

繕打 中文及英文 心得報告，應包含下列項目

(**中文至少 1,000 字+英文至少 500 字**。赴中國交換者不需撰寫英文心得。)

A. 學校簡介

釜慶大學位於釜山廣域市南區，宿舍後門出去便是公車站，走路時十五分鐘即可到達地鐵站二號線，去釜山各個景點都相當方便。釜慶大學在水產、海洋環境、工學領域具有卓越的研究和教育實力，學校也有自己的研究船停在鑽石灣，校園很漂亮且有種高級感，而且是釜山唯一全平面的校區。

B. 國外研修之課程學習 (課內)，另外推薦受益最多/最喜歡的課程

在學期間共修習了兩門課，分別是 Basic Korean II 和 Practical Conversation Practice in English and Chinese，另外還報名了學校的語學堂課程。

Basic Korean II 是韓文授課，不過對於學過基礎韓文的人來說，課程內容算是蠻簡單的，期中期末都是線上考試，課堂上需要分組練習口說，也有拍攝影片的小組作業，不過班上同學幾乎都是外國人在校生，韓文口說非常流利，如果有不會的內容都可以放心問。

Practical Conversation Practice in English and Chinese 是中文授課，一個禮拜需要上兩天 (分別為一小時和兩小時的課程)，學習簡單的英文生活用語、英文歌曲，教授上課時會請同學們分享自己家鄉的特色與生活習慣，也會和我們分享韓國各種在地美食。

語學堂課程共 10 週，平日每天上四小時，如果是交換生的話學費可以打七折。開課前會簡單考試、依照程度分班，第一堂課覺得內容太難或太簡單可以跟班導討論後換班。老師們上課很認真且有趣，會補充許多單字，以及幫大家統整文法的使用時機；同學們都很可愛，有時下課或放假時也會一起吃飯、出去玩，因為同學們的韓文實力差不多，所以聊天時不用害怕講錯，大家都非常耐心地聆聽且給予回饋，是一個認識外國朋友與增進韓文實力的大好機會。

C. 國外研修之生活學習 (課外)

學校的 I-Friend 是為了幫助留學生們順利融入韓國生活，分成中文圈、日文圈、英文圈，每個月都會舉行一次大型活動 (開幕迎新、運動會、閉幕式) 以及一次小組活動，可以自由選擇語言圈和是否出席活動，有許多文化體驗的機會。

學校有一對一的學伴活動，通常是為期一整年，剛好遇到名額空缺便向教授報名參加了，想和韓國學伴做什麼都可以，我們一起吃飯、一起去咖啡廳聊天，有什麼生活上的問題也可以向學伴求助，不過建議有基礎韓文程度再參加。

D. 交換/研修之具體效益 (請條列式列舉)

- 結交國際好友，增進外語能力。
- 擴展國際與多元文化視野，培養獨立思考能力。
- 增進自我信心，學習獨立。

E. 海外生活期間是否曾遭遇困境，及是否解決問題？如是，請說明如何解決問題;如未解決，請說明事件最大的啟發及思考未來可以怎麼解決？

跟學校一起團體辦理外國人登錄證需要等待一陣子，拿到時已經接近期末了，這段期間沒辦法網購、沒辦法至銀行開戶，許多網站會員也需要拿到外國人登錄證進行門號實名認證後才能註冊，如有上述需求的話，建議拿到簽證後就自行上網預約辦理外國人登錄證。

F. 海外生活期間是否曾遭遇文化衝擊，您如何去面對及適應？

最大的文化衝擊是韓國人會隨地吐痰。盡可能尊重當地習慣，覺得不舒服會選擇避開，同時也理解這種行為不一定是故意冒犯。

G. 海外生活歷練是否為您人生帶來不一樣的改變或者個人特質上的轉變，最大的成長是什麼？

來到韓國這個全新的環境，在生活中遇到難題時，很多時候只能自己去面對，因此我變得更加

獨立，且更有勇氣接觸未知的事物。

H. 感想與建議

這段交換期間過得特別快，來韓國交換、生活是我從高中以來的夢想，雖然原本計劃去首爾，但來到釜山後，我深深喜歡上了這裡。這裡的生活步調不會過於緊湊，無論去哪裡都能看到美麗的海景，讓我對這個城市產生了濃厚的喜愛。我的韓文能力也大大提升，身處韓國讓我有更多練習的機會，變得更敢開口與人交流。此外，我還結交了許多可愛的朋友，並趁著放假一起遊歷許多城市：慶州、晉州、首爾、大邱、大田、金海、蔚山、浦項、巨濟島，以及日本福岡。有些城市我甚至因為太喜歡，還去了兩次。期間我也參與多場韓國大學的校慶活動和演唱會，留下了許多難忘的回憶。

I. 英文心得(包含學校簡介、課程學習、生活學習、具體效益、心得感想等等) 500 字以上 赴中國交換者免填英文心得

During my exchange program in South Korea, I had the privilege of immersing myself in both academic learning and cultural exploration, which made for an unforgettable experience. I enrolled in two courses during my time at the university: Basic Korean Language and Practical Conversation Practice in English and Chinese. These courses provided me with invaluable insights into the Korean language and culture.

The Basic Korean Language course was helpful in allowing me to develop a foundational understanding of the Korean. It gave me the skills to communicate in basic conversations, which was essential for navigating daily life and interacting with local students. On the other hand, Practical Conversation Practice in English and Chinese was a unique opportunity to practice my language skills in both English and Chinese while also engaging with students from a variety of countries. This course was especially interesting because it not only helped me refine my communication skills but also allowed me to learn about the different cultures of my classmates.

A highlight of my experience was the opportunity to meet students from all over the world. I enjoyed exchanging ideas, learning about different cultures, and forming friendships that transcended borders. These interactions enriched my experience and broadened my perspectives in ways I had not expected.

The activities organized by local Korean students were also a fantastic part of my exchange. They took us to participate in traditional Korean games during a sports day

event, which was both fun and insightful. It was a great way to engage with Korean culture through friendly competition and teamwork. Additionally, the Korean students treated us to authentic Korean cuisine, allowing us to savor dishes that we would not have encountered otherwise. The food was delicious and provided a deeper understanding of the country's culinary traditions.

Outside of academics, I explore more of South Korea by traveling to various cities and counties. I visited historical landmarks and scenic spots, and every new place I visited added to the richness of my experience. The landscapes, ranging from bustling cityscapes to serene natural wonders, were breathtaking and left a lasting impression on me.

Overall, my exchange program in South Korea was an enriching journey that allowed me to grow academically, culturally, and personally. The lessons I learned, both inside and outside the classroom, will stay with me for years to come, and I will always treasure the memories I made during my time in South Korea.

After returning to my home country, I plan to apply the knowledge and experiences I gained during my exchange program in South Korea to further my academic and professional goals. Academically, I intend to continue improving my language skills, particularly in Korean, by taking advanced courses and possibly pursuing a language proficiency certification. Professionally, I aim to explore career paths that involve cross-cultural communication, international relations, or international business, leveraging my experience studying and interacting with people from various backgrounds. In addition, I hope to share my cultural experiences and insights from my time in South Korea with others in my hometown university.