

# 哈拉代茲·克拉羅維大學返國報告書

## 一、學校簡介

哈拉代茲·克拉羅維大學位於在捷克名為哈拉代茲·克拉羅維的城市中，城市在布拉格的東北方，從布拉格搭約兩個小時的火車到達，整個大學的不同校區分開，遍布在這個城市中，而我所屬的是坐落在舊城區附近的資訊管理學院，資管學院建築及設備都很新，距離宿舍搭約 10 分鐘的公車就可到達。學校的課程多元，在管院課程外，也有語文課及體育課可以修習，學校的 Buddy system 健全，學期間會舉辦好幾個活動給交換生參加。

## 二、國外研修之課程學習（課內）

在交換期間修習的課程有三堂，分別為 Czech Language, German Language, English in Praticce，這些都是開給交換生的課程，Czech Language 的老師上課很幽默，但教學方式不像台灣的語文教學會從發音、文法架構一步一步的教，而是直接教我們一些生活會話，以及簡單字彙，讓我們透由這些對話及唸出來，試著去找出捷克的發音及文法架構，雖然學習捷克文很艱辛，但還是會推薦去上捷克文，在生活上或多或少會有幫助，就如我們這個城鎮的人大部分不會說英文(年輕人除外)，去用餐、超市、買票通常都要用破破的捷克文與店員溝通再加上一些比手畫腳才行得通，講英文在這個城鎮常常是行不通的。

Germany 老師是一個奶奶，上課不疾不徐進度緩慢，一個學期過後大約學會了一些德文的基本會話，English in Praticce 我是選 James White 老師，老師上課氛圍輕鬆，通常就是跟學生聊天，在上課中印象深刻的就是要學習聽不同國家的人說英文的口音，一個學期下來也漸漸習慣了。

## 三、國外研修之生活學習（課外）

在捷克交換期間，體驗不同國家的教學方式外，很寶貴的是可以在捷克當地做深度旅遊，上課之餘，我喜歡到捷克其他城市走走，首都 Praha、捷克的二大城 Brno、百威啤酒發源地 České Budějovice、童話小鎮 Český Krumlov、捷克邊境的巨石公園 Adršpach、鐘乳石洞 Punkva Caves 等，在捷克東南西北走跳，更能認識捷克這個國家，也越發喜歡這個自然景觀、人文風景都美麗的捷克。而在這裡，與其他交換生相處也很有趣，可以看見不同國家的人的特質，也認識不同國家的文化、食物等。在交換期間，廚藝更是大進步，從在台灣一日三餐吃外面，到捷克三餐幾乎都是自己料理，甚至最後可以做出了一桌台灣菜請其他交換生吃，也透由與國際生的相處，稱進了英文口語與聽力能力。

## 四、交換/研修之具體效益（請條列式列舉）

1. 增進英語聽力及口說
2. 體會不同國家的教學方式
3. 深刻認識捷克
4. 廚藝大躍進
5. 更加獨立

## 五、感想與建議

捷克位於歐洲中心的優越地理位置、舒適的氣候及相較於西歐平易近人的物價，都是出國交換非常好的選擇，尤其這間大學很棒的是有提供學生宿舍，住宿價錢為一天 90 克朗，非常實惠，宿舍及學校附近的生活機能很好，超市、賣場走路就可到達，而相較於首都布拉格的繁華，反而更喜歡哈拉代茲·克

拉羅維鎮的清幽氛圍。在交換期間，身體與心靈都非常的充實，很感恩學校有這個交換機會，也非常慶幸自己選了捷克這個國度，這趟交換之旅實在收穫良多。

## 六、相片

圖片(1)：哈拉代茲·克拉羅維大學資訊管理學院



圖片(2)：ESN Buddy System 舉辦布拉格三天兩夜遊合照



## 七、英文心得

The school I went for exchange was University of Hradec Kralove, which is located in the city called Hradec Kralove. The city is in the northeast of Prague, and it takes about two hours by train from Prague to Hradec Kralove. The different faculties of the entire university are scattered throughout the city, and the faculty I belonged was Faculty of Informatics and Management. One of the advantages of this university was that there was a ESN buddy system in the school. When the first day we arrived at the school, they really helped us a lot, including the traffic, accommodation, etc. During the semester, they held several activities for exchange students, for example, welcome party, trip to Prague, international dinner, country presentation, etc. Another advantage of University of Hradec Kralove was that they provided dormitories for students. The price of accommodation was 90 czk (about 130 TWD) per day. Living in the dormitory was convenient because there were two supermarkets nearby: Albert and Billa, which could be reached by walking within five minutes. Also, there was a bus station near to the dormitory and we could take 10 minutes bus from it to school.

During the exchange period, I took three classes: English in practice, German Language and Czech Language, it was special experiences to learn different teaching ways compared to Taiwan. For example, the teaching way of the Czech Language teacher was directly teaching us some Czech basic conversations and simple vocabularies and let us try to find the pronunciation and grammar structure of the Czech language by ourselves. It was quite different from the step by step teaching way in Taiwan. Also, getting along with other exchange students was quite interesting. We introduced each other's country, culture and diet. By the English teaching classes and chatting with international students, my English listening and speaking skill had been improved a lot.

Because the price of having meals in restaurants in Czech was more expensive than Taiwan, I almost cooked every meal by myself. Therefore, my cooking skill had been improved a lot during these five months. In the end of semester, I could make a table of Taiwanese dishes and shared it with other international students! By the way, the food in Czech Republic was salty, I still couldn't get use to it when I left this country.

When I was free, I liked to go to other cities in the Czech Republic: The capital Prague, the second largest city of Czech: Brno, The original place of Budweiser beer: České Budějovice, the fairytale town: Český Krumlov, the huge stone park: Adršpach, and the stalactite cave: Punkva Caves, etc., Traveling these cities in Czech Republic helped me know this country more, and be deeply moved by the natural landscape and the human landscape of Czech Republic.

Czech Republic is located in the middle of Europe, so traveling to other countries is easy to get and cheaper. The climate here is comfortable, and the level of price in Czech is lower than other European countries. I am very grateful to my school for providing the exchange student program, which gives me the opportunity to go abroad to broaden my horizon and meet this beautiful country. And I am very glad that I have chosen the Czech Republic. This exchange tour really means a lot to me. If you want to go for exchange, Czech Republic is definitely a good choice!