

學校簡介

梨花女子大學建立於1886年，是韓國第一所女子高等教育機構，也是韓國第一所獲得認可的高等教育機構。梨花女子大學目前擁有人文、社會科學、藥學、法律、藝術等傳統優勢領域；以及科學、工程、醫學等優秀新領域，並擁有兩家附屬的尖端醫院。梨花女子大學是韓國第一個設立國際項目的大學，在國際生交換或訪問（遊學）項目，男生與女生皆可申請。梨花女子大學位於首爾市中心，國際學生可以親身體驗首都，此外，梨花國際生人數約在2100名左右。

國外研修之課程學習（課內），另外推薦受益最多/最喜歡的課程

梨花女子大學（以下簡稱梨大）提供了許多英語授課的專業課程，讓不會韓文的國際生也能彈性地做選擇，本學期我選了Business Computing（3學分）、Contemporary Photography（3學分）以及Practical Korean 101（3學分、每周上課時數為6小時）。

1. Business Computing：為英語授課，教學內容為Microsoft Word、Excel以及Google 文件、試算表、Trend、表單等軟體的基礎與進階應用，雖然我已經會使用Word跟Excel，但我想要在這門課讓自己習得更多專業的使用技巧。老師在講解課程後，都會給予充分的時間練習，所以能對每個步驟更加熟練，在課程中我學習到許多實用的功能，讓我知道原來有許多便利的使用方法是以前所不知道的。

2. Contemporary Photography：為英語授課，聆聽老師生動地分享攝影的歷史演進、過去每個時期的代表攝影師，以及老師對攝影作品獨特且有趣的見解，可以知道教授真的非常熱愛攝影領域。期中與期末報告要分析課堂當中自己喜歡與不喜歡的攝影師，這裡我應用了大三下學期於中山大學修習的「視覺文化與哲學反思」課程來對攝影作品進行分析，在撰寫的過程中獲得成就感，我的報告成績也獲得了極佳的分數。

3. Practical Korean 101：梨大為了國際生開設各種級別的韓文課，各級韓文課皆是使用梨大出版社的韓文教材，並分為Practical Korean 及 Academic Korean，前者每周6小時，3學分；後者每周12小時，6學分，因為我的基礎仍不佳，最後決定選擇最初階的課程。

我最推薦韓文課程，每周6小時的韓文課，跟著老師的步調，我可以扎實地從基礎開始學習，每周都非常期待韓文課的到來。梨大的韓文課在聽說讀寫皆非常重視，能感受到我的韓文有了明顯的進步，在日常生活中能進行簡單的對話。

國外研修之生活學習（課外）

梨花女子大學提供豐富的課程與活動給國際學生，我參加了國際處舉辦的期初Pizza聚會、Peace Buddy午餐聚會、報名韓國料理教室，與國際生一起動手做雜菜與紫菜飯捲、參加編織傳統毛線吊飾的課程等等，我覺得梨大的國際事務處在安排活動上十分用心。

由於首爾的大眾運輸（地鐵、公車）十分便捷，閒暇之餘我會也跟著朋友一起到首爾各地觀光，例如到樂天世界塔俯瞰首爾景色、搭乘纜車到首爾塔欣賞夜景、穿上韓服到景福宮體驗歷史、到國立中央博物館來一場歷史與文物的深度之旅、到服飾流行之地東大門等處遊覽；在賞櫻季節時，也到石村湖、汝矣島、新村等地賞櫻花，這是以前在台灣未曾參加過的春季盛事；與朋友一起體驗韓國的汗蒸幕、嘗試韓國特色美食等等。另一方面，由於南韓的音樂風靡全球，自己也很喜歡K-POP團體，因此也觀賞了兩場演唱會；參加免費的Seoul Festa與G Concert拼盤演唱會；有幸進入韓國三大電視台（KBS、MBC、SBS）攝影棚參與音樂節目錄製等等，直接在當地體驗了韓流的魅力。

交換/研修之具體效益（請條列式列舉）

1. 跨出舒適圈，學習獨立自主

2. 尊重、包容與理解多樣性的文化
3. 能夠融入韓國社會與文化
4. 學習韓文並能夠使用韓語進行日常溝通
5. 結交國際好友
6. 打開心胸體驗各種可能，勇於嘗試新事物

海外生活期間是否曾遭遇困境，及是否解決問題？如是，請說明如何解決問題；如未解決，請說明事件最大的啟發及思考未來可以怎麼解決？

剛開始可能就是語言不通的問題，例如當我在韓國要開立銀行帳戶時，發現櫃員們都不太會說英語，只好透過比手畫腳或翻譯軟體進行溝通。

海外生活期間是否曾遭遇文化衝擊，您如何去面對及適應？

首爾不像台灣在固定時間有垃圾車需要出來倒垃圾，而是會把一包包垃圾直接堆在路邊（甚至是觀光區域也是如此，例如弘大及新村），半夜才會有清潔隊員來收拾，一開始覺得觀感不佳，但後來也慢慢接受這是他們的運作方式。

海外生活歷練是否為您人生帶來不一樣的改變或者個人特質上的轉變，最大的成長是什麼？

認識在各領域具備專業與特長的國際學生，同時了解自己的不足之處；最大的成長是願意去嘗試新的事物，例如主動報名參加學校舉辦的活動、開口用英語與學伴溝通等等。

您認為獎學金對您海外研修最大的幫助是什麼？有無獎學金是否會改變您的出國計畫？

在規劃時比較不用為了生活預算擔心，若無此獎學金，我可能就會放棄出國交換。

感言及心得感想

這是我人生第一次離開台灣展開這麼長時間的旅途，我還清晰記得飛機起飛前的興奮與緊張不安。在交換期間，我全力體驗與感受在韓國的一切，現在韓國的交換旅程也結束了，現在回頭望去，都是美好且珍貴的回憶。在這趟旅程中，我結交到幾位摯友、經歷了許多有趣的事物，非常感謝教育部學海飛颺計畫與中山大學國際處的獎助金、謝謝梨花女子大學提供給交換生豐富的資源、謝謝父母同意讓我出國交換、謝謝在這趟旅程中曾經幫助過我的人們、謝謝自己願意敞開心胸體驗各種可能性。

英文心得(包含學校簡介、課程學習、生活學習、具體效益、心得感想等等)

A. Introduction of Ewha

Ewha Womans University was founded in 1886, Ewha is not only Korea's very first higher education institution for women, but also the first accredited higher education institution in Korea. As a comprehensive research university, Ewha now include the traditional areas of strength, such as humanities, social sciences, pharmacy, law, and arts, as well as new areas of excellence, such as science, engineering, and medicine with two affiliated cutting-edge hospitals. Ewha has first international program in Korea. Ewha welcomes both male and female students for non-degree exchange or visiting (study abroad) student programs. Ewha is located at the heart of Seoul and students can gain firsthand experience of the capital city. The population of international students at Ewha is around 2,100.

B. Curriculum Learning

Ewha Womans University offers many courses in English so that international students who cannot speak Korean can choose flexibly. This semester, I chose Business Computing (3 credits), Contemporary Photography (3 credits), and Practical Korean 101 (3 credits, 6 hours a week).

a. Business Computing: English-taught course, the content of Microsoft Word, Excel, Google Drive, Google Spreadsheets, Google Trend, Google Forms and other software and advanced applications. Although I already know how to use Word and Excel, I want to learn more professional skills in this course. After hands-on practice in the classroom, the teacher will give us enough time to practice, so I can be more proficient in each step. I learned a lot of practical functions in this course, which let me know that there are many convenient methods I didn't know before.

b. Contemporary Photography: English-taught course, listening to the professor vividly shared the history of photography, the representative photographers of each period, and the teacher's unique and interesting views on photographs, I could see how much the professor loves photography. At The mid-term report and final report, I have to analyze the photographers I like and dislike in class. Here I use the "Visual Culture and Philosophical Reflection" course I took at National Sun Yat-sen University to analyze photographs. I gained a sense of accomplishment in the process of writing a report, and I got excellent marks for my presentation.

c. Practical Korean 101: For international students, Ewha Womans University offers 6 levels of Korean language classes. And all levels of Korean language classes use the textbooks published by Ewha's language center. There are two kinds of Korean classes. Practical Korean is 6 hours a week with 3 credits. Academic Korean is 12 hours a week, 6 credits. Because my foundation is still not good, I finally decided to choose the elementary course. I recommend taking Korean classes. With the teacher's pace, I can start studying steadily from the basics, and I am looking forward to Korean class every week. The Korean course at Ewha is attach importance to listening, speaking, reading, and writing. I can feel that I have made significant progress in Korean, and I can do a simple conversation in my daily life.

C. Life Learning

Ewha Womans University offers a wide range of programs and activities for international students. I attended the social gathering event, the Peace Buddy luncheon, signed up the Korean cuisine cooking classes, started making Japchae and Gimbap (rice roll) with international students, and took part in traditional knitting classes. I think the International Affairs Office of Ewha is very diligently in organizing activities.

Because of the convenience of public transportation (subways and buses) in Seoul, I would like to travel around Seoul with my friends in my spare time. We watched a view of Seoul at Lotte World Tower, took the cable car to watch the night view at Seoul Tower, wore Hanbok to Gyeongbokgung Palace, and had an in-depth tour of the history and cultural relics at the National Museum of Korea. During the cherry blossom season, I also visited Seokchon Lake, Yeouido, and Sinchon to see beautiful cherry blossoms. I also experienced Korean Sauna with friends, tried Korean characteristic food, etc. Additionally, because South Korea's music is so popular all over the world, I also like K-pop groups. I watched one concerts, and participated in free Seoul Festa (2023 K-POP SUPER LIVE) and G-KPOP Concert. I was lucky enough to

participate in recording music programs at the studios of the three major broadcasters (KBS, MBC, and SBS). I experienced the charm of K-pop in Korea.

D. Specific Benefits of Exchange

- a. Step out of my comfort zone and learn to be independent.
- b. Respect, inclusion, and understanding diversity cultures.
- c. Integration into Korean society and culture.
- d. Learn Korean and be able to communicate daily in Korean.
- e. Make international friends.
- f. Open your mind to all possibilities and try new things.

E. Exchange Reflection

It was the first time in my life that I had left Taiwan for such a long journey. I clearly remember the excitement and nervousness before the plane took off. During the exchange, I fully experienced and felt everything in Korea. Now that the journey of exchange in Korea come to an end. Looking back now, I have a lot of beautiful and precious memories. During this trip, I made several close friends and experienced many interesting things. Thanks for the scholarship from the Ministry of Education and the Office of International Affairs at National Sun Yat-sen University. Thanks Ewha Womans University for providing abundant resources to exchange students. Thanks to my parents for agreeing to let me go abroad to exchange. Thanks to the people who helped me on this trip. Thanks for being open-minded and experiencing various possibilities myself.