

學校簡介

The Technical University Ingolstadt of Applied Sciences is a German public research-oriented university of applied sciences located in Ingolstadt. Founded in 1994, it currently has around 6,500 students in five faculties and offers more than 80 courses of study.

國外研修之課程學習（課內），另外推薦受益最多/最喜歡的課程

數位轉型相關

國外研修之生活學習（課外）

參加荷蘭數位轉型週及捷克營隊

交換/研修之具體效益（請條列式列舉）

- 確立未來出國進修方向
- 了解歐洲職場方向

海外生活期間是否曾遭遇困境，及是否解決問題？如是，請說明如何解決問題；如未解決，請說明事件最大的啟發及思考未來可以怎麼解決？

例如因為火車誤點而無法順利回家，或著被要求融入當地華人團體等
整體對歐洲的交通感受是需要更多的提前準備以及隨遇而安，想辦法與當地其他人一起面臨解決問題，勇於溝通，說出自己的難處等。

海外生活期間是否曾遭遇文化衝擊，您如何去面對及適應？

無

海外生活歷練是否為您人生帶來不一樣的改變或者個人特質上的轉變，最大的成長是什麼？

透過海外生活重新思考自己想要的生活品質

您認為獎學金對您海外研修最大的幫助是什麼？有無獎學金是否會改變您的出國計畫？

減輕家庭的支出

感言及心得感想

在碩士生涯中，決定在2022年前往德國Ingolstadt展開為期半年的交換，甚至延長時程，關於Ingolstadt的小簡介，他是一個小鎮，奧迪之城(其實我家人聽到這個部分還蠻興奮的，城鎮有大約一半的人口都在奧迪工作我也覺得很厲害) 2022年的2月底，德語一竅不通的我，終於踏上旅程，桃園飛往杜拜轉機、並直達慕尼黑，再轉搭當地的火車抵達Ingolstadt...這趟旅程對我來說意義重大，自2015年在馬來西亞生活，已經好久沒有在國外生活，試著想要去改變什麼現狀，試著接觸新的議題，試著了解在德國這裡永續議題該如何切入與推動，或許把疫情當成一個完美的藉口，害怕的不敢進行下一步，但好不容易踏上一個新的土地，如果沒有創造什麼連結，那就太可惜了，因此也讓我決定，給自己最後半年的時間、思考並帶些東西給自己，一年其實給自己很足的時間去思考周遭發生的事、思考如果從0開始要往哪個方向走、自己所追求的是什麼樣的生活品質、在歐洲職場上又應該有怎麼樣的表現、更確立了未來在國外打滾的決心。

我想將我的心得分為三部分：

一、選修課程以及其對於我職涯規劃的影響

在選課的過程中，因為剛到德國，還在摸索當地的一些情況，在受限的條件下未有足夠的時間聽課程，對我來說，我在選課的標準，除了希望能與當地學生有更多的交流之外，更重要的是希望學習在IBMBA裡沒有的課程，拓展自身的視野。所以我選擇了(1)Innovation Management (2)Change management and Transformation process。

因為剛好出國前剛好遇到台灣的疫情，所以更希望藉由這次的交換，了解疫情對於組織型態的轉變，以及又要如何呼應並突破現有的盲點，我想這也是我選這兩堂課的原因。

在修課的過程中，因為THI本身是科技大學，並且也有跟許多當地產業有產學合作的教學經驗，對我來說是很嶄新的體驗。

二、從職涯規劃角度探索歐洲市場

在就讀中山之前，我曾經有在海外(馬來西亞生活的經驗)，在出發前，我給自己的期許是，希望能找到自身職涯領域中與歐洲的連結，以及思考若畢業之後究竟適不適合在歐洲工作。

我認為，因為歐洲整體環境開放以及多元，啟發了我對歐洲職場領域的好奇心。其中，我也把握交換期間申請由中山大學所合作學校的捷克的營隊，以及參加荷蘭的數位轉型週。從歐洲的多元以及生活上的平衡讓我更願意挑戰新的生活及結合永續與科技的領域。

三、為什麼在求學階段一定要交換

其實坦白說，我認為，台灣政府或學術單位(學校)給予了非常多元的機會讓台灣青年做自我探索，我認為這是非常棒的機會。出國也有很多方式：參加研討會、出國遊玩、國際志工等。但是作為交換學生，不僅要強迫自身融入該校的制度以及體系，我認為也是很好的機會多與該校的學生(非其他國家的交換生)交換對於未來職涯的看法。THI學生中就有非常多學生是以在Audi及Airbus為職涯目標，我認為從此角度中，以及科技創新的前瞻性，真的非常鼓勵許多中山學生出國爭取該校的資源，甚至參與由該校所舉辦的就業博覽會。

英文心得(包含學校簡介、課程學習、生活學習、具體效益、心得感想等等)

I would say study in THI Germany is part of my transformation in my life.

At the beginning of the semester, I only take this opportunity as extra bonus for travel around, but through the whole exchange experience, I am inspired by how European as network to work together and also the culture difference, also learn how to stay in Europe in an effective and smart way, I enjoy the open discussion culture in the school and also trying to attend different activities, I also met few Taiwanese Student who enrolled as Master student in THI which gives me a lot of support system during my stay. This exchange Germany not only gives me inspiration but also teach me and open my horizon of future direction in Europe.

一、How to select the course and their impact on my career plan

During the course selection process, because I had just arrived in Germany and was still exploring some local conditions, I did not have enough time to try out the courses under restricted conditions. For me, my criteria for course selection were, in addition to hoping to be able to interact with local students. In addition to having more exchanges, more importantly, I hope to learn courses that are not available in IBMBA and expand my horizons. So I chose (1) Innovation Management (2) Change management and Transformation process. I hope to use this exchange to understand the changes in the organizational model caused by the global pandemic, and how to respond to and break through the existing blind spots. I think this is why I chose these two The reason for the class. During the course, it was a very new experience for me because THI itself is a university of science and technology and has teaching experience in industry-university cooperation with many local industries.

2. Explore the European market from the perspective of career planning

Before studying at NSYSU, I had experience living overseas (Malaysia). Before departure, my expectation for myself was to find a connection with Europe in my career field, and to think about whether I would be suitable after graduation. Work in Europe.

I think that the overall openness and diversity of the European environment inspired my curiosity about the European workplace. Among them, I also managed to apply for a camp in the Czech Republic from a partner school of NSYSU during the exchange period, and participate in the Digital Transformation Week in the Netherlands. The diversity and life balance in Europe make me more willing to challenge new lives and fields that combine sustainability and technology.

3. Why exchange is necessary during the schooling stage

In fact, frankly speaking, I think the Taiwanese government or academic institutions (schools) have provided very diverse opportunities for Taiwanese youth to explore themselves. I think this is a great opportunity. There are many ways to go abroad: attending seminars, traveling abroad, volunteering internationally, etc. However, as an exchange student, I not only have to force myself to integrate into the school's system, but I think it is also a good opportunity to exchange views on future careers with students from the school (not exchange students from other countries). There are many students at THI who have career goals in Audi and Airbus. I think from this perspective, as well as the foresight of technological innovation, we really encourage many students from NSYSU to go abroad to obtain the resources of the school, and even participate in the school. Career fair held by the school.