到目的地，不但可以多玩一天也可以省一天的住宿。
- 飛機：德國的機票會比其他歐洲國家貴很多，不到萬不得已，我都不會坐飛機。我會用Skyscanner比價App去找便宜的機票，通常都會是Ryanair最便宜。只不過聯航並不是每天都有飛，他的機場——法蘭克福哈恩機場（Frankfurt-Hahn Airport）也並不是在法蘭克福機場附近，他們之間還有1個小時的車程。如果真的要聯航，建議把整個車程費都計算進去再評估坐飛機是否比較划算。

交換/研修之具體效益（請條列式列舉）

- 提高自己的語言能力
- 體驗到不同國家的文化及民俗風情
- 認識許多來自不同國家的朋友
- 變得更成熟、更獨立且更能自己解決問題。

海外生活期間是否曾遭遇困境，及是否解決問題？如是，請說明如何解決問題；如未解決，請說明事件最大的啟發及思考未來可以怎麼解決？

遇到最大的困難是德國假日是不上班的，連緊急客服都沒有，星期天更是什麼都沒開。有一次假日我的房間停電，網路壞掉，只能跟我的室友借網路並且等到上班日再打電話給服務人員維修。雖然這是小事，但我突然意識到為什麼大家說要在房間放手電筒很重要。而且維修人員並不會講英文，所以我只能用我非常破的德文跟他溝通，這也體會到在別人國家生活真的要會他們的語言，不然遇到緊急事件打電話也沒有人聽得懂。

海外生活期間是否曾遭遇文化衝擊，您如何去面對及適應？

有時候會遇到人在路上對我指指點點，雖然聽不懂，但是看就知道是在說我的不好。多多少少會有一點心情不好，但是後來覺得我用中文罵他們他們也聽不懂，所以我跟我朋友就會快樂地用中文罵那些對我們指指點點的人，也就慢慢釋懷。但是這樣也是不對的，如果你會講他們的語言，你可以適度表達「我其實聽得懂，請問你們有什麼問題嗎」，他們會自己默默地安靜。

海外生活歷練是否為您人生帶來不一樣的改變或者個人特

質上的轉變，最大的成長是什麼？

除了變得更獨立，更能自己解決問題，我覺得自己也變得更有自信，也更願意嘗試新鮮事物。或許是被歐洲人給感染，自己變得更會表達自己，也更喜歡出門走走。

您認為獎學金對您海外研修最大的幫助是什麼？有無獎學金是否會改變您的出國計畫？

沒有獎學金不會影響我想要出國唸書的計畫，但是有獎學金補助多多少少可以分擔我們家的負擔。

感言及心得感想

這半年的交換生活從一開始的緊張不安到最後成為假德國人，是一個非常特別的經驗。出國交換讓我學到的不僅僅只是學業上的知識，也讓我意識到世界真的好大，國外的行事作風和台灣甚至是整個亞洲都非常的不同。親身感受到出現在課本上的世界歷史古蹟，也有一種說不出來的興奮（像我第一眼看到巴黎鐵塔有一種說不出來的感動）。到了歐洲，好像有想到哪裡都有機會的感覺，也因此我藉著這交換的機會去了好多夢想去的國家。旅行也可以讓人探索自己的能力，找到自己的極限，同時也是增廣見聞機會。我認為了解自己最好的方式，是離開自己原本的舒適圈，在陌生的環境才能發現自己的潛能能有多大。當面對到不同的文化、人群、情況時，也能訓練自己解決突發狀況的能力。

我覺得到曼漢大學交換絕對是值得的。不但能在學業獲取到充分的知識，認識到來自各個國家的朋友，也因為曼海姆的地利位置非常好，去哪裡旅遊都非常方便。真的要鼓起勇氣踏出去，才知道自己的能耐到底在哪裡。

英文心得(包含學校簡介、課程學習、生活學習、具體效益、心得感想等等)

(1) 學校簡介

Universität Mannheim is located in Mannheim, Baden-Württemberg, Germany, known as "Harvard University in Germany". The school's main campus is at Mannheim Palace, which means that students take classes in a baroque castle. The University of Mannheim has six colleges, namely the Department of Law, the Department of Economics, the Business School, the School of Social Sciences, the School of Humanities, and the School of Business Informatics and Mathematics. Mannheim University has achieved a good place in the rankings of all major campuses, and its business school has even won three international business school certifications including AACSB, EQUIS, and AMBA.

Mannheim used to be a military fortress, and the grid-like street pattern built in those days has been preserved to this day. The square layout of the central urban area is like a huge chessboard, and each area is systematically numbered, which has become a unique urban landscape of Mannheim. The badge of Mannheim University also presents this characteristic of the city of Mannheim.

(2) 課程學習

MAN 301 Strategic and International Management

This lecture is talking about the basic theories, research results, and current topics from the fields of strategic and international management. Not only the basic functions of management will be mentioned, but topics like corporate social responsibility and internationalization strategies will also be treated. After this lecture, you will understand the challenges and complexity of problems related to strategic management issues and learn about potential solutions to strategic corporate problems.

MAN 301 takes place in the biggest lecture hall (A3) at Mannheim University. You have the chance to know many international students and local students. The lecture invited many businessmen to share their strategic management from their work and some business cases were also brought in to explain how the strategic management theory can be applied. The only downside of the lecture is that this course is 100% based on the final exam. If you fail the exam, you will not get the credits.

IS 405 Integrated Information Systems

This lecture first outlines the basics of data and business process modeling based on widespread approaches and then focuses on the use and purpose of integrated information systems across different functional areas in industrial. You will be able to discuss the requirements, characteristics, and effects of integrated information systems in industrial companies, including complex process interdependencies. In the tutorial course, they will talk about business cases to explain how information systems help companies work.

Due to the pandemic of COVID-19, this course was taught simultaneously and remotely. The professor also recorded the whole lecture for us to review. This course is graded by the final exam, but the good thing is the exam is open book.

A2.2 Allgemeiner Sprachkurs & Deutsch und Kulturkurse

These two courses is teaching German basic vocab and grammar. The courses are open to international students from Mannheim University and you have the chance to learn with students from different countries. The courses have limited capacity, not every student can take the class and I was lucky enough to get that opportunity. To be honest, the reason why I took two language courses was that I thought they were two different topics. Based on the title, one was focused on vocab and grammar, and another focused on speaking. It turns out these two courses both teach the same things but use two different textbooks. But lucky for me, I got more opportunities to practice.

If you are interested in German or you want to integrate more into Germany, I strongly recommend you take the language course. Germany is not a very xenophobic country in Europe, but many of their English skills are not very good. For example, in Mannheim, some service staff will have a bad attitude only because you don't speak German or even because you are Asian. I suggest you better know some basic

German sentences before you come to Germany.

(3) 生活學習

VISUM

Erasmus Student Network (ESN) is a non-profit international student organization. They provide opportunities for international students for cultural understanding. VISUM is a group that puts every exchange student in contact with a German student. I think joining the VISUM buddy program was helpful for me. When I first arrived in Mannheim, my buddy help me to arrange my dormitory and introduced me to the campus and the city. These make it easier for me to get familiar with Mannheim city and the university. VISUM will also hold student gatherings and parties for all the students. However, if you are not in the buddy program, you can also participate in these activities.

GeZet

If you live in Ulmenweg, you probably will hear the party sound. GeZet is a student bar open for students living in Ulmenweg or you can invite friends from other dormitories. They will hold parties for students every week or some special holiday. For example, during FIFA World Cup, Gezet provides a venue for everyone to watch the match. They sometimes serve free drinks. If you like to party, you can always pay attention to the Facebook website or join the WhatsApp group. It's free to enter the pub!

Travel

It's normal if you want to travel around when you come to Europe. When I don't have classes, I usually travel to other European countries. I most often travel by train or bus to other places.

- Deutsche Bahn: Mannheim is quite convenient on the Deutsche Bahn. There are many important routes, such as going to Munich, Berlin, and even Paris, France, passing through Mannheim Station. It is recommended that you download their App, it will be more convenient to buy tickets. You can also buy Bahncard 25, which will give you a 25% discount every time you buy a ticket.

- Flixbus: Flixbus is a long-distance bus in Germany. It has many routes and travels to many European countries. It can also be said that it is very convenient to take the Flixbus in Mannheim. Basically, it is not necessary to transfer to other places. It is much cheaper than train tickets or air tickets. If you want save money, it is highly recommended to choose this mode of transportation. Like myself, I like to take the night train to a far country, and I will arrive at the destination after a night of sleep. Not only can I have an extra day to explore the city, but also save a day of accommodation.

- Airplane: Air tickets to Germany are much more expensive than other European countries, and I won't fly unless I must. I use the Skycanner to find cheap flights, usually Ryanair is the cheapest. It's just that they don't fly every day, and the airport - Frankfurt-Hahn Airport is not near Frankfurt Airport, there is still an hour's drive between them. If you really want to travel with Ryanair, it is recommended to calculate the entire journey cost before evaluating whether it is more cost-effective to fly.

(4) 具體效益

- Improve my language skills.
- Experience the culture and customs of different countries.
- Meet many friends from different countries.
- Becoming more mature, independent, and able to solve problems on their own.

(5) 心得感想

This half-year exchange life was a very special experience from being nervous at the beginning to becoming a fake German at the end. The exchange abroad allowed me to learn not only academic knowledge, but also made me realize that the world is big, and the way things are done is very different from Taiwan and even the whole of Asia. There is also an indescribable excitement when I personally feel the world's historical monuments that appear in the textbooks (like the indescribable emotion I felt when I saw the Eiffel Tower for the first time). When I arrived in Europe, I felt like there were opportunities to travel everywhere, so I took advantage of this exchange opportunity to go to many countries that I dreamed of going to. Traveling can also allow people to explore their abilities and find their limits, and it is also an opportunity to broaden their knowledge. I think the best way to understand yourself is to leave your original comfort zone and discover your potential in an unfamiliar environment. When faced with different cultures, groups of people, and situations, you can also train yourself to deal with emergencies.

I think it is worthwhile to exchange at Mannheim University. Not only can I acquire sufficient knowledge

in my studies and meet friends from various countries, but also because Mannheim's geographical location is very good, it is very convenient to travel anywhere. You really must muster up the courage to step out to know where your abilities are.