

學校簡介

天普大學位於美國費城，距離紐約僅需一個半小時的車程，學校位於費城的北部，為治安較差的區域，但校園內有許多警察，且晚上有提供免費的接駁車送學生回家，因此校園內安全方面不需要擔心。天普大學的Global Program規模十分龐大，每年都有會上百位來自不同國家的交換生，且校方提供交換生許多資源，協助學生適應當地的生活。天普大學是一所綜合大學，科系十分完整，從商學院到工程學院應有盡有，且修課幾乎沒有限制，而學校最有名的院所分別為Fox Business School 和 傳播媒體學院。

國外研修之課程學習（課內），另外推薦受益最多/最喜歡的課程

我第一學期修了四門課，分別是 Data Analytics, Introduction of academic discourse, Exploring music 和 Fencing。比較特別的是 Introduction of academic discourse,這是一門作文課，培養學生 critical thinking 的能力，教授會帶我們剖析許多文章，並且加入自己分析和批判的觀點，最後在寫出一篇結構性完整、有邏輯的文章。老師都會一步一步帶我們寫，所以對於非母語者的我們來說並不會很難上手。

國外研修之生活學習（課外）

Temple Global Program 很常舉辦課外活動，例如每個月的國際咖啡日，透過食物介紹不同國家的文化，學校也帶我們去很多地方玩，例如 six flags 遊樂園、Ocean City、棒球和籃球球賽，這些活動不僅是很新鮮的體驗，帶我們更認識和融入這個國家，也是一個與其他國際交換生 social 的好機會。交換生也很常一起出去玩，這半年我就去了紐約、華盛頓、邁阿密、奧蘭多迪士尼、舊金山、洛杉磯、拉斯維加斯和許多國家公園，美國相較於台灣來說每個城市風情差異很大，十分值得探索。

交換/研修之具體效益（請條列式列舉）

1. 增強程式能力和資管知能：透過課程像Object-Oriented Programming for Business和Applied Predictive Analytics，結合技術和實作的進階資管課程，利用程式能力融合商業上的個案解決問題。
2. 精進英文能力：透過全英語沈浸式的環境是最有效學習英文的方式，學校開設的作文課也可以有效幫助英文寫作能力。
3. 擴展國際視野：與其他國家得交換生交流和相處能夠學習及包容對方的文化，美國是個多元的社會，因此十分注重培養學生的國際視野。
4. 提升心理素質與韌性：磨練自己的心智，跨出舒適圈，自己隻身前往異國讀書是一件不容易的事，在交換期間挑戰自己從未做過的事情。出國交換中使我有成長，成為改變我人生的一個轉捩點。

海外生活期間是否曾遭遇困境，及是否解決問題？如是，請說明如何解決問題；如未解決，請說明事件最大的啟發及思考未來可以怎麼解決？

一開始聽全英文的課程會有些吃力，但是學校有language tutor幫忙，除穀惡以幫忙改作文，還可以練習英文對話，更可以提供一些報告的技巧。

海外生活期間是否曾遭遇文化衝擊，您如何去面對及適應？

美國有許多需要small talk的場合，不管是交際場合或是活動，對怕生的同學來說會十分不適應，但只要放下戒心跟其他人聊天，並且聆聽他們分享的內容就不會是大問題。

海外生活歷練是否為您人生帶來不一樣的改變或者個人特質上的轉變，最大的成長是什麼？

過季視野變得寬廣許多，在美國會遇到各個不同種族和文化的同學，可以從他們身上學對許多逸聞趣事和文化習俗

您認為獎學金對您海外研修最大的幫助是什麼？有無獎學金是否會改變您的出國計畫？

雖然獎學金無發負擔所有在瞞過的生活費，但是很大程度舒緩學生的經濟壓力，讓人那放心來這邊讀書，但就算沒有獎學金我還是會選擇出國交換。

感言及心得感想

來這邊許多交換生的困擾大多是語言，但 Temple 許多資源都可以幫助我們克服這些困難,例如可以申請 Language Partner，與當地的學生一對一對談,內容可以是課業上的問題，也可以是輕鬆單純的聊天。Peer2Peer Program也是很好練習英文的機會，可以跟不同國籍的學生一起討論和聊天，除了增進英文外，也能拓展國際視野，更能培養包容不同文化的胸襟，最重要的是以上這些資源都是免費的,必須要好好把握。

英文心得(包含學校簡介、課程學習、生活學習、具體效益、心得感想等等)

Temple University is located in Philadelphia, USA and is only a one and a half hour drive from New York City. The university is located in the northern part of Philadelphia, in an area with a higher crime rate, but there are many police on campus and a free shuttle service is provided to students at night. Therefore, campus security is not a concern. Temple University's Global Program is very large, with hundreds of exchange students from different countries every year, and the school provides many resources to help students adapt to local life. Temple University is a comprehensive university with a complete range of departments, from business to engineering, and there are few restrictions on course selection. The most famous departments are the Fox Business School and the College of Media and Communication.

I took four courses : Data Analytics, Introduction to Academic Discourse, Exploring Music, and Fencing. The course that stood out was Introduction to Academic Discourse, which is a writing course that develops students' critical thinking abilities. The professor guides us in analyzing many articles and adding our own analytical and critical perspectives. Finally, we write a well-structured and logical essay. The teacher takes us step by step in writing, so it is not difficult for non-native speakers like us to get started.

The Temple Global Program frequently organizes extracurricular activities, such as the monthly International Coffee Day, which introduces different cultures through food. The school also takes us to various places such as Six Flags amusement park, Ocean City, baseball and basketball games, which are not only fresh experiences but also opportunities to get to know and integrate into this country. Exchange students often go out together, and in this semester I've been to New York, Washington, Miami, Orlando Disney, San Francisco, Los Angeles, Las Vegas, and many national parks. Cities in the US have very different styles compared to Taiwan, making them worth exploring.

One of the main challenges for many exchange students here is the language, but Temple has many resources to help overcome these difficulties. For example, you can apply for a Language Partner and have one-on-one conversations with local students. These can cover academic topics or just casual conversation. The Peer2Peer Program is also a great opportunity to practice English and have discussions and chats with students from different nationalities. In addition to improving your English, it broadens your international perspective and fosters a more inclusive attitude towards different cultures. The best part is that all of these resources are free, so take advantage of them.

Additionally, if you come here in the winter, you may find it very difficult to adapt to the cold weather. Temperatures below -10°C are common, so it's recommended that you buy a warm down jacket when you arrive, as most jackets from Taiwan may not be enough to withstand the harsh winter here. The cost of living in Philadelphia is relatively reasonable compared to other cities, and there are many food trucks on campus where you can have a meal for about \$8-\$9. Cooking at home is the most cost-effective way to save money. As for housing, I highly recommend the school dormitories, although they are quite expensive. But the location is safe and you can chat more frequently with other exchange students.