


TERM OF REFERENCE

# INTERNATIONAL IDEAS EXCHANGE AND EMPOWERMENT PROGRAM (IdEEP) FACULTY OF PSYCHOLOGY

Sultan Agung Islamic University , I n d o n e s i a  
conducted virtually via Zoom

**MARCH 21- 25, 2022**





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**ONLINE GLOBAL CULTURAL EXCHANGE 2021**  
**UNIVERSITAS ISLAM SULTAN AGUNG**

## **A. PROGRAM OVERVIEW**

Universitas Islam Sultan Agung (UNISSULA) has collaborated with many universities across the globe in fostering internationalization and mutual benefits in education, research, and other areas involving the lecturers as well as the students. One of the programs highlighted by UNISSULA is exchanging ideas and empowerment program for UNISSULA students and partner universities' students. This program is intended to give opportunities for students to express and exchange their ideas, collaborate with people with different backgrounds, and build ideas to empower well-being for people around them.

In line with pandemic COVID-19 situation which has been affected people throughout the world for the past two years, problems related to low well-being and mental health problems were reported to be increased. Moreover, the pandemic situation might far from over due to the new virus mutations. This prolonged pandemic situation already negatively affect our well-being that we must strive to find ideas on how we should manage and improve our own and our community well-being. Thus, we create this activity **International Ideas Exchange and Empowerment Program (IdEEP)** with the theme **"Caring for Our Well-Being"**. It is our great hope that the students join this event will be benefited from the courses related to improve well-being through many perspectives and working together to create innovative ideas in order to strengthen community well-being.

We do hope that your university will join this program. Each university can send 10-20 students for free for this program. All of the expenses of the program will be borne by UNISSULA

## **B. OBJECTIVES**

This program is expected to give the students the opportunity to:

1. Express and Exchange ideas

2. Gain knowledge related to well-being and empowerment in pandemic COVID-19
3. Collaborate with students from different countries and cultural backgrounds

## C. ACTIVITIES

The International Ideas Exchange and Empowerment Program 2022 will cover some activities including *lecturing, webinars, discussions, and project presentations*. The details are as follows:

No	TIME	Agenda
Day 1 - March 21 <sup>st</sup> , 2022		
1	09.00 - 10.00	Opening ceremony
2	10.00 - 12.00	Lecture 1: Multicultural Perspective of Well-Being
3	12.00 - 13.00	Lunch Break
4	13.00 - 15.00	Lecture 2: How Pandemic COVID-19 affect Well-Being
Day 2 - March 22 <sup>nd</sup> , 2022		
1	09.00 - 11.00	Lecture 3: Building Community Resilience in Pandemic COVID-19
2	11.00-13.00	Lunch Break
3	13.00 - 15.00	Cultural Exhibitions for Each Country (Each university will give a presentation, play a video about their cultures, or perform live the traditional songs, dance, etc.)
Day 3 - March 23 <sup>rd</sup> , 2022		
1	09.00-10.30	Briefing Group Projects  (The students are asked to make a group project related to strengthen community well-being)
2	10.30 - 12.00	Making group projects
3	12.00-13.00	Lunch Break
4	Flexible	Making group projects

Day 4 – March 24 <sup>th</sup> , 2022		
1	Flexible	Making group projects
Day 5 - March 25 <sup>th</sup> , 2022		
1	09.00-12.00	International Webinar: Caring for Our Well-Being in pandemic COVID-19
2	12.00-13.00	Lunch break
3	13.00-15.00	Group projects presentations
4	15.30-16.30	Closing ceremony

## D. PARTICIPANTS

The target participants of this program are 2 undergraduate students from each participating institution. This program is **FREE** for the participants.

Benefits for participants:

1. Get E-Certificate
2. Get a transcript for 1 credit
3. Networking with students from other universities

## E. REGISTRATION

Registration for the program can be done at the following link: <https://s.id/ideep2022>

## E. PLATFORMS

The online platform that will be used for this program is Zoom Video Meeting.

## F. CLOSING

This Term of Reference is made as a reference for organizing the International Ideas Exchange and Empowerment Program 2022. This program is held by the Faculty of Psychology in collaboration with the Office of International Affairs UNISSULA.