

學校簡介

約翰·開普勒大學林茲 (Johannes Kepler Universität Linz, JKU) 是奧地利著名的大學之一，位於林茲市。該校成立於 1966 年，以科技、經濟、法律和社會科學領域的研究和教學著稱。JKU 以**強項學科**：計算機科學、人工智慧、機械工程、法律、商學與社會科學最為著名，另外在**合作與產學關係方面**也與許多企業和研究機構合作，提供實踐機會，尤其是在技術與經濟領域。更特別的是 JKU 擁有奧地利首個醫學技術學院，並專注於人工智慧與自動化研究。

國外研修之課程學習（課內），另外推薦受益最多/最喜歡的課程

這次的交換在 JKU 修習了三門可抵修課程，分別是國際行銷管理、高階領導與人力資源管理和策略，其中我覺得獲益最多的是高階領導與人力資源管理課程，上課方式先由教授教課再由學生報告的方式進行，雖然閱讀量很大，不過內容都是非常有助，更開心的是我還從閱讀期刊，找到論文題目的靈感。

國外研修之生活學習（課外）

JKU 有讓交換生先上 pre semester 的課程，雖然看似只有上課不過實質上其實是要讓大家先融入整個校園和彼此。其中我最喜歡的是 Cultural Sensitivity，是由不同國家的交換生組成的 4~5 人隊，再根據老師所指派的任務對當地居民進行採訪，過程很有趣也需要團隊合作，彼此也會討論文化差異等話題。

交換/研修之具體效益（請條列式列舉）

1. 增廣見聞、國際視野
2. 學習與了解文化差異
3. 拓寬國際人脈

海外生活期間是否曾遭遇困境，及是否解決問題？如是，請說明如何解決問題；如未解決，請說明事件最大的啟發及思考未來可以怎麼解決？

種族歧視還是依稀存在著，也和當地朋友聊過有關於奧地利人對於外來人士的看法，當地朋友說到奧地利年輕人比較能夠包容，但中年以上的人就會比較封閉，也不會想了解他國文化背景就以偏概全。加上歐洲政治風情的改變，整體對亞洲交換生是偏不利的。雖然當時沒有肢體上的歧視，不過依稀能感覺到自己格格不入的。

海外生活期間是否曾遭遇文化衝擊，您如何去面對及適應？

在奧地利不像台灣室內都會裝冷氣，相反的他們都裝暖氣，而我當時去剛好還是夏天，非常的熱和乾燥，大概有兩個禮拜的時間，睡覺時都會被熱醒，且留著汗，所以會建議下屆要去的同學自行準備小型電風扇。

海外生活歷練是否為您人生帶來不一樣的改變或者個人特質上的轉變，最大的成長是什麼？

出國交換後，才發現台灣是最好的，不管是在交通、醫療、生活便利、美食等跟歐洲各國相比真的是在水準之上，之前很容易會覺得國外月亮比較圓，但其實並沒有，雖然歐洲還是有值得學習的地方，不過實際相比之下，台灣確實已經很幸福了！

感想與建議

總的來說，這次的交換確實為人生帶來些許想法上的改變，不論是了解文化差異或校園內的生活都是非常值得親自體驗的，也因為學校提供多樣化的姐妹校，讓學生們有更多的選擇，也要特別感謝國際處的 Maxine 有問必答讓遊子能夠更放心。

**英文心得(包含學校簡介、課程學習、生活學習、具體效益、心得感想等等)
500 字以上**

Johannes Kepler University Linz (JKU) is one of Austria's renowned universities, located in the city of Linz. Established in 1966, JKU is well known for its strong academic programs in technology, economics, law, and social sciences, with particular excellence in computer science, artificial intelligence, mechanical engineering, business, and law. The university actively collaborates with numerous companies and research institutions, providing students with valuable practical opportunities, especially in technology and economics. Notably, JKU houses Austria's first medical technology institute and focuses extensively on artificial intelligence and automation research. During the exchange program at JKU, I enrolled in three courses that were eligible for credit transfer: International Marketing Management, Advanced Leadership and Human Resource Management, and Strategic Management. The most rewarding course was Advanced Leadership and Human Resource Management, which was structured with a combination of lectures by professors and student presentations. Although the reading load was heavy, the content was highly beneficial, and I was particularly excited to find inspiration for my thesis topic while reading academic journals. Additionally, JKU offered a pre-semester course for exchange students, which

helped us integrate into the campus environment and connect with one another. My favorite part was the Cultural Sensitivity project, where groups of four to five students from different countries interviewed local residents based on assigned topics. This experience was both engaging and required teamwork, fostering discussions on cultural differences.

The exchange program provided several significant benefits, including broadening international perspectives, understanding cultural differences, and expanding global networks. However, there were challenges, such as experiencing racial discrimination to some extent. Discussions with local friends revealed that younger Austrians tend to be more accepting, whereas older generations can be more reserved and prone to stereotypes, a sentiment influenced by Europe's changing political climate. Although there were no direct confrontations, I occasionally felt out of place. Cultural differences also posed challenges, such as the lack of air conditioning in Austrian homes, which was particularly difficult during the hot and dry summer. For about two weeks, I struggled to sleep due to the heat and sweat, and I would recommend future exchange students bring a portable fan. The exchange experience significantly changed my perspective on life. Living abroad made me realize how advanced Taiwan is in terms of transportation, healthcare, convenience, and food. Before this, I often thought that foreign countries had better living conditions, but I have come to appreciate Taiwan's high standards. While there are still aspects of European culture worth learning from, I now understand that Taiwan offers a great quality of life. Overall, this exchange program brought valuable insights and personal growth. Experiencing cultural differences firsthand and adapting to campus life was truly rewarding. I am also grateful for the diverse range of partner universities available for students, which offers more opportunities for international exposure. Lastly, I would like to extend my gratitude to Maxine from the International Office, whose prompt assistance made my time abroad much smoother.