

斯洛伐克夸美紐斯大學

報告書

26-1 學校簡介

夸美紐斯大學（Comenius University in Bratislava）位於斯洛伐克的首都布拉提斯拉瓦，是斯洛伐克境內排名第一的綜合型大學。夸美紐斯有工學院、理學院、教育學院、商學院與文學院，而社會學與文化研究相關系所是開設在文學院之下。學院的地理位置散落在市中心的各處，透過公車與地上電車都能夠輕易到達。

交換生主要居住的宿舍在離市中心約二十分鐘的車程的地方。宿舍有兩人房或三人房，而浴廁設備是十個學生一起共用，廚房設備則是一整層樓只有一間廚房可以使用。雖然宿舍設備並不高級，但至少該有的東西都有，在步行十分鐘的距離內就有超市、生活用品店和簡餐店等。此外，位於宿舍區的學生餐廳是很便利的選擇，在這裡能夠用兩歐到四歐的價錢吃到很好的一餐。最後，宿舍費用跟歐洲地區大學比起來非常便宜，一個月的月租大約兩千四百元左右而已。

26-2 國外研修之課程學習（課內）

我在中山就讀社會學研究所，因此在來這裡之前計畫修習社會學與文化研究相關的課程。沒想到來到斯洛伐克之後，發現原先表定會用英文授課的社會學相關課程都是斯洛伐克語課程。面對這樣的情況，我只好放棄進修社會學專業的念頭，往文學院（Faculty of Arts）有開設的英文授課課程尋找想要上的課。經過一整週的旁聽，我選修三門分別由歷史系、人類系與考古系開設的課程。整體來說，斯洛伐克的上課時數沒有台灣長，整個學期扣掉國定假日，大約十週就結束了。課程難度上，除了用非母語上課需要較多的專注力之外，上課內容的密度與作業難度對我來說都不高。

26-3 國外研修之生活學習（課外）

除了修課之外，在國外研修的生活最長做的事情就是旅行，而這也是交換生涯讓我獲益良多的一個環節。在安排旅行時，我能夠學習如何安排與規劃，同時也嘗試在有限的預算中進行安排。而在旅行的過程中，我也學會如何與自己獨處、保護自己的安全，當然還有各種危機臨時出現時要如何化解。此外，在國外研修的這段時間，我學習到如何安排自己的時間、如何選擇自己想要參加何種活動而不受同儕影響。最後，我在國外研修生涯交到一群很好的日本朋友，這是這一段旅程最值得珍惜的情誼。

26-4 交換/研修之具體效益（請條列式列舉）

- 一、觀摩外國學術風氣。
- 二、學習獨立自主的生活，以及解決各式各樣的難題。
- 三、增廣見聞，廣結來自世界各地的朋友。
- 四、深入了解斯洛伐克文化，以及世界各地的風俗民情。
- 五、在國外生活過之後，更珍惜台灣的美好。

26-5 感想與建議

在斯洛伐克交換是一個難得的經驗，斯洛伐克位在中歐，跟大部分的歐洲國家比起來不那麼繁榮進步，也沒有太多觀光客駐足。這是一個值得好好過生活的城市；此外，斯洛伐克位於歐洲大陸的正中間，

首都布拉提斯拉瓦離維也納機場也只有四十分鐘車程，所以不管前往歐洲哪一個國家都不會距離太遠。雖然在課程修習上與當初預想的截然不同，但我仍然在斯洛伐克度過美好的五個月。

我想要給予的建議主要是關於中山與斯洛伐克大學間聯繫的部分。雖然斯洛伐克的行政效率的確不彰，導致我一直到從台灣起飛時都還沒有收到入學通知書，這樣的情況讓我非常忐忑。此外，斯洛伐克校方雖然公佈許多英語課程，但到了斯洛伐克卻完全不是這麼一回事。若是同學有學分抵免的需求，也可能因此造成延畢；因此，若有機會能與斯洛伐克校方溝通，希望能定期更新英語授課相關的課程。

Comenius University is located in Bratislava, which is the capital city of Slovakia; furthermore, Comenius University is the best University in Slovakia. Comenius University has a lot of Faculties, and Department of Sociology and Culture studies is included in Faculty of Arts. Most of faculties are located in old town, which is easily transport by bus and tram from the dorm.

The exchange students' dorm is twenty minutes far away from the old town. The room is usually two people room or three people room, moreover, you have to share the toilet and shower with another night flat mates. It means the toilet provide ten people's use, which is sometime very crowded. Except for the room and toilet, you also have to share a kitchen with whole floor, it means you have to share the kitchen with another one hundred or two hundred people. Although you have to share things with flat mates, it is very convenient. You can easily find supermarkets, drug stores as well as canteens near the dorm. Furthermore, the price of the canteens are really nice, and you can use two to four euros to buy a meal.

I study Sociology in NSYSU, so I look forward to study Sociology and culture studies in Comenius University. After arriving Slovakia, I realize that there is no Sociology class open in English which make me really shock. Facing this kind of situation, the only thing I can do is abandon the sociology lesson, and try to find the lesson in Faculty of arts that is open in English. After listening to a lot of lessons, I decide to choose three courses which is opened by department of History, department of anthropology and department of archaeology. Generally speaking, the courses in Slovakia are not too difficult, and either the knowledge from professor or homework are not too difficult for me.

Except of going to school, another thing I really enjoy during the exchange student life is travelling. During the trip, I learn how to prepare everything as well as learning how to become an independent people. Furthermore, when I facing the emergency, I can come out a solution by myself immediately. Another thing I learn from exchange life is plan my schedule by my own thought, don't follow the groups if you don't want to involve. Also, I met a group of Japanese during my exchange time, we had a good time together, and it will be the most important thing I get from my exchange student life.

Being an exchange student in Slovakia is a special experience. Slovakia locates in Central Europe; furthermore, Slovakia is not as modern as other countries in Europe as well as less tourist place. However, Bratislava is a good city to enjoy life. Slovakia is literally located in the central of Europe so that it only takes forty minutes to arrive Vienna airport, so it will be very easy to travel around whole Europe. Although the lesson in Comenius University is out of my plan, I still enjoy the five months in Slovakia.

26-6 相片（2~3 張貼進 word 檔案，含說明，並 Email 原檔給國際處承辦人）





圖一、從宿舍前往老城區的轉車處。

圖二、斯洛伐克的著名景點——UFO 景觀餐廳。

圖三、夸美紐斯大學文學院外頭的一角。