26-1 學校簡介

KEDGE 是法國著名的商學院，2020 管理碩士排名為世界 40 名，主打的課程為 supply chain，有非常多的國際生慕名而來，法國校區以馬賽和波爾多為主。

本次交換為波爾多校區，同期約有 700 位國際生，其中 50%以上為華人。

波爾多校區距離市中心約半小時輕軌，周邊生活機能完善，學校的入學、選課、資訊傳遞等流程都和台灣差不多，也因為每學期有許多交換生到訪，所以在資訊公告可以獲得充分的訊息（只是需要有點耐心），學生有任何問題可以直接詢問 student office，一站式的窗口能迅速提供協助。

校園中非常國際化，英文溝通完全沒有問題(這點在法國很重要)，校內硬體設施新穎，資訊系統功能優異，算是一個現代化的校園。

26-2 國外研修之課程學習（課內）

這學期修了 3 門課，Digital marketing、HRM Policies and Practicies 和 Strategic Behavior and Gaming，同學組成多元，課堂互動及討論非常踴躍，老師多半花一半的時間講課，另一半時間給同學做個案討論，以書面或口頭的方式分組提出各自的見解，雖然以前一直都有聽聞歐美的上課方式和亞洲單向授課非常不同，實際置身其中老實說有點不習慣，學習新知之餘，更能感受到教學方式的差異。

26-3 國外研修之生活學習（課外）

工作與生活

法國行政效率和台灣相比算是非常的“慢條斯理”和“浪漫”，銀行開戶需要先預約才能辦理，送出開戶申請之後約一個月才能拿到銀行卡和開通帳戶權限，而且銀行申請流程中必須擁有法國門號才能開通網路功能，辦理電信門號雖可上網申請算是方便，但是等到郵寄收到電話卡還是需要一兩週的時間，這兩項基本的手續在台灣的櫃檯辦理不用一個小時，在法國則是需要一到兩個月，這對身處便利環境的我來說一開始非常焦慮，後來漸漸習慣他們的步調之後比較能理解，其實他們對於客戶服務並不像台灣那麼極致，把該做的事做好就符合他們的標準，對他們來說把精力投入於工作不如好好經營自己的生活，擁有美好的生活品質勝過工作上的一切。

民主素養

交換期間碰巧遇到全國大罷工，波爾多也響應部分的罷工，其實罷工在法國相當普遍，但是他們事先就會請民眾提早準備，罷工期間看到法國人用習以為常的方式搭計程車、擠公車持續過自己的生活，對此能感受到他們對於罷工的不便並不會反應過度，日子繼續過但該爭取的權力就勇於爭取。

26-4 交換/研修之具體效益（請條列式列舉）

語言應用

來到法國最大的衝擊是不懂法文，法國人大多不愛說英文，所以生活上很多的交談常常感到挫責，但相處過後發現，若能禮貌的告知是否可用英語溝通，店家多半可以理解。

這也讓我對於學習語言有更大的動機，除了能更了解其他文化之外，還能更快拉近彼此的距離，而且在歐洲，每個人會三到四種語言是很正常的事，我們不應該只侷限於英文，而是要有更多元的語言技能以便和世界有更多的交流。

生活

歐中人非常重視生活品質，他們願意花很多時間打理居住的空間，就算是住在密集的都市，也會在工作之餘為自己營造舒適的角落，和當地人的互動以及居住在這樣的環境中，很能體會多數歐洲人無法想像亞洲人為了工作沒日沒夜甚至犧牲掉和家人相處的時間，這也是未來需要學習的，除了工作之餘更要用心過好每一天。

26-5 感想與建議

感謝這次交換的機會在歐洲待了半年多，除了學習外，把握時間認識其他的國家與文化，唯有親身走過才知道世界是何等的大，了解各國的差異進而包容多元的思維，這次的經驗為自己的生涯注入了很多不同的想法，這些是坐在課堂中或是辦公室裡無法獲得的，「趁年輕走得動，盡可能的去探索，不留下遺憾」，和學弟妹們共勉。

It's a life change experience to join the exchange program, to participate as a international student and study in the Europe education system give me a chance to observe the deliver method in the classroom, everyone is willing to express their thoughts and ware to challenge professors, that's really a big shack, because the most of students in Taiwan are used to be passive to learn, it's quite hard to engage and interact with teacher in the beginning of the class, but once you try to talk about your opinion, you will know that have a great discussion with professors will help you understand more.
I took 3 courses in KEDGE, which are HR management, Digital marketing and Gaming, every course is required to have lots of cases study to implement what you learn, that is a great process to make sure how you use the knowledge.

When I have the free time, I like to explore Bordeaux city, took a bus or tram and walk in the streets, enjoy the moment to relax, I found that European are very take care of their life, they seldom work overtime and has lots of hobbies after work, and they like to hang out with family or friends, it show hoe they care of their life, compare with Taiwanese, we work very but almost forget to take some time to fulfill our personal goal and manage our life.
Most of time I cook by myself, like France, cooking is a valuable activity in a day, that make you chill and reflect. These kind of life style make me satisfied and have time to think deep of my own career.
Moreover, meet new friends from different places and go around in the Europe countries truly gave me a whole picture about Europe, it's not only the word or photo in the book but a real building and culture, you can enjoy every moment to be with this atmosphere, it's totally different with Asia experience. I am also envy how European cross boarders, most of time, no need to take airplanes, just by train, bus even drive through and then you will arrive another country.
Every time I walked in the historical place, Europe history came in my mind, I felt so close with those famous people and story, it makes me interested in study more history about this land.

Visited lots of towns, talk to lots of people, I realized that people have lots of potential to communicate without use same language, but for describe more detail, well language skill might help, it become a great motivation for me to improve my ability of second or third language.

Thanks NSYSU gave me this opportunity to have a short term life in Europe, after this life change experience, I willing to respect other cultures and hear other voice, try to know more about other and be more empathy. Hope I can keep all these input and implement in whole my entire life, and fulfill my personal goal.



波爾多著名景點-水鏡廣場，背景是輕軌列車及交易所。