

學校簡介

CTU 位於伏爾泰瓦河的西岸，與著名觀光景點老城區僅有一河之隔，該校位於 **Dejvicka** 地鐵站，離市中心僅有 **15** 分鐘車程，交通上非常方便！學生宿舍主要有三區，首先是 **Masarykova** 宿舍，與 **MIAS** 商學院相鄰著，位於 **CTU** 校區內，居住型態比較像 **flat**，我去的時候多分配給西歐人住；再來也是在 **CTU** 校區內的 **Sinkuleho** 宿舍，為兩人一間的宿舍，離地鐵站較近；最後是 **Strahov** 宿舍，是孤立在 **Petrin Hill** 享盡布拉格夜景的宿舍，原是布拉格最大運動場 **Stadiom Strahov** 的選手村，也因為是選手村，房間整體偏簡陋，男女共用浴室雖有隔間卻沒有門，只有浴簾，每晚宿舍區裡無數酒吧夜夜笙歌，早睡的人非常不適合，但喜歡 **party all night** 的人就會覺得不錯。

國外研修之課程學習

我主要修讀了兩門跟經濟有關的課程來抵免學分，分別是 **Business Economics** 跟 **Management and Economics of the Enterprise (MEF)** 以及體育課。雖然下半學期因為疫情關係體育課只上到一半就沒了，但 **MEF** 有用遠端完成。全都是英文授課，整體而言都不難的，乖乖上課都不會說不好過。比較特別的是國外教授，有些喜歡用口試的方式，期末你到現場後，出個上課講過的題目，給你一張 **A4** 紙 **20** 分鐘準備，然後一對一講解給他聽，照他上課的時候講得那樣就好了，教授只是想知道你是不是真的有吸收這些東西。

國外研修之生活學習

我的學伴接了兩個交換生，剛到那邊多數時候是我們三個人一起摸索環境，學伴也有組個小小登山隊一起去踏青。最一開始捷克科技大學的 **International student association** 也會主辦一些活動，像是其中一個城市探索就滿不錯的，可以在老城區裡亂竄、亂晃趴趴走！除此之外，在那邊認識的朋友們，不論是台灣人還是外國人，都可以一起出去旅遊，因為交通都算方便，畢竟人在布拉格，出國巴士、火車、飛機都有得選！只是現在國際情勢變動很快，尤其這波遇到疫情，政策過一個邊境都不一樣，有的強制戴口罩，有的會玩到最後離不開，這都是旅遊的時候要承擔的風險。建議出門最好還是加個旅遊不便險，比較有保障！

交換/研修之具體效益

出門在外只靠自己，無時無刻都會有意想不到的事情發生，加上語言隔閡，很多時候只能自認倒霉，麻煩自己吞。又不能讓家人擔心，這次加上疫情更加覺得無助，與多資訊只能台灣人互助，自己也要多加留意，不能老是等著資訊自己來找到你，必須主動出擊！

此外，好不容易出去了，更該珍惜每一天用力體驗生活，想到要做什麼就要馬上執行，因為環形變化很快，這週能做的事，下週不一定能完成了，接著到回台灣的時候，只剩待辦、待玩清單上的許多遺憾。

這趟交換下來，不只讓我對於東西文化、價值觀的差異大開眼界，以前都只是在媒體、社群網路上了解，當真的出現在眼前的時候，就會有種不真實感，卻又真實在眼前，很奇妙的感覺！也因此練就了一身見怪不怪、處變不驚的能力，每次有突發狀況就必須理性分析，當下找誰是最有效率的，因為歐洲上下班時間明確，工作也不是很追求分秒必

爭，比較糟的狀況是禮拜五出事，可能得等禮拜一才有人能處理。最經典的就是市區垃圾，週日很多觀光客弄得很亂，一到晚上像是城市停擺一樣也沒人收垃圾，雖然是題外話但真的大開眼界，著名觀光景點很髒亂他們也不在乎，就是禮拜一再清理。

感想與建議

布拉格有換匯所是可以直接以即期匯率，用台幣換捷克克朗、歐元、美金的！所以根本不用像網路上說的一樣，在台灣換成歐元再帶去，這樣會有兩次匯差損失，不如直接從台灣帶台幣在布拉格換，從台灣起飛到布拉格的路程中，只需要在台灣換少量歐元、帶張信用卡應急即可。

布拉格的宿舍都是外包的，能不要住在 **Strahov** 就努力每天一封 **email** 寫信抗議，要求換到有正常浴室隔間的宿舍，可以重點強調你要 **Flat**，而且浴室要有門、男女分開，價格不要緊，因為都很便宜。

Czech Technical University is located on the west side of the Volteva River, just across the river from the famous tourist attraction in Prague: the Old Town. The school is near Dejvicka Metro Station (Subway), only a 15-minute drive from the city center, hence, the transportation is very convenient and cheap! The student dormitory in CTU mainly has three districts: The first one is Masarykova dormitory, which is beside the MIAS Business School which is located in the CTU campus, more like a flat-type dorm. When I was there, it is mostly allocated to Western Europeans. Another dorm is Sinkuleho, a dormitory rooms mainly for two people, which is closer to the subway station compare to Masarykova; the last one is the Strahov dormitory, which is isolated in Petrin Hill enjoying the night view of Prague. It was originally the player village of Stadiom Strahov, the largest sports stadium in Prague, the overall room is relatively shabby. Although the shared bathroom for men and women has a compartment but no door, only a shower curtain, there are countless bars in the dormitory area every night.

There are a lot of exchange offices in Prague where you can directly exchange New Taiwan Dollars into the Czech Koruna, European Dollars, and US Dollars at the spot exchange rate in cash which means very cheap! Therefore, you don't need to exchange it into euros in Taiwan before leaving Taiwan like what they said on the Internet because there will be two times exchange losses if you do what they said on the internet. It is better to bring your New Taiwan Dollars from Taiwan and directly exchanging it into what you want in Prague. During the journey from Taiwan to Prague, you only need a small amount of Euros and a credit card for emergency is enough.

Dormitories in Prague are outsourced and they doesn't belong to Czech Technical University. If you are lucky to live in Strahov, try very hard to write an email a day to protest, requesting to change to a dormitory with a normal bathroom compartment. You can emphasize that you strongly want to live in a flat, and the bathroom must have a normal door and separating men and women is a must as well. The price does not matter, because they are all cheap.

Going out and relying only on yourself, there will be unexpected things happening all the time, plus the language barriers when things happened you can only accept and swallow it. Don't let your family be worried about you. This time, the epidemic is making overseas people's situation even more dramatic. You should pay more attention to every single news because

things change in any minute. What you could do is calm down and keep figuring out how to solve all the problems.

In addition, it's not like you could live in Europe like this whenever you want, thus, it's better to cherish every day of experience of life. Do what you want to do immediately, because the things change quickly, and what you can do this week may not be completed the next week. At the time, there would be a lot of regrets on your to-do list.