

學校簡介

列日大學 比利時列日大學創辦於1817年，是第一所由國家資助的公立法語國際性大學，是歐洲最早成立的、公立高等學府之一。位於比利時的法語區首府—第三大城市列日市。近兩百多年來，已發展成為一所學科齊全、以先進嚴謹的學術教育和一流科研水平而著稱的世界一流綜合性大學。列日大學有多個校區，最大的校區是Sart Tilman，靠近山區，從市區搭公車大約30分鐘可以到達。校園設施完善，附近有森林，環境優美。大部分的學院都座落於此，例如法律、理工、醫藥、社會科學學群等。除此之外，迎新日、足球比賽、社團活動大多也在此舉行。市區也有多個校區，例如20-Aout 校區，這裡有文史學院、圖書館以及國際處等行政單位。HEC管理學院則是另外一棟建築。在市中心的一間Mall裡也有列日大學的分部，有書店、諮詢中心、自修室及大型教室。

國外研修之課程學習（課內），另外推薦受益最多/最喜歡的課程

列日大學在選課的部分和中山大學流程上不同。在選課的時候需要跟你的承辦人討論課程的難易度以及是否符合你的程度，若實際去上課後需要修改自己的study plan 需要親自修改learning agreement 並和承辦人討論才能更改自己的課程計畫。

我修讀的學系為政治學系，該系所限制只能修一門本科系以外的課程因此只能選擇交符合交換學生的資格的課程來修習(Extra courses intended for exchange students (Erasmus, ...))在學分的部分有顯示才可以選擇該課程。

法語課程A1

法語課程上課的地方在Rue de Pitteurs 和其他上課的地方都是分開的，法語課程都是在這棟大樓上課。在報名法語課程後會有程度測驗，分為口語和閱讀測驗，若沒有基礎的話可以直接和口試官表明自己不會法文，他會將你分到A1的班級，並填寫時間的志願序。法語課程每個程度都有許多上課時間可以選擇，我選擇的時間是星期一和星期三16:00-18:00，時間可以依照自己的課表來安排。

我的法文老師是Sara Yan, 上課很有趣且很注重口語練習，很推薦大家選擇他的課程。上課是以全法文上課，班級採小班制人數介於15-20 之間，因此上課有許多和同學練習口說的機會。

考試內容

一學期有四次回家考試，要上Declic 完成閱讀和口語考試，閱讀的考試內容為老師上課所教，口語考試為錄下自己的想法。若沒有完成回家考試或請假超過四次的話沒辦法參加期末考試。

International Organization

這門課程的學生都為交換生，人數大約落在40-50 人，上課的地點位於HEC(商學院)，教授每周會討論國際組織的形成、歷史、以及現今面臨的問題等國際議題。這學期教授討論關於聯合國、歐盟、世界銀行等國際組織。平時上課沒有點名也沒有小考，評分標準包含了團體書面報告、口頭報告以及25題選擇題考試。分組報告的組員要自己找並選擇一個國際組織來書寫，針對他所面臨的問題以及組織歷史來書寫。我們組選擇歐盟為報告主題，並以歐盟前幾年面對疫情的措施為討論方向，包含了成立原因、組織歷史以及疫情所面臨的困難為討論主題。

這門課很推薦交換學生修習，上課內容豐富，能認識到不同的國際組織。因為交換學生大多修習該課程因此認識了許多不同國家的學生。

國外研修之生活學習（課外）

Buddy Program

交換/研修之具體效益（請條列式列舉）

1. 自己變得更獨立且主動找到解決問題的方式
2. 對於歐洲旅遊感到更加熟悉
3. 認識許多當地學生並更認識歐洲學校生活風氣

海外生活期間是否曾遭遇困境，及是否解決問題? 如是，請說明如何解決問題;如未解決，請說明事件最大的啟發及思考未來可以怎麼解決?

因為生活在法語區，每天出外買東西或坐交通工具都需要用到法文，從一開始不敢說到後來嘗試用法語點餐，到現在可以自己外面用餐都不是問題了。一開始會覺得很辛苦，但只要肯開口說法語口說能力就會進步很多。去超市買東西的時候只要看到不會的單字就上網找來增進自己的單字量。只要肯努力，法文能力會進步很多!!

海外生活期間是否曾遭遇文化衝擊，您如何去面對及適應?

文化衝擊大多為語言和文化習俗方面的不同。由於生活在法語區，在日常採購上有很大的困難，再加上列日並非大城市亞洲人較為稀少，因此走在路上一定會被側目。再者，大眾的目光是我剛到比利時最不適應的原因，身為亞洲人走在路上一定會被側目，但後來發現他們是因為好奇心所以才會盯著，換個角度想就慢慢適應大眾的目光□。

海外生活歷練是否為您人生帶來不一樣的改變或者個人特質上的轉變，最大的成長是什麼?

歐洲的文化擁抱個體的獨特性，在歐洲我更能盡情地擁抱自己的獨特性。現在的我變得更獨立，對於獨立旅遊和生活不再害怕反而多了點興奮感和期待感。在歐洲因為很常獨自旅遊的緣故，我在逐漸摸索的過程中找到了自己的旅遊模式和生活風格也感受到自己變得獨立許多。

您認為獎學金對您海外研修最大的幫助是什麼? 有無獎學金是否會改變您的出國計畫?

獎學金在經濟上提供我部分支持且能貼補生活開銷的費用。

感言及心得感想

利用大四一整年到比利時交換的決定很艱辛但也讓我收穫很多，很慶幸自己當初做了這個決定，也很幸運自己能利用這一年的時間到處旅遊和認識各國文化及交到來自世界各地的朋友。不論是學習、交友、旅遊上這一年的交換都帶給我很大的啟發且更加認識自己。

英文心得(包含學校簡介、課程學習、生活學習、具體效益、心得感想等等)

****University of Liège****

Founded in 1817, the University of Liège in Belgium is one of Europe's oldest public universities, established with state funding. It is situated in Liège, the capital of the French-speaking region in Belgium and the country's third-largest city. Over the past two centuries, it has developed into a comprehensive, world-class university known for its rigorous academic programs and top-notch research.

The university has several campuses, with the largest being Sart Tilman, located near the hills. It takes about 30 minutes by bus from the city center. This campus has excellent facilities, is surrounded by forest, and hosts most of the university's faculties, such as law, engineering, medicine, and social sciences. It also hosts many activities like orientation days, soccer matches, and club events. There are also several city-center campuses, including the 20-Aout campus, which houses the faculties of humanities and social sciences, the library, and administrative offices. HEC (Business School) is located in a separate building. Additionally, there's a university branch in a mall downtown with a bookstore, consultation center, self-study rooms, and large classrooms.

****Course Recommendations ****

Course Enrollment and Planning

At the University of Liège, course selection differs from what you might be used to at Sun Yat-Sen University. You need to discuss the difficulty level of courses with your coordinator and ensure they match your proficiency. If you need to adjust your study plan after classes start, you must update your learning agreement and discuss changes with your coordinator. In my case, as a political science student, I was limited to taking only one course outside my major and had to choose courses specifically for exchange students.

French Language Course A1

French classes are held at Rue de Pitteurs, separate from other courses. After enrolling, you'll take a placement test in speaking and reading. If you lack a basic level of French, you can directly inform the tester, who will place you in an A1 class and help schedule your classes. I chose classes on Monday and Wednesday from 16:00 to 18:00, which fit my timetable. My French teacher, Sara Yan, makes classes engaging and focuses on speaking practice, which I highly recommend. Classes are in French, with about 15-20 students per class, providing ample opportunities to practice speaking with classmates.

Exams

Each semester includes four take-home exams, which involve completing reading and speaking tasks on Declic. The reading test covers material from class, while the speaking test requires recording your thoughts. Missing more than four classes or not completing take-home exams means you can't sit for the final exam.

International Organization

This course, aimed at exchange students, has about 40-50 participants and is held at HEC (Business School). The professor discusses the formation, history, and current issues of international organizations. This semester's focus was on the UN, EU, and World Bank. There's no roll call or quizzes, but grading includes group reports, presentations, and a 25-question multiple-choice exam. Each group selects an international organization to research, covering its history and challenges. My group chose the EU and focused on its response to the pandemic, including its formation, history, and the difficulties faced. This course is highly recommended for exchange students as it provides rich content and the chance to meet students from various countries.

****Language and Adaptation****

Living in a French-speaking area, I initially struggled with using French for daily tasks like shopping and

taking public transportation. At first, I was hesitant to speak, but over time, I got more comfortable with tasks like ordering food in French. Now, dining out on my own is no problem. It was tough at first, but speaking French regularly really helps improve your skills. When shopping, I'd look up unfamiliar words online to build my vocabulary. With effort, your French will definitely improve!

****Cultural Shock and Adaptation****

Cultural shock mainly came from language and cultural differences. Since I was living in a French-speaking region, everyday tasks like shopping were challenging. Additionally, in Liège, which isn't a major city, there are fewer Asians, so I often attracted curious glances. At first, being stared at was uncomfortable, but I realized it was just curiosity. Changing my perspective helped me gradually adapt to the attention.

Reflective Thoughts

This has been a transformative year for me in Liège, Belgium, where I can expand both my academic and personal horizons. While at the University of Liège, I experienced a rich academic environment that broadened my horizons. With a diverse curriculum and dynamic teaching methods, the university challenged my intellectual abilities and encouraged critical thinking.

It was a pivotal experience living independently in Liège. Managing finances, handling logistics, and adapting to a different cultural rhythm were challenges in a new city. Through these experiences, I've learned problem-solving skills and developed self-reliance. It made me more resourceful and confident about handling issues as they arose, from simple things like setting up a bank account to more complicated stuff like unexpected housing problems