

學校簡介

慕尼黑大學是德國排名第二之大學，學術氣味很濃厚，學校的資源也非常多，共有20座不同的學院，外籍交換生的人數也高達10000人，因此也有許多課程是使用英文授課。學校方面交換的資訊十分清楚，從申請入學到宿舍方面回覆效率都是非常高，也會安排buddy協助融入校園生活。同時，定期會提供一些學校的活動供學生參與，學校也有許多圖書館和食堂透過學生證預約都可以自由使用。

國外研修之課程學習（課內），另外推薦受益最多/最喜歡的課程

consumer insights 這堂課，老師很清楚的從最初始的消費者的知覺到後期的思考及行動過程，分成10個單元進行講授，每個禮拜也會伴隨著助教課，去幫助我們加深每堂課的內容，教授同時也會提供我們個案進行複習，將課程所學到的理論應用在實際案例上。

國外研修之生活學習（課外）

課外之學習，我有報名為期三天的滑雪課去體驗，慕尼黑附近有許多雪場可以自由選擇，距離都是可以當天來回的，如果在慕尼黑交換的同學可以把握這個地利之便。

交換/研修之具體效益（請條列式列舉）

- 1.可以結交不同國家的朋友：慕尼黑當時舉辦啤酒節，吸引來自全球的遊客來參加，在現場就結交到了來自巴西、澳洲、美國、荷蘭等不同國家的朋友，也可以了解到各國的文化差異。
- 2.提升外語能力：在國外只能使用英文或德文進行交流或溝通，在台灣可能會顧慮到口語不是那麼流利而不敢開口，而在這裡大量開口練習的結果，不但可以提升信心，英文口說能力也增強了。
- 3.體驗各國文化：可以趁著沒上課的時候去遊覽其他國家，尤其是歐洲十分方便，慕尼黑又位於歐洲大陸的中心，機票或者巴士都相對便宜，也有許多學生優惠可以使用，是個去了解各國風俗民情的絕佳機會。

海外生活期間是否曾遭遇困境，及是否解決問題?如是，請說明如何解決問題;如未解決，請說明事件最大的啟發及思考未來可以怎麼解決?

在海外生活遇到最大的困境是剛到時，許多東西都採買不到，訂的包裹也失蹤，因為不了解這邊送貨的習慣加上與送貨員的語言不通。當時是尋找我的buddy詢問他這邊習慣的送貨模式，並透過網路去追蹤我的貨號，未來的話我可以先上網查詢各國的差異，將功課做足，才不至於到無東西可以用的處境。

海外生活期間是否曾遭遇文化衝擊，您如何去面對及適應?

沒有遇到明顯的文化衝擊，但是有發現在地鐵上滑手機的人十分稀少，大家都會拿著書或者聽著音樂，在台灣是比較少看到這景象的，也影響我不要無聊時就拿起手機滑的習慣。

海外生活歷練是否為您人生帶來不一樣的改變或者個人特質上的轉變，最大的成長是什麼？

我覺得最大的改變是學會獨處和自己生活，在國外多了許多可以跟自己對話的時間，可以靜下來聽自己想要的東西是什麼，同時將自己的感官打開去接收很多從未發現的新世界，而我的成長也養成了我以後靜下心仔細思考和啟發我對世界之大的好奇。

您認為獎學金對您海外研修最大的幫助是什麼？有無獎學金是否會改變您的出國計畫？

獎學金對於我在海外研修最大的幫助我可以去拓展更多國際視野，遊歷更多國家體驗人文風情。並不會改變我的出國計畫，但的確幫助我可以遊覽更多國家。

感言及心得感想

出國這半年是非常難得的經驗，可以獨自在國外生活，不僅增加了自己許多的生活技能，也踏遍了歐洲許多國家。同時也參與了這邊的課堂，發現許多跟台灣不同的文化，如學生較積極發言，跟老師的互動更多。這半年大大的增加了我許多對人生不一樣的想法，讓我對於這個世界更加好奇，未來或許可以嘗試在國外工作或生活。

英文心得(包含學校簡介、課程學習、生活學習、具體效益、心得感想等等)

School

Germany's second-ranked university is the University of Munich. It has an abundance of resources and a strong academic atmosphere. There are up to 10,000 international exchange students spread across 20 different colleges. English is therefore used to teach a lot of courses. The school communicates information in a very clear manner, and the responses to applications for the dorm are quick and effective. Buddy will be set up by school to aid with integration into campus life. Simultaneously, there are certain school activities in which students are routinely involved. Additionally, the school has a number of libraries and restaurants that are open to students with reservations.

Lesson

This consumer insights class demonstrates from the consumer's initial perception to their subsequent thought and action process. For teaching purposes, it is split into ten units. To further enhance each class, there will be a weekly tutorial session. In order to review the material and apply the theories we have learned in the course to real-world situations, the professor will also give us case studies.

Specific benefits of exchange

1. I meet people from different countries: At the time, Munich hosted an Oktoberfest that drew visitors from all over the world. At the scene, I made friends from a variety of nations, including Brazil, Australia, the United States, and the Netherlands. I also had the opportunity to learn about the cultural distinctions between these nations.
2. Improve foreign language proficiency: I can only converse internationally in English or German. By speaking a lot here, I can enhance your English speaking abilities in addition to boosting my confidence.
3. Discover diverse cultures: I have the opportunity to travel to other nations, particularly those in Europe, outside of the classroom. It is really practical. Bus or airline tickets are reasonably priced, and student discounts abound. It's a great chance to learn about the traditions and cultures of different nations.

The largest adjustment, in my opinion, has been learning to live alone and on my own. I can talk to myself for much longer time when I'm overseas. I'm able to relax and pay attention to what I want. Simultaneously, I allow my senses to be opened up to a plethora of new and undiscovered things. Spending six months overseas was an extremely uncommon experience. Living overseas on my own helped me develop better life skills and gave me the opportunity to visit several European nations. I took part in classes here at the same time and discovered that the culture is different from Taiwan's. For instance, students engage with teachers more and speak more actively. My wide range of life perspectives has expanded significantly over the past six months, increasing my curiosity about the outside world. In the future, I might try living or working overseas.