

學校簡介

韓國中央大學(CHUNGANG UNIVERSITY □□□□□)是韓國著名高等學府之一，是一所韓國私立大學，據《中央日報》2017年韓國排行榜，中央大學整體第七，戲劇系、電影系和攝影系最負盛名，均名列第一，藥學亦排第四；據2016年QS世界大學排名中央大學位列世界386名，泰晤士亞洲大學排名2018位列50名，中央大學背後資助的財團為韓國的大企業斗山集團。

國外研修之課程學習（課內），另外推薦受益最多/最喜歡的課程

在韓國研修期間我總共上了四堂課程，分別是中級韓文(A/B)、韓國現代電影及流行音樂、中文會話。其中我覺得韓文課程以及中文會話課程是能在交換期間認識朋友的很好的課程，中級韓文課程的部分只要是對韓文有一點基礎的同學來說都不會太困難，也能認識同是來自台灣的交換生或是其他國家的外國交換生，老師也會出一些有趣的課題，例如：讓同學分組參觀韓國著名景點後報告介紹之類的，是一堂可以輕鬆學習韓文的課程。

關於中文會話課程的部分，如果是因為韓文級數問題沒辦法選修韓文授課課程的話，中文會話課程是一個很好認識韓國同學的機會，會選修這堂課的韓國同學大部分都有中文基礎，很樂意跟你交流，老師也會幫忙同學把中文母語的同學以及學習中文的同學打散分組，我選修這堂課的時候這兩部分的同學其實是一半一半的，所以不用擔心只有自己講中文，平時小考以及段考的部分中文母語的同學是用韓文考試，課堂討論也能練習到韓文，對我來說是交換期間最推薦的課程。

國外研修之生活學習（課外）

在韓國生活的時候有外國人登入證很重要，有外國人登入證才能辦銀行，手機才能實名認證。韓國的網站要註冊會員或是買東西、叫外送幾乎都需要有十名認證才可以，所以初期到韓國沒有實名認證的話會很不方便。如果是交換生的話交換校通常都會協助交換生統一申請外國人登入證，但其實學校統一申請的話速度很慢，可能會比自己申請晚一個月才拿到登入證。所以如果想要快點拿到登入證的話建議可以自己到出入境管理局申請，很多人是在入境後才上網預約時間，但其實用護照號碼在台灣就能提前預約了，這樣到韓國後就能用最快的速度拿到外國人登入證，在韓國的生活就會更加順利。

交換/研修之具體效益（請條列式列舉）

1. 比起在台灣一個禮拜上一次韓文課時韓文能力大幅增進，也學習到更多本地人的生活用語、遣詞用字。
2. 認識不同文化背景的朋友，增進國際視野，在台灣上課時其實認識的外國朋友不多，在交換期間認識了很多外國朋友。
3. 學習一個人解決問題，在國外生活其實面對很多困難都需要自己處理，自己找尋問題的解決方法。

海外生活期間是否曾遭遇困境，及是否解決問題？如是，請說明如何解決問題；如未解決，請說明事件最大的啟發及思考未來可以怎麼解決？

在交換期間我曾經在地鐵站遺失過錢包且當下收機沒電的情形，當時蠻慌張的因為幾乎所有的證件、信用卡等等都放在遺失的錢包裡。在當下我是去找了地鐵的站務員提供協助，但沒有找到錢包，因為身上任何卡跟現金都是遺失的狀態，所以當時站務員有免費讓我搭到最靠近我們學校的地鐵站下車，還好當時已經熟悉了附近的環境不用手機也能自己順利回到宿舍，不然其實蠻危險的。

在冬天的時候韓國會到零下，我當時用的手機如果在空氣中待太久的話常常會自動關機甚至有手機電量直接歸零的狀態，在國外生活如果收機沒辦法用的話對外國人來說真的會很困擾且有危險，建議包包裡隨時都要準備好充飽電的行動電源。如果像我有錢包遺失的狀況記得要先去銀行掛失，韓國補辦新卡的話很幾分鐘就能拿到新卡了，台灣卡的話我當時是補發後請剛好近期有要到韓國的朋友幫忙帶，沒有的話用寄的也可以。雖然我最後還是有拿回錢包，但裡面的現金都被拿走了，建議平常不要放太多現金在錢包裡，在韓國刷卡反而比較方便，然後可以在錢包裡放聯絡方式之類的，這樣別人撿到也比較容易找回來。

海外生活期間是否曾遭遇文化衝擊，您如何去面對及適應？

在前往交換前我已經有到韓國旅遊過的經驗所以並沒有很大的文化衝擊，比較衝擊的可能是韓國抽菸的人比台灣多很多，在校園內也會有許多抽菸區，但如果不喜歡煙味的話避開就可以了。另外因為韓國人性格比較急的關係，在路上可能常常會跟人相撞但對方不會有甚麼反映，所以我之後也習慣了韓國這種撞到人比較不會有表示的行為，當然不小心太大力撞到對方其實還是會道歉，就只是比起台灣在韓國撞到人其實是很平常的一件事，對方就算沒有道歉之類的也不用太在意。

海外生活歷練是否為您人生帶來不一樣的改變或者個人特質上的轉變，最大的成長是什麼？

這次的交換讓我體驗了在不一樣的文化環境中生活，讓我變得更能快速適應環境以及更獨立自主，我在交換期間也認識了很多來自不同國家、不同成長背景的朋友，這是在台灣從來沒有經歷過的。我認為我比起以前更能獨自面對遇到的困難以及問題，這是在交換期間內最大的成長。

您認為獎學金對您海外研修最大的幫助是什麼？有無獎學金是否會改變您的出國計畫？

因為在韓國的生活開銷其實比起台灣來的多很多，學校提供的獎學金差不多填補了我在韓國的生活費缺口，讓家裡比較能提供我上語學堂的資金，在上語學堂的過程中我認為我的韓文能力比起去韓國前進步了不少，如果沒有獎學金的話我可能無法有就讀語學堂的機會，對家裡開銷也會產生更大的負擔。

感言及心得感想

我從以前就對在韓國生活很有憧憬，之前只有去旅遊過的經驗，所以一直很想在那 生活一段時間看看，多虧了交換生的計劃我才能達成一直想完成的心願，這一切對我來說是很珍貴的一次經驗以及回憶，認識了比我想像中更多的人，也嘗試了很多沒嘗試過的事情，之前到韓國旅遊也只有去過首爾，這一切我也去了釜山、濟州島、京畿道等我之前沒有機會去的地方，因此我覺得交換計畫是提供給學生出國很好的一次機會。

在語言學習方面，如果經濟還算允許的話，推薦可以上一次看看學校語學堂的課程，算是可以比較扎實訓練韓文的機會，就算之後沒有要持續的上課，也會比較容易知道之後自己要怎麼讀會比較好，在課程上也能認識其他國家的朋友，另外也會提供跟韓國的學生語言交換的管道，有更多練習口語的機會。

比起在課堂上認識的朋友，我在課堂外認識的朋友更多，如果在交換的期間找一件自己有興趣的事來做，也能意外的認識很多人，比如說去咖啡廳、參加社團等等，像是我是喜歡看公演。韓國算是公演文化很發達的國家，每個禮拜甚至每一天都有不同的表演可以看，最近也很多很便宜或者是免費的演唱會舉辦，在觀看這些公演的過程中我也認識了很多朋友，也會有跟韓國人互動交流的機會，因此我很推薦去韓國的交換學生去看一些自己有興趣或喜歡的公演。

英文心得(包含學校簡介、課程學習、生活學習、具體效益、心得感想等等)

1. School Introduction

Chung-Ang University, Korea - The Chung-Ang University (중앙대학교) where I studied is a Korean private university founded in 1916. The school has 19 colleges and 14 graduate schools, and has two affiliated hospitals in the medical school. The main campus is located in Dongjak-gu, Seoul, the capital of South Korea. There is also a branch in Anseong, Gyeonggi Province. The department I study in is located on the Seoul campus. Most of the departments located on the Anseong campus are art-related departments such as the Department of Dance and the Department of Fine Arts. In addition, Chung-Ang University's drama, film and photography departments rank first in South Korea.

2. Course study

"Intermediate Korean": I took the "Intermediate Korean" course for two semesters at Chung-Ang University in South Korea, which connected with my courses in Taiwan and continued to improve my Korean skills. Through this year of study, I not only learned about campus and daily life in Korea. It went more smoothly, I made friends who were also interested in Korean language and culture, and I was able to continue taking advanced courses after I returned to Taiwan. The professor will teach us Korean in a simple and interesting way during class, and will also use English to assist us, so that we can learn without burden.

"Chinese Conversation": Although the course is Chinese conversation, only half of the students in the class are Korean students, and the other half are students whose native language is Chinese like me. The reason I chose this class is because if I only took Korean classes, I would hardly be able to get to know local Korean students in the class. There would only be foreign exchange students like me participating in the class, so I chose this class hoping to meet some local Korean friends. In addition, unlike Korean students, students whose native language is Chinese have to practice Korean in class, and they also use Korean in exams. Through this class, I not only met Korean friends, but also learned Korean at the same time.

"Level 3 and Level 4 Courses at Chung-Ang University Korean Language School": Although there are free Korean courses on campus, I think the three-hour course a week will have limited progress in my Korean, so in addition to the Korean courses on campus, I also take classes at our school Self-funded Chinese language courses. The courses at Chinese Language School are more intensive than ordinary courses, with classes lasting four hours a day and five days a week. The total number of hours in one session is approximately 200 hours. Through this kind of intensive Korean course, I think it has greatly helped my Korean improvement. The teacher conducts the class completely in Korean, and I can communicate and interact with my classmates better. I highly recommend it and hope to improve it quickly in a short time. Students who are proficient in Korean will participate.

3. Life study

Ability to live independently: When I first arrived in South Korea, I didn't have any friends to exchange with. The epidemic situation at that time was still relatively serious, so I had to go to the health center for a quick screening on the day of arrival before I could move into the dormitory. My Korean was not good at that time. It wasn't very smooth, but I was able to quickly complete the screening and check into the dormitory smoothly. In addition, after arriving, you also need to apply for foreign registration certificate, bank account number and other necessary procedures. These need to be collected and completed by yourself.

Getting along with friends from different cultures: During the exchange period, in addition to Korean classmates, I also met many exchange students from different countries. In the first semester, my roommate in the dormitory was an exchange student from Japan. I also discovered that there are many places with different cultures or habits, in which we have to communicate in Korean, which is not our native language, to tolerate and understand each other. In the process of getting along with my roommate, I

also learned a lot of ways to get along with friends of different cultures. .

4. Specific benefits

1. Cultivate independence and train your own autonomy.
2. You must have the courage to take the initiative to talk and communicate with others.
3. Meet foreign friends with different cultures and expand interpersonal relationships.
4. Train your ability to deal with problems and respond to emergencies.
5. Learn to tolerate and understand different cultures and develop an international outlook.

5. Thoughts

I have always longed to live in South Korea. I have only had the experience of traveling before, so I have always wanted to live there for a while. Thanks to the exchange program, I was able to achieve what I have always wanted to do. This year It is a very precious experience and memory for me. I have met more people than I imagined, and I have tried many things I have never tried before. When traveling to Korea before, I have only been to Seoul, and this year I will go there too. I visited Busan, Jeju Island, Gyeonggi-do and other places that I had never had the opportunity to visit before. Therefore, I think the exchange program is a good opportunity for students to go abroad.

In terms of language learning, if the finances allow it, it is recommended to take a class at the school's language school. It can be regarded as an opportunity to practice Korean more solidly. Even if you don't have to continue taking classes in the future, it will be easier to know what you want to do in the future. It's better to study abroad, and you can meet friends from other countries in the course. In addition, it will also provide a channel for language exchange with Korean students, giving you more opportunities to practice speaking.

I have made more friends outside the classroom than I did in the classroom. If I find something I am interested in doing during the exchange period, I can unexpectedly meet many people, such as going to coffee shops, participating in Clubs, etc. I like to watch performances. South Korea is a country with a very developed performance culture. There are different performances that you can watch every week or even every day. Recently, many cheap or free concerts have been held. I also met a lot of people while watching these performances. There will also be opportunities to interact with Koreans, so I highly recommend exchange students going to Korea to go see some performances that they are interested in or like.