

學校簡介

根特大學位在比利時的荷語區的根特市，是一個環境與建築都相當古典的大學城，學生與居民皆能流暢使用英語溝通，校區有好幾個建築分別散落在市中心各個角落。

國外研修之課程學習（課內），另外推薦受益最多/最喜歡的課程

Technology and Conservation of the Visual Arts. 這一門課教導學生分辨歐洲11~16世紀的平面藝術作品，透過這堂課我學習到歐洲素描(drawing)、版畫印刷術(printing)、繪畫(painting)、文物保存(conservation)所使用到的工具與技巧，這讓我在觀覽歐洲各國的博物館、美術館時，對西方美術史有更深的印象，也可以從作品簡介中理解該作品的作畫技巧、設計、歷史與蒐藏價值。

國外研修之生活學習（課外）

課餘時間與休假日會積極安排旅遊，從訂機票、定青旅、確認各國防疫規定、預約做核酸檢測等等皆自己搞定，慢慢可以習慣在旅遊中即使出現意想不到的麻煩，也能冷靜解決。

交換/研修之具體效益（請條列式列舉）

1. 英語口說更加流暢
2. 包容心增強
3. 能習慣一個人自處而不感到寂寞
4. 養成自省與冥想的習慣
5. 防疫習慣更加落實

海外生活期間是否曾遭遇困境，及是否解決問題? 如是，請說明如何解決問題;如未解決，請說明事件最大的啟發及思考未來可以怎麼解決?

因為疫情，我沒有花太多時間與外國同學交流和聚會，因為沒辦法掌握朋友的出入蹤跡也沒辦法保證他們是否都會戴口罩，所以也失去和他們便親近的機會，曾經想過是不是不太好。但現在想想我並不後悔，雖然歐洲已經習慣與病毒共存，但我仍想讓自己保持健康。若未來疫情結束，我一定可以更放心地和他們交流，認識新文化。

海外生活期間是否曾遭遇文化衝擊，您如何去面對及適應?

在麵包店或甜點店買麵包時，發現店員都習慣不用夾子，直接用手拿取食物打包，並直接收銀，一開始覺得很難習慣，但吃了幾次都沒有拉肚子，所以只能坦然面對，或是少吃一點麵包店的食物。

海外生活歷練是否為您人生帶來不一樣的改變或者個人特

質上的轉變，最大的成長是什麼？

在歐洲生活讓我理解到台灣是一個很方便的國家，但我也感受到歐洲國家的慢活與人性化，也更重視勞工權益。這促使我思考未來在歐洲攻讀碩士的可能性，也養成汲取資訊的習慣。

您認為獎學金對您海外研修最大的幫助是什麼？有無獎學金是否會改變您的出國計畫？

最大幫助是幫忙了一部份的宿舍費用，幾乎可以打平。減少了許多負擔。若沒有獎學金也許會動搖想出國的決定。

感言及心得感想

此次前來比利時交換，我認為是很勇敢的決定。除了自己一個人打理生活日常以外，還處理更多行政上、選課上、旅遊上的各種大小事，讓我理解到原來自己可以獨立完成那麼多事情。更重要的是我完成了周遊列國的夢想，短短半年跑了十一個國家，目睹了許多世界遺產與美景，我將這些感受與體驗都整理在個人的部落格，未來再回頭看的時候應該會很有感觸。謝謝學校的獎學金資源和承辦人Maxine的幫忙，也很感謝父母大力支持我出國去看世界，我相信這半年會成為我的人生養分，幫助我繼續前進。

英文心得(包含學校簡介、課程學習、生活學習、具體效益、心得感想等等)

Ghent University is located in the Dutch-speaking part of Belgium. It is a classical university town with an elegant environment and architecture, where students and residents can communicate fluently in English. I have taken a course called Technology and Conservation of the Visual Arts. This course teaches students to distinguish European graphic arts from the 11th to the 16th century. Through this class, I learned the tools and techniques used in European drawing, printing, painting, and conservation, which gave me a deeper impression of Western art history when visiting museums and galleries in Europe.

During vacations, I will actively arrange travel plan, from booking air tickets, booking youth travel, confirming the COVID regulations of each country, making appointments for nucleic acid testing, and so on, all by myself.

In summary, I have learned five things during my exchange journey: speak English more fluently, increased tolerance, get used to being alone and not feeling lonely, develop the habit of self-reflection and meditation, more sensibility of defeating covid.

Because of the pandemic, I didn't spend much time communicating with my foreign classmates and gathering with them, because I couldn't keep track of my friends and couldn't guarantee whether they would wear masks or not. I don't regret it. I still want to keep myself healthy. If the pandemic is over in the future, I will be able to interact with them and learn about new cultures with more confidence.

Living in Europe made me understand that Taiwan is a very convenient country, but I also felt that European countries are slow and humane, and pay more attention to labor rights. This prompted me to think about the possibility of pursuing a master's degree in Europe in the future.

I think it was a brave decision to come to Belgium for exchange. In addition to taking care of my daily life by myself, I was able to handle a lot of administrative, academic, and travel tasks, which made me realize that I can do so many things on my own. More importantly, I have accomplished my dream of traveling around the world, traveling to eleven countries in just six months and witnessing many world heritage sites and beautiful scenery, and I have compiled all these feelings and experiences in my personal blog, which should be very touching when I look back in the future. Thanks to the scholarship resources of the school and the help of Maxine, the organizer, and thanks to my parents for supporting me to go abroad, I believe that these six months will become my life nutrients to help me continue to move forward.