

26-1 學校簡介

Chinese University of Hong Kong (CUHK) is a well-known university that has lots of resources and has many different courses. CUHK provided students many opportunities to learn and explore. The university is consistently ranked among the top universities, and the courses are offered in many subject areas, and most of them are open to international students. The college system within the university brings the uniqueness of CUHK, which aims at enriching the educational experience of students. Each college has their own hostels, dining halls and facilities.

26-2 國外研修之課程學習（課內）

1. Financial Management
2. Integrated Marketing Communication

Prof. Andy is the best professor that I met in CUHK. His teaching method is both funny and understandable. We have done a project in his class and it helps me get into consumer insights more and I also done a focus group discussion that I have never done before. He provided every help that he could give us and helped students to learn by doing.

3. Management Accounting

26-3 國外研修之生活學習（課外）

1. Cantonese

Cantonese is some kind of Hong Kong style stuff so I thought that by learning Cantonese could help me get to know Hong Kong better and deeper and also make myself in Hong Kong more convenient. Chinese University of Hong Kong just has language courses for people who want to learn Cantonese. I took the Cantonese which is taught in English rather than Putonghua. Compare to my friend who took Cantonese which is taught in Putonghua, teaching in English seems to be less pressure. For me, Cantonese class is quite helpful. But because of the shorten of semester, I still cannot speak fluent Cantonese.

2. Cooking class

Chinese University of Hong Kong has many interesting event that is held for exchange students, most of them are free, cooking class is one of them. CUHK has a perfect place and chef in cooking class. Cooking class in CUHK is quite interesting and educational that I totally enjoyed it.

3. Martial Art

26-4 交換/研修之具體效益（請條列式列舉）

1. 英語能力之進步

香港雖然與台灣有些相似，但總歸而言還是個使用英文為基礎的地方，連香港人大部分都是英

文程度會比普通話程度好許多，再加上香港中文大學是個有非常多國際學生的地方，課堂上及生活上都能夠接觸到非常多不同國家的朋友們，在生活上仍是以英文為主，又香港中文大學多數課程都是全英文授課，因此英語聽力及口說在香港中文大學能夠進步很多。

2. 學習獨立自主

出國生活會需要知道如何運用自己的現有資源，也由於一切是從零開始，因此獨立是非常重要的，要知道事前準備應該做好哪些功課，才能導致生活得以順遂，因此出國交換無庸置疑的能使人成長與獨立。

3. 文化交流增進視野

在香港的交換學生從中國至歐洲都有，在生活中會遇到有不同文化背景的朋友們，也因為生活在香港，現今香港的社會議題是個非常值得討論的話題，與不同國家的朋友們就會藉此討論不同的觀點進行深入的文化交流，擴展我們的視野。

4. 應變能力

由於香港現今的情況，我們在生活中有非常多不可抗力之因素影響著我們，因此當哪裡有抗議情形發生，又或者大眾交通運輸突然癱瘓，此時就是考驗應變能力的時刻，因此我認為我在香港生活的過程經歷的事情，讓我在生活中遇到危急的情況下能夠更快速的做出反應措施以保護自己和朋友們的安全。

26-5 感想與建議

我認為目前香港的情況對於交換學生來說還是有些許危險，可能會使同學沒辦法很盡興地享受交換生活。由於當時的社會情況，很多的放假日或者平日都是很難出校園的，可能出去了後大眾交通運輸系統癱瘓等等，無法安全抵達宿舍，更尤其在11月時更爆發了港警與學生在港中大起衝突的事件，使得所有學生都很緊張，四處找親友避難，學期更是提早結束。原訂一學期的交換，其實最後只去了兩個月多一些，其實是非常可惜的。

不過也因為在這個時節去到香港，反而能感受到香港溫情的另一面，感受到學生們的團結一致以及友善，大家都不吝嗇的貢獻和付出，真的是現在這種情況下才能夠看到的。這一次的交換經驗雖然短暫且歷經危險，但我認為這勢必成為我人生中很重要的一個回憶。