

學校簡介

紐倫堡技術大學喬治·西蒙·歐姆 (Technische Hochschule Nürnberg Georg Simon Ohm, 簡稱TH Nürnberg; 英語名稱為Nuremberg Institute of Technology Georg Simon Ohm) 是一所位於巴伐利亞州紐倫堡的公立技術大學。是巴伐利亞州第二大的技術大學。現任首席執行官為Reinhardt Dr. Stolle。學校的名稱是為了紀念喬治·西蒙·歐姆 (Georg Simon Ohm) 而命名的。喬治·西蒙·歐姆曾於1839年至1849年間擔任該大學前身——工業高等學校 (Polytechnische Schule) 的教授和校長。主校區位於靠近紐倫堡市中心的Wöhrder Wiese) 周圍, 其他設施分布在城市各處。

國外研修之課程學習(課內), 另外推薦受益最多/最喜歡的課程

最喜歡的課程是Area Study: Doing Business in South Africa, 這堂課分成上下學期開, 寒假和暑假開課研究的區域不同, 通常上學期研究的區域會是China。這門課講解了許多南非相關的文化、政治、商業等等, 老師也很用心的邀請南非籍老師來到現場上課, 透過當地人的視角可以更全面地了解到真實的南非。這堂課也並非僅僅只是透過講授的方式學習, 學期中老師有辦一場三天的seminar集結交換生、在地學生一起討論會因此聽到很多不同的看法, 也邀請不同的講師分享。

國外研修之生活學習(課外)

德國的生活基本上不會不方便, 儘管德文不好也不需要太擔心(但還是建議可以學基本的日常對話)。出國交換在生活上最大的學習點, 撇除要打理好自己的日常生活以外, 就是要學會如何善用手上的資源(包含: 時間、金錢)。交換期間一定會想到處旅遊、看看世界, 但是資本有限, 如何妥善利用所擁有的時間和金錢並將其效益最大化不讓自己留下遺憾會是在交換期間會有的學習, 但也會因此更認識自己, 更知道自己的偏好。

交換/研修之具體效益(請條列式列舉)

1. 增加國際視野
2. 更清楚知道自己未來的方向
3. 語言能力

海外生活期間是否曾遭遇困境, 及是否解決問題? 如是, 請說明如何解決問題; 如未解決, 請說明事件最大的啟發及思考未來可以怎麼解決?

無

海外生活期間是否曾遭遇文化衝擊, 您如何去面對及適應?

在出國之前就對德國已經有做了基本的了解, 所以文化衝擊沒有非常嚴重。只是面對這些不同會從紙上談兵到實際體驗確實需要一些時間適應。首先是「德鐵誤點」, 德鐵誤點的情況真的頗為嚴重, 雖然沒有因此有過重大損失或無法克服的困難, 但要養成搭得鐵時就要保有備案的習慣, 才能即時應對問題。再者是「商店平日早早關門, 週日固定不開」, 在台灣24小時都有便利商店的生活環境, 確實比較難適應晚上八點街上的超市幾

乎都已經打烊，日常的吃食、生活用品都要定期補貨準備好，避免臨時有需求但商店都已關門的問題。

海外生活歷練是否為您人生帶來不一樣的改變或者個人特質上的轉變，最大的成長是什麼？

過去一直沒有機會出國，也一直都非常想去歐洲以及世界上的其他地方看看，但是基於各種因素下總是會有一種出國需要天時地利人和的框架，所以對我而言出國在我的想象中是困難且遙遠的事情。不過這次出國之後最大的感受是其實它可能是一種遙遠的理想，但同時也只是一張機票的事情。總而言之，本次交換經驗給我最大的收穫是，有想做的事情可以趁早完成，它不一定如想像中那麼遙不可及，即使過程可能有困難，但真的遠比留下遺憾好得多。

感想與建議

交換這半年時光飛逝，一下飛機的那一刻感覺身邊充斥著自己不熟悉的語言，機場、車站裡的標示也都不是自己原本熟悉的樣子，一開始連要問個路都是挑戰。漸漸的透過學校舉辦的交換生活活動更認識其他交換生或在地生、藉由超市、地鐵等等更了解當地的飲食和文化，就會開始對自己所在的這座城市有歸屬感。交換的這半年也去了其他國家，深深的感受到國際性城市所擁有的資源、歷史悠久的歐洲所擁有的文化資產規模之龐大，中學時期地理歷史課本上的那些人物和景觀都浮現在了眼前，這是在台灣無法體驗到的感受，也必須是透過親身體會才能這麼深刻。遊歷各國期間，其實也能感受到所在城市的美好，對我而言他就像在歐洲的家，每次旅遊結束拖著疲憊的身軀回去的那個空間雖不大但是什麼都具備的宿舍。直到要坐上返國班機的那一刻，都還是會覺得這一切好似一場夢，去了很多地方，感覺自己哪裡變得不一樣了，但又好像什麼都沒變。回台灣之後還是會想念起在歐洲愜意、慢步調的日子，想念那個宜居的天氣、廣闊的公園和街道，交換是一次很美好的體驗，非常值得一試。

英文心得

Technische Hochschule Nürnberg Georg Simon Ohm, commonly known as TH Nürnberg or Nuremberg Institute of Technology, is a public university of applied sciences located in Nuremberg, Bavaria, Germany. It offers a wide range of programs in engineering, business, design, and social sciences. The main campus is centrally located near the Wöhrder Wiese city park

I took three courses, one of which was "Area Study: Doing Business in South Africa." This course gave me a deeper understanding of everything about South Africa, which was very interesting. Additionally, the professor organized a three-day seminar, which was incredibly enriching. During those three days, my classmates and I discussed the business conditions in China, Germany, and South Africa. The professor also invited three lecturers from China, Germany, and South Africa, respectively, to provide explanations, allowing us to gain a more direct understanding of the business, cultural, and other backgrounds of these three countries.

During my time abroad as an exchange student, I had to cook dishes from my hometown using unfamiliar ingredients and incomplete tools, often searching for various substitutes. Through these experiences, my cooking skills improved during the exchange period. However, the greatest overall achievement was learning how to live independently. Unlike in Taiwan, where friends and family are always around, life abroad can be more solitary, and finding someone to talk to isn't always easy. Therefore, learning to live with myself and manage all aspects of life was a significant gain. Regarding the overall experience of my exchange life, I believe Germany is a very livable country. The average temperature isn't too cold or too hot. Nuremberg, being the second-largest city in Bavaria, isn't a bustling metropolis, but it's still quite a convenient place to live. The prevalence of English here is also fairly acceptable, making it possible to manage all daily necessities. Overall, I think choosing Nuremberg for an exchange program was a good decision. When I first arrived in Nuremberg, I didn't really like the city because it didn't have the European castle-like cityscape I had imagined. However, after spending six months here, I gradually began to appreciate the beauty of the city. Over these six months, I went from being anxious about not being able to adapt to life abroad to feeling reluctant to leave when it was time to go. I realized that things weren't as difficult as I had imagined, and in fact, everything turned out even better than I expected.