

## 學校簡介

布魯塞爾自由大學Université libre de Bruxelles (ULB)在距離布魯塞爾市中心不遠，大約坐公車十到十五分鐘就可以到。學校附近有一條酒吧街。學校整體來說並不大，但校園裡面有學生自己經營的club，每周一到周四都有開放，一杯啤酒一歐，可以多多去認識其他不同國家的學生或是交換生。在課程方面ULB對交換生的要求沒有很高，只要修一堂課就好。在學生方面，布魯塞爾本身就有很多來自不同國家的人，學校裡的在校生常常也是來自歐洲各地(非交換生)，所以有更多機會可以認識不同文化。

## 國外研修之課程學習（課內），另外推薦受益最多/最喜歡的課程

### Project management

這堂課是碩士班的課程，在整個學期中只有六堂課，是集中式課程。教授採用講授的方式上課，但更多的是給學生很多實際的案例讓學生自己來想要怎麼做才可以最有效的做好專案管理，以及會有什麼問題是該注意的。在這堂課中我跟台灣以及西班牙的同學一組，做報告的時候沒有甚麼交流障礙，甚至可以了解其他文化對同一件事情的看法有時候會有其獨特的見解。

### Advance marketing

這門課也是碩士班的課程，同樣採用講授的方式，期末有分組報告以及期末考。在台灣修過行銷管理的經驗可以讓我更清楚發現國外老師對於行銷不同的觀點以及不同的見解，在台灣相當重視的理論或工具可能在國外沒那麼重要，反而有更多其他的解決方案及作法。整體來說課程有趣實用。

## 國外研修之生活學習（課外）

在國外課程以外的活動最多的就是派對，經常就是一個禮拜每天都有地方在開派對，對於那種可以每天去參加派對的同學，我真的是佩服他們有那麼多的體力。但是必須說參加派對是認識人的好方法，

除了派對以外，我來有參加學校的排球校隊，以及在學校外的沙灘排球。跟台灣比起來，排球在比利時的普及度沒有很高，所以要找到真正能打的人只能去參加他們的校隊。在校隊裡面也很有趣，可以看的出來他們打球的球風跟台灣相差很多，但是不變的是不管在哪裡，只要在同一個球場上就很容易成為朋友，大家也都很好相處。但是還有一些問題像是球隊的教練不會說英文，所以整場就只有我一個不會講法文的需要其他同學幫我翻譯一下教練剛剛說了甚麼，但這樣也滿有趣的。

## 交換/研修之具體效益（請條列式列舉）

語言能力: 作為交換生，英文一定是跟其他學生溝通最重要的工具。有趣的狀況是，當我跟義大利朋友混在一起的時候，講英文基本上就會帶有義大利腔，跑去英國玩一個禮拜之後也會太點英國腔。除此之外，在布魯塞爾也學了一些日常法文，在平常買東西的時候都會用法文溝通。

更加獨立: 一個人在外生活無論如何一定會學會獨立，凡事都得自己來，甚至是發現自己家的馬桶壞了也要自己修，暖氣不暖了也要自己找問題，畢竟請師傅來修飾要花很多錢的。

文化素養: 除了學習其他國家的文化以外，我覺得傳播自己的文化也是這次交換的一大亮點。歐洲學生對於亞洲人常常都戴有很大的好奇心，所以就會來問很多關於我們的事情，我也會很努力地跟他們解釋、介紹我們的文化。

## 海外生活期間是否曾遭遇困境，及是否解決問題? 如是，請

說明如何解決問題;如未解決，請說明事件最大的啟發及思考未來可以怎麼解決?

一開始最大的問題就是人生地不熟的，又沒什麼認識的人會覺得很孤單無聊，但是學校辦的派對以及在布魯塞爾的台灣團體都讓我認識很多人，也常常跟他們出去玩或是去吃飯喝酒，所以問題也慢慢解決。

海外生活期間是否曾遭遇文化衝擊，您如何去面對及適應?

有一次跟法國同學一起去義大利旅行，在那次旅行中遇到最大的文化衝擊就是他們的吃飯時間大約是我平常吃飯時間再晚兩個小時，所以就常常出現我已經快要餓死了但是他們還完全沒也要吃飯的意思的狀況。這大概是最嚴重的文化差異了。

海外生活歷練是否為您人生帶來不一樣的改變或者個人特質上的轉變，最大的成長是什麼?

在這次經歷之後我覺得對於我自己的自信心上有很大的幫助，尤其是我覺得在歐洲的亞洲人都會帶點優勢，大家都會覺得我們好特別然後會來搭訕我(不論男女)，其中包括法國人、一個義大利人、韓國人、泰國人、比利時人。整體來說是個有趣的經歷，對我來說也有滿大的轉變。

您認為獎學金對您海外研修最大的幫助是什麼? 有無獎學金是否會改變您的出國計畫?

獎學金算是幫忙抵掉機票的錢，但是真正要去遊玩歐洲還是得要花一大筆錢。但是獎學金還是會督促我的學習，可以保持自己的心。

## 感言及心得感想

一開始要出國前會感到有點害怕跟恐慌，但是一到國外就開始為生活上忙前□後就慢慢適性那邊的生活，最後習慣了當地的步調，當地的語言、人情等等，也認識很多不同的人，改變我一些價值觀，世界觀，視野。

適應當地的生活之後就會想要到處去旅遊，從南邊的羅馬競技場到北邊的聖誕老人村，從西邊的大笨鐘到東邊的維也納歌劇院，不論是跟一群朋友在小木屋煮火鍋，或是自己獨自走在瀟灑大麻味的紅燈區，都可以體驗到在台灣體驗不到的美感。所以說旅遊絕對是一個交換計劃不可或缺的一環。

## 英文心得(包含學校簡介、課程學習、生活學習、具體效益、心得感想等等)

The Free University of Brussels (Université libre de Bruxelles, ULB), located not far from the center of Brussels, can be reached by bus in about 10 to 15 minutes. There is a bar street near the school. The campus is not very large overall, but there are student-run clubs inside the campus that are open from Monday to Thursday. A beer costs one euro, and it's a great opportunity to get to know other students from different countries or exchange students. ULB doesn't have high requirements for exchange students in terms of course selection, just one class is enough. As for students, Brussels itself has many people from different countries, and the students at the school often come from all over Europe (not just exchange students), so there are more opportunities to get to know different cultures.

### Project Management

This course is a master's degree program, with only six classes throughout the semester, and it is an intensive course. The professor uses lecture-style teaching, but more importantly, provides students with many practical cases for them to think about how to effectively manage projects and what issues to pay attention to. In this course, I was in a group with classmates from Taiwan and Spain. There was no language barrier when presenting our report, and we even got to understand each other's unique perspectives on the same issue, which were sometimes influenced by our respective cultures.

### Advanced Marketing

This course is also a master's degree program that uses lecture-style teaching, with a group presentation and final exam at the end of the semester. My previous experience studying Marketing Management in Taiwan helped me to better understand the different perspectives and opinions that foreign professors have about marketing. What is heavily emphasized in theory or tools in Taiwan may not be as important abroad, and there may be more solutions and methods available. Overall, the course was interesting and practical.

Apart from courses, the most common activity abroad is parties. There are often parties every day of the week, and I really admire those who have the energy to attend them every day. However, I must say that parties are a great way to meet people.

In addition to parties, I joined the school's volleyball team and played beach volleyball outside of school. Compared to Taiwan, volleyball is not very popular in Belgium, so I had to join their school team to find people who could really play. It was also interesting to see that their playing style was very different from Taiwan's, but what remained the same was that whenever you were on the same court, it was easy to become friends and get along well with everyone. However, there were some challenges, such as the fact that the coach did not speak English, so I was the only one who needed other teammates to translate what the coach had just said. But it was also quite interesting.

Language proficiency: As an exchange student, English is definitely the most important tool for communicating with other students. Interestingly, when I hang out with my Italian friends, my English basically takes on an Italian accent, and after a week of traveling in the UK, I tend to have a British accent as well. Besides that, I also learned some basic French while in Brussels, which I use to communicate with locals when shopping or doing daily tasks.

Increased independence: Living abroad, one will definitely learn to be independent. Everything needs to be done by oneself, even fixing the broken toilet or troubleshooting the heating system, as hiring a professional can be quite expensive.

Cultural literacy: In addition to learning about other countries' cultures, I think spreading one's own culture is also a highlight of this exchange. European students are often very curious about Asians, so they ask me a lot of questions about our culture. I try my best to explain and introduce our culture to them.

At the beginning, the biggest problem was that I wasn't familiar with the place and didn't know many people, which made me feel lonely and bored. However, the parties organized by the school and the Taiwanese group in Brussels helped me to meet a lot of people. I often go out to play or eat and drink with them, so the problem has gradually been resolved.

One time, I went on a trip to Italy with my French classmates, and the biggest cultural shock I experienced was their mealtime. They typically eat about two hours later than my usual mealtime, so it was common for me to feel like I was starving while they had no intention of eating yet. This was probably the most significant cultural difference I encountered.

After this experience, I feel that my self-confidence has greatly improved. Especially in Europe, being an Asian person comes with some advantages. People often find us special and would come to talk to me, regardless of gender. I was approached by people from different nationalities, including French, Italian, Korean, Thai, and Belgian. Overall, it was an interesting experience that brought about significant changes for me.

At the beginning, I felt scared and panicked about going abroad, but once I arrived, I became busy adapting to the local lifestyle and gradually adjusted to the local pace, language, and culture, and met many different people, which changed some of my values, perspectives, and worldview.

After adapting to the local lifestyle, I wanted to travel everywhere, from the Colosseum in Rome in the south to Santa Claus Village in the north, from Big Ben in the west to the Vienna Opera House in the east. Whether it was cooking hot pot with friends in a cabin or walking alone in the red-light district, I could experience a beauty that I couldn't experience in Taiwan. Therefore, travel is an essential part of an exchange program.