

學校簡介

捷克科技大學是一個以理工科系聞名的學校，並且也是捷克最大跟最好的學校，學校所在地是在布拉格的第六區，該區治安跟交通都非常安全和方便。捷克科大在接待國際學生的部分做的非常完善，入學前會提供當地的學伴聯絡方式，在抵達第一天時學伴只要有在布拉格都會來接機，此外交換期間國際學生會也會舉辦不同類型的活動，帶領交換生認識其他學生以及捷克當地文化。捷克科技大學的冰球隊也很有名，如果剛好趕上冰球的賽季時，推薦一定要去觀賞一次比賽！

國外研修之課程學習（課內），另外推薦受益最多/最喜歡的課程

在交換期間總共修讀四門課程，分別是兩門專業課程以及兩門認識當地文化的課程：Cultural Management、Green Transition、Czech Language、Czech Culture。在專業課程中可以感受到捷克與臺灣課程進行的步調非常不同，這兩門專業課程分別是大學部跟研究所開立的，但老師們都是用大量討論的方式去引領學生思考和吸收知識，比較像是在臺灣研究所課程那樣，不過在捷克課堂中所討論的題目往往事先都不知道，老師們都是現場依照課程進度才提出討論的題目，給予學生20分鐘左右的準備時間後，隨機分組進行討論。前幾堂課面對這樣的討論方式手無足措，因為其他來自歐洲的交換生們對英文授課習以為常，對於英語口說也駕輕就熟，找資訊的速度也很快，我一開始不知道該怎麼提出我的想法以及很努力地跟上大家討論的速度，到後來課程結束前相比第一次已經可以較為流利的提出想法。此外在課堂中也很明確感受到歐洲學生會很踴躍提出自己的看法，不會去爭論或擔心對錯，對於同學之間提出的看法也會補充自己的想法。在文化課程中，其中捷克文化課程是捷克科大的國際處所開立的課程，另一門捷克文則是學校開立。國際處在安排捷克文化課程時非常用心，分別安排政治、經濟和藝術專業的老師來向我們分享捷克的特色和歷史，並且安排博物館行程帶我們認識布拉格。

國外研修之生活學習（課外）

捷克科技大學安排的宿舍是六至七人一間家庭式類型的寢室，除了同房室友是同校同學之外，其他室友則是來自不同的亞洲國家，而這樣多文化的相處不單純可以訓練英文口說的能力，更是深入認識不同文化的絕佳機會。自從第一個月我們約好分享彼此國家的家常料理後，我們寢室每個月都會安排一次全寢室的聚會，坐下來分享這個月的旅行見聞，學習彼此國家生活的簡易語言，也會一起去探索布拉格的城市角落。此外我也會利用課餘時間去各國遊覽，把握交換期間去體驗歐洲不同區域的文化。

交換/研修之具體效益（請條列式列舉）

1. 培養多元觀點：因為會跟大量不同國家的同學一起上課和生活，此時是絕佳的機會去了解不同國家的文化及做事的觀點，而且同學之間會很樂於分享跟包容。
2. 精進外語能力：基本上上課跟生活都是使用英文溝通，所以英文口說會大幅進步，此外如果有心也可以跟同學們學習他們當地的語言，就有機會學到第三第四外語，我自己就學了捷克文跟一點點韓文。

海外生活期間是否曾遭遇困境，及是否解決問題？如是，請說明如何解決問題；如未解決，請說明事件最大的啟發及思考未來可以怎麼解決？

我覺得對我而言比較多是生活中遇到的小小狀況，在歐洲旅行或著是生活常常會有很多非預期加上非公開資訊造成的狀況，比如說老師們不知道學校哪幾天放假，導致我們白跑一趟教室，又或是去機場的路臨時封路但都沒有公告，讓我們沒趕上飛機等等。

海外生活期間是否曾遭遇文化衝擊，您如何去面對及適應？

捷克人有個跟西南歐很不一樣的地方就是不太對陌生人笑，而且英文能力還是會依照年齡層有很大的不同，住宅區部分的店都會只說捷克文，日常生活中一開始遇到時會覺得也太不友善，後來發現就是持續笑回去其實他們也就會理你，不能用英文溝通就搭配手機翻譯軟體跟比手畫腳溝通。

海外生活歷練是否為您人生帶來不一樣的改變或者個人特質上的轉變，最大的成長是什麼？

我自己覺得是語言能力跟與他人分享觀點的態度會差蠻多，歐洲的人在生活中樂於分享自己的想法和經歷，在旅行期間也因為住在青旅會跟不同的人聊天，我從一開始出去玩不太跟別人搭話，後來也會主動跟別人聊天

您認為獎學金對您海外研修最大的幫助是什麼？有無獎學金是否會改變您的出國計畫？

減輕經濟壓力

感言及心得感想

學生時期出國看看不同的世界真的是金錢成本最低的時候，如果有點積蓄然後搭配國家補助後有餘力的話，真的很推薦可以去其他國家交換，無論是哪一洲都很好，因為不管是哪裡都不會是自己習慣的環境，透過交換時面對不同的狀況而被激發出的應變能力或著是生活、課業中遇到不同國家的人交換不同觀點都是很難能可貴的事情。

英文心得(包含學校簡介、課程學習、生活學習、具體效益、心得感想等等)

From my perspective, being an exchange student in CTU was very lucky because we get a lot of effective help before arriving. And I will separate two parts to talk about the reasons why I felt lucky. The first part is about ISC. Before we arrived in the Czech, they arranged an exchange buddy for us. That's helpful! I could ask a local person anything about the weather, school life, or daily life, and got perfect suggestions or answers. I was really surprised and appreciated that my exchange buddy caught up with me at the train station and helped me arriving the dormitory fast and safely. Because I was an ISC member when I was a university student, and at that time, we did not do lots of things like CTU ISC did. So, I can understand it is not easy to organize plenty of activities and arrange exchange buddies. Although I did not join lots of activities this semester, it was excellent to have lots of activities that we could join this semester. The most impressive one is culture evening because it is not easy to meet friends from different countries and this was the best time to know different habits and cultures. We could know what is special or some knowledge in these countries and also shared our countries with others by presenting and foods. I remembered while in the culture evening which topics included Taiwan, I and other Taiwanese students discussed what we goanna prepared for a few days because there are lots of delicious food in Taiwan and we cannot decide which are the best and easy cooking. After interviewing some students not from Asia, they told us that when they every time heard Taiwan, it is easy to think of bubble tea. So, based on those thoughts, I and my roommate decided to prepare bubble teas which are really like what we usually drink in Taiwan. And after tasting bubble teas, almost every foreign student complimented us and shared their ideas with us. But I want to suggest that if ISC organizes a group game, they can find out more efficient ways to separate students into different groups. I remembered when I want to join the Prague discovery game, I took around half an hour to wait for joining a group, so I just give up playing the game.

The second part is about administrators in CTU. Before arriving, we always got very useful information in detail and in the first time. Besides, when I asked any questions by email, I got helpful replies as soon as possible. During the week of selecting classes, the administrators of my faculty helped me deal with the problems of the system and courses, which made everything perfect.

Next, I will share about the classes I took this semester and the classes are "Cross-cultural Management", "Green Transition" and "Czech Language". I experienced many ways different from attending classes than in Taiwan like we introduced ourselves in each first class or we had lots of discussions in the classes.

First, I met lots of foreign students in Cross-cultural Management class, so when we discussed case studies, we could provide plenty of perspectives and share the behaviors in our countries. Our final presentations were sharing about the business manners, cultural features, and stereotypes of different countries such as India, Egypt, Spain, France, and China. I loved this part because it really changed my stereotypes of other countries. Take India for example, I thought it was not a country with a clean environment and unfriendly to girls due to social media, but my classmate told us that India is a very large country, and each area has its own habits, in his hometown is very respectful to girls. Second is Green Transition which was my favorite class this semester because the professor was conscientious in everything. On the first day of the class, he introduced all the class rules in detail and discussed the direction of the course contents with us. In each of the following classes, professors not only taught us the knowledge of green transition but also prepared different topics and separated all students randomly to guide everyone's deep thinking. This is very different ways from the courses I took in Taiwan and I love it, it made me start to think about every detail as I previewed the slides. I also increased my speed of thinking, organized all the information that I heard from the teacher and other students, and prepared the perspectives that I wanted to share in a short time. The teacher always encouraged us to provide our viewpoints and not worry about the words we said were correct or not, he always listened and guided us to express. Besides, the courses were interesting because the teacher divided the presenting assignments to different ways such as essay, paper introduction, paper review, art intervention and mind-maps, and my classmates showed us some surprising information especially in art intervention. We expanded our imagination from these activities, for example, one of classmates shared a board game about green transition progress, and another classmate talked about the attendee all wore eco-friendly clothes in one of the famous ceremonies.

Third, I learned some Czech daily words in Czech Language. The professor taught us some useful words let us can use them in supermarket or restaurant. I can recognize some words and order meals easily in restaurants now. But for me, it was pity that the professor could not listen and correct our pronunciations more carefully due to the short lesson time. Because I think the pronunciation is important part in learning a new language. If possible, I recommend maybe can postpone the lesson time or professors can rearrange the time and give speaking part more time.

I will divide to several parts to share my life in the Czech Republic. The first part is about my dormitory life. In these days, I improved my English skills a lot and knew more things from different culture because my roommates are come from Korea and Thailand. In first month, we held our own culture evening and I found out that sharing foods can easily start a conversation. We separated to three groups as Korean, Thailand and Taiwan to cook special foods from our countries. Korean's girls not only cooked their famous meals and desserts but also prepared some Korea local party games and taught us how to play. We shared a lot of thoughts about our countries, discussed about those differences between us and talked about how we cooperate and respect each other in this semester. We usually stayed together not only sharing our daily life but also exchange our experiences and souvenirs from our travels until now. We always tried to learn each other's mother language and asked about different habits between our hometowns when we meet any situation in our daily days. And I always made bubble teas for my roommates after they told me that they relay like to drink bubble teas when they in their hometown. Besides, we usually plan some activities to get together. For example, we went to Petřínská rozhledna for picnic, borrowed the media room to watch some Korea dramas and used the table tennis room to do exercises.

The second part is experiencing the Czech festivals. There are many different festivals between East and West and we seldom celebrate the Eastern festival in Taiwan, so this was my first time joining the Eastern festival. Although the Czech Republic did not celebrate the Eastern like other countries, it had its own special celebration that was using Pomlázka to hit a girl's ass. I was shocked by this celebration when I heard it, but after explained by some local people, I gradually changed my idea. First time I thought it might be hurtful and disrespectful to women, and I found out I was wrong after watching the videos of the celebration. From this experience, I found out that I must be more open-minded to the unknown. I should take time to understand it at first and not only respect it but also can learn to join it. Another special festival is Pálení čarodějnic. I did not know about this festival before my roommate invited me to join this celebration. It's cool that everyone got together and counted down to the time of the burning witch. The third part is watching the opera and drama in a theater. When I am in Taiwan, I usually watch dramas in every season. Because I seldom watch opera in Taiwan, I planned to watch some operas in Prague. I watched "La traviata" in March and it was interesting experience. There are few points different from my country. First one is that we seldom put our coats or bags in cloakroom and I remembered that we even do not have cloakroom in theaters. When I went to the national theater, I did not put my jacket in cloakroom at first time until the staff explained to me. Second one is there were small screens with subtitles in each seat, and this was very convenient to foreigners. Last one is there is a shop provides foods and drinks to audiences in Prague although it did not open in March. In Taiwan, all theaters prohibit the audiences drink or eat inside theaters.

The last part is about the food. We tried several local restaurants in Prague. My favorite one is near Karlovo náměstí and it is a very local restaurant. Most staff do not speak English and the restaurant only accept cash. I could experience what Czech people eat in their daily life and order the meals in Czech ways. I remembered the first time I visited there, when I stepped into the restaurant, I stood there and waited for someone taking me to the table. But I waited for three minutes, and nobody took me, there was a kindly person who told me that I could find a table by myself at that time. After ordering the meals by my body languages, I got very tasty dumplings and delicious desserts. I had been returning to that restaurant a lot and recommended it to other exchange students since that day.

I'm happy that CTU provided this class to exchange students and love the course of CCC because I learned lots of knowledge of the Czech Republic in this course. Professors usually used very simple ways to let us understand all the knowledge and recent situations of the Czech Republic. And I also like the various tips from each group because I could know or get some information which I did not mentioned it before. Take jazz clubs and ice hockey games for example, I did not know there are lots of jazz club in Prague and CTU has ice hockey team before.

But I would like to suggest some ideas for architecture class, maybe professor can use outdoor introductions instead of only presentations. I'm not living in Europe, if I get lots of knowledge of

architecture in one time, it will be uneasy to understand. But if professor can introduce all knowledge and show us the examples at same time, it will be much easier to understand, just like he introduced the history of Pražský orloj before we went to Prague City Museum. I still remembered the knowledge and design ideas of Pražský orloj, and when I met other similar clocks in other countries, I could even introduce to my friends. It's a perfect experience for me to visit Prague City Museum, and if possible, I suggest this course can add more activities of visiting museums because it's great that we had professional introduction to let us know some histories while visiting museum.

In summary, this is a very special and perfect exchange life for me. Before arriving in Prague, I had lots of worries of everything in here. Thinking back to these days in Prague, I'm glad that I chose to come to CTU to be an exchange student. Although some people think Czech people are not friendly, but every time when I show my kindness to them, they usually smiled to me and helped me. If I didn't live here for few months, I could not have these chances to turn over the stereotypes which I heard from others and experienced local life.