法國加萊海峽國際高等商學院返國報告書

中文心得:

加萊海峽國際高等商學院唯一間附屬在國立大學(ULCO)的私立商學院，學校有三個分部，由於此次交換學生計劃最大的動機是增強自己的英文能力，所以我是位在 Saint Omer 校區，此校區有提供全英文授課的服務，且老師來自許多國家，像是英國，波蘭，荷蘭等，學校的國際交換生負責人對交換生非常的好，只要有任何需求和困難皆是有求必應，或許法國人給人的刻板映像是有點懶散，效率不佳，但我在學校的行政人員身上完全看不到這種陋習，學校所有的課程都能提供旁聽的服務，若你為碩士生，要去修大學部的課程是可被允許的，所以交換生可以好好運用這個資源，在參與交換生計畫的過程中，我共修了五門課，皆是全英文授課，我大力推薦一位英文老師 Mrs. Twist，這位老師本身是英國人，但也會說法文，她的上課內容非常的扎實，且老師很重視口說，學校是小班制的教學，所以上課時每個人一定都會說到話，交換生更是如此，老師一定會請你分享你母國有沒有類似的經驗，在這個討論的過程中，淺移默化的影響下，對自己的英文口說能力絕對會有很大的幫助,我所修的五門課中，其中有三門課就是老師(Mrs. Twist)的課，法國人給人額外的刻板映像便是不喜歡說英文，如果你和他說英文，他不一定會理睬，這也是為何許多人拒絕前法國交換的原因，以我交換學生四個半月的經歷中，這個說法不完全對，也不完全錯，在交換學生的過程中我運用課餘時間走過了十一個國家，法國的確是我走過的國家中，英文接受度最低國家，其次是西班牙和葡萄牙，如果到一般的便利商店，和員工說英文確實是行不太通的，但是在學校的話就不是如此，我平常生活和在學校所接觸到的同學都是能用英文溝通的，且沒有那種以法文為母語的優越感，所以這點是完全不需要擔心的，在交換時，我幾乎天天去學校，沒課時我就用 Netflix 看影集，且只用英文字幕，也因此我能夠交到許多國外的朋友，且每當見面時，噓寒問暖的話語中以英文進行的模式，無形中我又得到了練習英文口說的能力。

交換學生計畫是學生專屬的經歷，一旦我們畢了業，這個經歷的機會也就隨之失去了，許多人會認為交換學生就是去玩樂的，甚至有人會認為這只是在浪費時間而已，當我一開始到達法國的那一星期，這幾個問題也在我心中徘徊了許久，但走完這段經歷後，我得到了屬於自己的答案，我認為交換學生是百分之五十的「學習」加上百分之五十的「旅行」，在學習的部分，藉著這段經歷，讓自身位於在母語非中文的國家，此時有極大的動機讓自己開口說英文，去練第二語言，如果沒有好好把握這個機會，我認為非常可惜，且交換學校提供許多全英文的授課選擇給我們，只要好好選擇，絕對對自身的英文能力有很大的幫助，百分之五十的旅行，我認為旅行也是學習的一部分，如何用有限的預算去讓你自己能走到的景點極大化，這便是典型經濟學的問題，且在旅行的過程中更有很大的機會能開口說英文，像是點餐或問路等，我不認未旅行是在浪費時間，我認為他是讓你擴大視野和讓自己變為更有故事的個體，以上是我對交換學生疑惑的個人解答，相信每個人的經歷都會不太一樣，我經歷過了，有走完了，交換學生計畫會是我人生中重要的里程碑之一，也會是一段刻苦銘心的經歷與回憶。

I started my exchange student period on September in 2018. I remembered first I arrived at Paris train station I felt absolutely nervous because I can not see any Asian people at the station. And the security in Paris is very bad. However after the exchange student period I feel fearless about anything in France. During my exchange student program I met a lot of friends in school. I seize any opportunities to have conversation with other people in English. I want to improve my English ability and this is the reason why I am in France why I want to join the exchange student program. I also use my spare time to have travel in eleven countries such as Belgium, Germany, Austria, Czech Rupublic, Netherland, Denmark, Spain, Portugal, England, Norway. In my opinion travel is also kinds of learning. When I traveled around the country in the Europe I did no feel afraid of speaking English to someone. If you met any

problem when you have travel you just can solve the problem by yourself. Thus I think travel is the good experience in our life.

The exchange student program is a student-specific experience. Once we graduate, the opportunity for this experience will be lost. Many people think that exchanging students is to go to play, and some people even think that this is just a waste of time. The week I first arrived in France, these questions were also stunned in my mind.
But after I finished this experience, I got my own answer. I think that the exchange student is 50% "learning" plus 50% of "travel". In the learning part, by this In the country where the mother tongue is not Chinese, there is a great motivation for me to speak English and practice a second language. For 50% of travel, I think travel is also part of learning. How to use a limited budget to let you go The attraction is maximizing, this is a problem of typical economics, and there is a greater chance of speaking English in the process of traveling, like ordering or asking for directions, etc. I don’ t think it’ s a waste of time to travel. I think he is an individual who allows you to broaden your horizons and turn yourself into a more story. The above is my personal answer to exchange student program. I believe that everyone's experience will be different form me. I experienced and finished the exchange student program. This experience will be an important milestone in my life and I will never forgot this meaningful memory in my life.




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