

學校簡介

南丹麥大學位於丹麥的幾個城市，包括歐登塞、科靈和松訥堡，是一所充滿活力的綜合性大學。學校的設施十分齊全，不論你是做研究、上課還是想發展自己的興趣，都能找到合適的空間。校園裡有現代化的圖書館、設備先進的實驗室，還有供學生創業和合作的空間。體育中心、學生宿舍和各種休閒設施也都一應俱全，讓生活和學習能夠平衡。學校也非常重視科技應用，很多教室都有數位設備，並支援線上學習。整體來說，SDU 提供一個自在、友善又具有國際氛圍的學習環境，適合想要在學術和生活上都有所成長的學生。

國外研修之課程學習（課內），推薦受益最多/最喜歡的課程

我在丹麥修了兩堂課，跨文化管理和一堂 Matlab 的課。跨文化管理的那一堂課教了許多不同文做生意時的習性和習慣。比如說美國人不怎麼在乎對方的名聲只要合約能夠簽好其他都不怎麼重要，但反過來說合約也是非常僵硬的沒有辦法因為現在狀況而在簽的約之後再與討論改變合約內容。Matlab 課程是一堂自習課，自己讀課本並且寫課本習題交給老師。

國外研修之生活學習（課外）

歐洲人非常喜歡的喝酒常常沒有在上課的時候就是從一個酒吧跳到另外一個酒吧，我跟他們一起跑一些酒吧看他們是怎麼在裡面玩的。

有放假的時候常常就會約幾個交換生一起到一個別的城市或另外一個國家體驗其他地方的風土人情。

歐洲外面餐廳實在太貴所以天天要在家裡煮自己要吃的東西也學了一大堆歐洲不同料理的製作方法。

交換/研修之具體效益（請條列式列舉）

交到很多不同國家的朋友

學習到了一些丹麥文

學到了歐洲是怎麼上課的

學會做很多歐洲的料理

了解歐洲的風土民情

海外生活期間是否曾遭遇困境，及是否解決問題？如是，請說明如何解決問題；如未解決，請說明事件最大的啟發及思考未來可以怎麼解決？

在剛搬到丹麥的時候我的住處還沒有著落。實際在丹麥之後和學校談了之後才有學校的宿舍可以住。學校要求我在 2 月前將房租匯到房東的帳號裡，但一月底是過年期間所以台灣所有的銀行都沒有開。在和學校和房東寄得非常多通 email 之後他們允許我延期到 2 月中。

海外生活期間是否曾遭遇文化衝擊，您如何去面對及適應？

我再去歐洲之前我就知道我想要過去體驗他們所有的不同文化和不同飲食所以過去的時候基本上所有事情都是一個文化衝擊，但因為我有心理準備是這樣，所以我想辦法去試驗看我不常做的事情，比如說天天吃沙拉麵包起司火腿等等，每個週末都被抓到兩三個不同酒吧，玩桌遊等。習慣了之後就沒那麼奇怪了。

海外生活歷練是否為您人生帶來不一樣的改變或者個人特質上的轉變，最大的成長是什麼？

我覺得我學到最重要的東西是，如果有什麼想做的事情就趕快去計畫趕快去做不要拖到以後。因為在歐洲短短的六個月，我知道時間不多所以我非常珍惜時間去了非常多不同的國家。體驗了很多新的東西我。如果能在台灣也有同樣的精神的話我相信我能夠做更多想做的事。

您認為獎學金對您海外研修最大的幫助是什麼？有無獎學金是否會改變您的出國計畫？

給乘風萬里獎勵金捐贈者的感言及心得感想

有獎學金讓我比較願意踏出第一步去交換。因為機票首先就是一各龐大的費用，學校有補助真的幫助相當得大。也非常感謝願意支柱大學生出去交換的人們沒有他們的話我大概量去交換聯考慮都不會考慮。

感想與建議

我如果之後還會再去交換一次的話我一定不會再去丹麥，因為丹麥實在太貴了。我應該會去一些東歐的國家，比如說波蘭捷克等等。那邊的物價比較接近台灣本身的物價所以這樣子比較負荷的來。

英文心得(包含學校簡介、課程學習、生活學習、具體效益、心得感想等等)

The university of southern denmark is a school located in multiple cities in denmark. It has really modern classrooms and teaching environments. Every single door there is accessible by your student id depending on your level of access. No keys involved. There is also a bar in the university building that only opens on Fridays so that students can go there to relax.

I took 2 courses: cross cultural management and a matlab course. You learn interesting facts about how different cultures do business differently in cross culture management and you learn matlab basics in the matlab course.

Life in Denmark very much revolves around drinking. Every day there's another bar that has some sort of event that people go to. If you're not a big drinker you can also take drips around Denmark either by bike or by train. Denmark has a very robust cycling infrastructure. There's dedicated cycle lanes separated from cars even on major highways. So if you want to you can cycle wherever you want. The trains in Denmark (DSB) are also really cheap if you buy the seats in advance. A trip from odense to copenhagen (around 170km) costs only 66Kr $\approx$ 203NTD thus making trains extremely affordable. Since I'm not doing a full degree program and only have 2 courses I could also spend a lot of time outside of Denmark such as in norway germany etc. flight tickets in europe are extremely cheap in europe if the time is right. I bought a round trip from Copenhagen to London for 40GBP. You could also take advantage of the various youth tickets that's present everywhere they are for people aged 18-27 and they normally give a discount of 30 to 50 %. So traveling is very incentivised.

After this exchange semester I had a big mentality change. Now looking back and seeing how much things I have done in the short 6 months that I was there, it's frankly amazing. The reason i could have done so much in such a short time was because i was not thinking of i wanna do this someday. I just went up and did it. I have lots of things I also wanna do in Taiwan. I'm sure that if I use the same mentality I would be able to achieve much more and do many more things that I like and want.

These 6 months in Europe have really changed how I think about things and it also gave me a taste of European life. And now I also know where I wanna go if I want to do my masters in Europe. All in all it was very worth it.