

中文心得

A. 學校簡介

THI 商學院(Technische Hochschule Ingolstadt)，雖說是商學院，但該校主要的科系是動力機械、電腦、資訊工程。該校位於 Ingolstadt，最著名的便是汽車大廠 Audi 的總部，而所有的交換生在開學前都可以去總部參觀汽車製造的車間，了解德國汽車業的製造模式。

B. 國外研修之課程學習 (課內)，另外推薦受益最多/最喜歡的課程

Business Simulation,可以讓學生學到如何經營一間企業，從採購、生產、銷售、研發、人資、財務

共六個部門下去思考長期經營企業該做出怎樣的決策，且組內包含交換學生和德國本地學生，透過團隊討論可以讓彼此更了解不同國家的企業經營方式並訓練英文口說、分析報告撰寫。

C. 國外研修之生活學習（課外）

曾參與過學校舉辦的年度創業競賽，在台下當觀眾並有權對台上的團隊進行投票，在競賽結束後與參與創業競賽的團隊、業師一起討論想法、經驗及產出新的 idea，而我也分享過去在台灣曾參加商業競賽的經驗，在活動中集合眾人的智慧找出潛在的社會痛點和可能的解決方法。

D. 交換/研修之具體效益（請條列式列舉）

1. 透過上台報告或參與研討會，英聽和口說顯著進步
2. 與各國學生在課堂上討論有關企業經營、文化差異的內容
3. 與不同國家的學生生活在同一個宿舍，體驗各國飲食與生活文化
4. 學會獨立生活，此外許多行政流程皆須自己完成，如辦理銀行、保險、出入籍等
5. 參觀各國博物館了解各國的文化、歷史背景、藝術等
6. 走過 18 個國家並環遊世界一圈，體驗各國生活或當地的娛樂方式

E. 海外生活期間是否曾遭遇困境，及是否解決問題？如是，請說明如何解決問題；如未解決，請說明事件最大的啟發及思考未來可以怎麼解決？

在德國離境前由於要安排未來在西班牙、秘魯、澳洲的行程與住宿，故將歐洲銀行卡裡的歐元花光，但因為離境要通知保險公司退保，而退保後幾天就會收到帳單，但我的銀行卡裡沒有足夠的歐元，其他的台灣銀行卡要轉歐元可能需要臨櫃辦理。但若逾期繳款會有額外罰款，與此同時我已經在西班牙的巴賽隆納旅遊，無法親自去德國保險公司辦理。情急之下詢問同住青旅的中文母語者可否付她現金、對方再轉帳到我的保險帳號，最終是順利的解決問題。

F. 海外生活期間是否曾遭遇文化衝擊，您如何去面對及適應？

在出國交換前就已經知道德國人素以嚴謹著稱，原先認為德國人是很可靠的，但實際與德國人

共事過才發現並不是所有德國人都很認真負責，且「嚴謹、按部就班」可能會使團隊在做決策時遭遇困難。例如在企業經營時，財務部門需要在各個部門做決定時一起參與以便控制成本，但德國人認為要按部就班，根據銷售、生產、研發、人資等的順序，最後才輪到財務做決策，如此必有預算大幅超支的問題。

在面對此問題時只能透過我有的相關競賽經驗及財管相關學歷，並積極地參與每個部門的討論，盡可能地避免資金浪費與預算超支的問題，雖然最後還是因為成本控制不當而倒閉，但也因此知道若未來發生類似的事情，在自己的專業上就必須堅持到底避免倒閉。

G. 海外生活歷練是否為您人生帶來不一樣的改變或者個人特質上的轉變，最大的成長是什麼？

海外生活歷練讓我體驗獨立生活、時間控管、人際交流、文化體驗、英文口說與獨處。因為在國外必須獨自處理好所有的問題，即便你可能問了你室友們但他們可能也愛莫能助，時間管理則是考驗在有限的時間內達到旅行和上課的平衡點，時常出國玩要帶著筆電且晚上還要和同學跨時差討論，人際交流和文化體驗主要是和他人喝酒聊天有關，從個人背景到各國歷史、政治經濟都可以讓自己更加國際化且增進英文能力。而我認為最大的收穫是學會獨處，在看到風景或是某些情況可能有內心成長的感覺，原先不理解的長輩教誨，在特定情況下可以領悟，例如趁年輕的時候見見世面、國高中讀的知識就是為了出去玩時不走馬看花等。

H. 感想與建議

透過這次的出國交換，不僅達成我原先預設的目標，如增進英文能力、交外國朋友、體驗海外生活，也從當地人和博物館學到很多當地的歷史和背景故事，體驗國外獨有的活動，例如狗拉雪橇、沙漠露營、雅馬遜河划船等。除此之外也達成環遊世界的人生夢想，獨自在只能用英文的情況下走遍歐洲、拉丁美洲、澳洲且沒有遇到太大的問題，不僅增廣見聞也無形中訓練了自己的膽量。

英文心得

My time at THI Business School (Technische Hochschule Ingolstadt) changed me a lot, both in my studies and as a person. The Business Simulation course was really important because it wasn't just about learning from books. I got to experience what it's like to run a company, and I faced challenges in areas like buying materials, production, sales, research, HR, and finance. Every decision felt important, and this hands-on experience helped me make better decisions and understand how a business works. I also went to the school's annual entrepreneurship competition as an audience member. Even though I didn't join, I was able to vote and talk with the teams and industry professionals. These conversations gave me new ideas about real business problems and solutions, and I enjoyed meeting people from different backgrounds.

But the most important lessons I learned were outside the classroom. My whole time abroad helped me grow as a person and understand myself better. Living in a foreign country meant I had to adapt to new situations and deal with cultural differences. Talking about business with classmates from different countries or even just sharing meals taught me a lot about different points of view and how they affect problem-solving. I learned that communication is really important, not just in English but in understanding different cultures and learning from others. This was even more clear in group projects, where we needed more than just language skills—we needed patience, understanding, and an open mind.

Life outside of school brought its own challenges and gave me many chances to grow. I had to deal with things like managing money in different currencies, setting up a bank account, and learning local customs. These experiences taught me how to be adaptable and strong, which are useful both in school and in life. One of the hardest problems I faced was when I needed to pay an insurance bill in Germany after I had already left and spent all my money from my European bank account. I was able to solve the problem with the help of a fellow traveler, and this taught me the importance of being resourceful and making connections with others, even in difficult situations.

Looking back, I see how much more confident and independent I've become, and I've learned a lot about the world. Living alone in a foreign country made me take on new responsibilities, and I learned to rely on myself. I also got more comfortable with spending time by myself and learned to enjoy quiet moments. Meeting people from different cultures and visiting local places gave me a broader view of the world and made me even more curious. My exchange wasn't just about learning in the classroom; it was a journey that helped me understand

myself and the world better. It also brought me closer to my dream of traveling the world, and I'll always be thankful for the experiences and lessons I had during that time.