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學校簡介

美國賓州天普大學

國外研修之課程學習（課內），另外推薦受益最多/最喜歡的課程

WWII

國外研修之生活學習（課外）

學習獨立

交換/研修之具體效益（請條列式列舉）

1. 學習獨立
2. 學習放鬆心情面對壓力

海外生活期間是否曾遭遇困境，及是否解決問題？如是，請說明如何解決問題；如未解決，請說明事件最大的啟發及思考未來可以怎麼解決？

遇到最大的問題是要努力適應國外的生活，又要和鄉愁奮鬥。最終解決之道是和當地學生打成一片，或和家人通電話。

海外生活期間是否曾遭遇文化衝擊，您如何去面對及適應？

沒有

海外生活歷練是否為您人生帶來不一樣的改變或者個人特質上的轉變，最大的成長是什麼？

學習成為一位獨立思考、有想法的人。除此之外，也成為一位在課業和鄉愁的壓力之下能處變不驚的人。

您認為獎學金對您海外研修最大的幫助是什麼？有無獎學金是否會改變您的出國計畫？

大大補貼機票的費用

感言及心得感想

1. 學校簡介:

天普大學是美國的一所公立大學。論學術地位，根據美國US News的排名，天普位居121名。天普大學的位於北費城，雖然說不是在市中心，但是費城市區便捷的大眾運輸系統讓學生可以快速的來往校區和市中心。天普大學最引以為豪的科系是商科、醫學、教育。學校方也提供了不少的就業方面相關的資訊，是一所可以讓學生畢業後可以學以致用的學校。

2. 以下採列舉方式說明修習課程的經驗:

一. 美國軍事與文化

這堂課主要針對美國歷史下手，講述美國自建國之初到近代的軍事歷史，以及軍事文化在美國文化中密不可分地位。作業大多以閱讀文本以及課堂討論為主。期中考以及期末考各施測一次。一回文本大約50-200頁，每一星期大約兩份。老師給分蠻大方的，總成績為A(93分)。

二. 電影分析概論

這堂課旨在以客觀和主觀的角度來檢視影視產業。內容涵蓋專業的電影拍攝技巧分析，是一門會讓人開大眼界的課程。這位老師比較嚴格，給分的標準讓美國本地生聞之色變，我最終的成績是A-。

三. 擊劍

這堂課是把每一個人當作新手在教，所以不用擔心修習課程時沒有基礎。老師會一步一步慢慢的幫學生打好扎實的基礎。課程到最後我們還有學習到如何當擊劍比賽的裁判，真的收穫滿滿。

四. 第二次世界大戰

身為一個二戰迷，上這堂課對我來說是夢想成真。我們從不同的歷史脈絡來檢視人類史上規模最大的一場戰爭。厄文博士是一個非常會說故事的老師，他也曾經多次上電視參與歷史頻道的節目訪問，是一位學識淵博的學者。唯一的缺點是厄文博士講話會用比較難的單字，建議考過托福考試的人來修。(他用的單字大約都是20000單的高級字彙)。我最終的成績是A。

五. 美國文學概論

身為外文系的學生，文學相關的知識是我們的本業。上這堂課還蠻輕鬆的，我最大的收穫是看美國人怎麼樣去回應他們的文學。我最後的成績是A(100%)

六. 冷戰文化

這堂課可以幫助學生更了解美國文化。我從交換前就深知冷戰時期的文化對於美國社會有著深遠的影響。因此，修這堂課時，我有著比一般的外國交換生有著更深刻的體悟。然而，這堂課更讓我驚訝的是，我們的老師楊恩博士以前就是一位嬉皮!美國歷史上的許多重大社運他也都曾親身參與。因此，這堂課修起來格外有趣，老師甚至帶了一塊柏林圍牆來班上!我的最後的成績是A-。

3. 課外經驗:

在體驗美國的生活後才知道，在台灣的生活獨立並不是獨立。美國地大，沒有辦法像台灣，往返不同城市之間可以透過便捷的大中運輸。在城市間遊歷時，經常要仰賴汽車或是飛機。因此，這個時候最考驗個人臨危不亂的能力。特別是在搭乘美國的國內廉價航班時，時常會有班機延誤、飛機故障等問題，這時候，保持冷靜是非常重要的。

在日常生活方面，美國物價指數高，因此，我都自行磨練煮菜的功力。基本上，是從「已知用火」到「五星級大廚」的養成過程。再者，美國人流行所謂的「百樂餐」，每一位參加者都要帶一份食物來和大家分享。這個也是訓練廚藝的好機會。在費城讀書也有另外一項好處，就是我們的中國城吸引了不少台灣的廠商進駐，亞洲超市也遍布著大街小巷。販賣的食物價錢也較親民。因此，是個亞裔學生購物的好選擇。

娛樂方面，費城是一座富有運動文化的城市。我們是席維斯·史特龍所主演的《洛基》系列電影所在的城市。費城又是許多職業球隊的家，包含費城七六人、費城人、老鷹隊等都在大費城地區設立了自家主場。費城也是一座蘊含著雄厚文化氣息的城市。我們的基墨表演中心時常開放給百老匯戲劇表演來進行展演。在靠近市中心的地區又有眾多的歷史建築以及博物館。喜歡藝術表演和西洋藝術的人絕對不能錯過。

英文心得(包含學校簡介、課程學習、生活學習、具體效益、心得感想等等)

Temple University is a public university in the United States. In terms of its academic ranking, Temple ranks 121 out of all the colleges in the US in 2023. Situated in Philadelphia, Pennsylvania, Temple is extremely accessible, as the convenient public transportation system allows daily commuters and students to go back and forth between Center City, located on the southside of Philly, and the main campus in North Philly. Temple University owes its reputation to the proud tradition of its amazing student populace; the school is also renowned for offering a wide variety of courses and majors, which provides students with stable careers. Most notably, its students excel in business, medicine, education, and so forth. Students get to put their knowledge to good use, as the school emphasizes greatly on providing students with practical training and a robust networking experience.

American Military Culture aims at examining the subtle relationship between American society and its reputation as a military powerhouse. Throughout the course, we take a closer look at how America, a nation founded on revolution and military conflict, has evolved over the years. Mostly, the assignments for this course are weekly readings and reflections. In addition to in-class discussions, this course is heavily reliant on students' interpretation of how the military shapes American history. There are two major exams, a midterm and a final, administered during the period of study. The teacher, a student pursuing her post-graduate studies, gave a lot of credit for our efforts and encouraged us to read more extensively about the subject matter. Therefore, my final grade was rather satisfactory, scoring 93 out of 100.

Introduction to Film Studies is a class that talks extensively about the film industry, all the way from the different techniques employed in film-making, to the various aspects of cinema. The teacher is renowned for being a tough grader, and he lives up to that reputation. Many of my fellow classmates suffered immensely while taking the course. However, the course is really eye-opening, I learnt a great deal about how a movie is filmed and produced. My final grade for the course is an A-.

The fencing class I took was really interesting. My coach treated everyone as if we were all beginners, despite the fact that some of our classmates were well-acquainted with the craft. She also built our skillsets from the ground up, we started with the basic movements and maneuvers and moved on to the more advanced aspects of the sport in the later half of the semester. We even got to learn how to judge a fencing match, which was truly unexpected. The experience was truly rewarding, both intellectually and physically. I got an A for my efforts.

As a WWII fan, taking the course by the same name has been a dream come true for me. Through the various lectures, assigned readings, and documentaries, we took a closer look at one of the greatest conflicts in world history. We highlighted the various aspects of the conflict and the leadership of the major players in this war; Franklin Delano Roosevelt, Joseph Stalin, Winston Churchill, Adolf Hitler, just to name a few. It was a delight to listen to Dr. Gregory J. W. Urwin's lectures. Dr. Urwin is an award-winning scholar, whose work spans all the way from the Civil War, the Pacific Theater in WWII, to modern conflicts. Dr. Urwin worked with the History Channel a couple of times, so one could catch him in action every now and then. One of the greatest challenges to taking this course, not for me personally since I am an English major, but for non-English majors was that Dr. Urwin often used sophisticated language in his lectures. **TRIGGER WARNING: YOU WILL SUFFER IF YOU DON'T HAVE A GOOD COMMAND OF THE ENGLISH LANGUAGE!** My final grade for the course is a solid A.

Taking Intro to American Literature is rather easy for me. As an English major, this is our bread and butter. Therefore, the class is relatively easy for me. Interestingly, since English is the native language of most Americans, this class aims not at reading and interpreting every single line, but rather tries to cultivate a general understanding of the assigned readings and discuss about its significance to American culture. This is truly an enlightening class for a foreigner like myself. Mr. Kaufmann is also a really nice teacher; he doesn't discriminate people's ideas and tries to help us in every way. My final grade for this amazing course is a solid A.

This has got to be one of the most interesting classes I have ever taken! Before I came to the US, I knew that the Cold War had had a significant impact on American culture, so taking this class is an absolute blast. Therefore, I've cultivated a deeper understanding when taking this course than other exchange students. Moreover, what is more surprising about this course is that our lecturer, Dr. Ralph Young was a

part of the cultural and political left back in the day; in other words, he was a hippie! He participated in many of the major events during the Cold War and even met a handful of celebrities in person, including poet Alan Ginsberg, Martin Luther King Jr., Pete Seeger, and so on. Dr. Young even brought a piece of the Berlin Wall to class one day! My final grade for this absolutely amazing course is A-.

Independence” and “Self-reliance” are often misunderstood in our society, especially among college kids. We have come to expect that as long as we fledge our wings and fly away from our parents, we have become independent. Yet, independence takes on a different meaning for most exchange students after they have visited the old US and A. America is a huge nation, covering a great piece of land. Getting from point A to point B is difficult for most people should they don't have a car. This still rings true in a city like Philly, despite the many conveniences brought about by the public transportation system. Therefore, one will cultivate the ability to travel in air, on land and sea when satisfying his or her wanderlust around the country.

The high prices of food and exorbitant living costs in the US also takes some time to get used. In response to this, I decided to learn how to cook on my own. I went from cooking rice with an ordinary pot to dishing out gourmet cuisine, but it takes time, effort, and a great deal of dedication. It was a process from eating like a Neanderthal to going full Gordon Ramsay.

In terms of entertainment, Philly offers a wide variety of choices. The blood of an athletic and dynamic heritage flows in the bodies of Philadelphians. We are home to Rocky, the Philadelphia 76ers, the Phillies, and our pride, the Eagles. Simply put, the city is housed by people who are genuinely proud of our sports teams. Furthermore, Philly is also an artistic city. Our museums boast the awesome collections of masterpieces from all around the globe, including Monet, Andy Warhol, Van Gogh, and many more. In essence, the City of Brotherly Love is a dynamic city that never sleeps. Studying in Philly allows me to breathe and take in all the wonderful things it has to offer and gradually, identify myself as part Philadelphian.