

烏特列支大學返國報告書

學校簡介

我在荷蘭烏特列支大學交換一學年，該大學在世界大學排名蠻出色，到當地時也發現烏特列支大學不論是硬體上（包含教室、圖書館等等）以及師資上都非常出色。在教室及圖書館等等方面都非常新以及寬敞，給人一種非常舒服的學習感覺。而那裏的大學不像台灣有固定校區，而是坐落在不同位置的建築。所以最普遍的往返方式就是騎單車。而在師資方面，我在一學年內（四個學期）都遇到非常好的老師，他們對自己的教學領域有很深的了解，而且和同學間的相處模式沒有距離，對教育及學生的熱忱也相當高。還有一點是，烏特列支大學在網路大學這點相當普遍。每堂課都可在網路大學查詢成績以及課堂講義，還有上傳作業也是以線上方式為主，與台灣較不相同。荷蘭大學一學年有四個學期，而一學期修兩堂課，所以我在那裏總共修了八門課，包括了荷蘭歷史、語音學、文法、威爾斯語以及中東現代歷史等等。我個人蠻喜歡這種短學期的模式，雖然學期時間短，但所學的都是精華，上課進度也較有效率。我認為荷蘭大學與台灣大學最不同的一點是那裏真正的上課時間比台灣少很多，但下課後必須讀老師給的文章或論文，然後在課堂上及 s e m i n a r 中討論，或者必須準備論文以及考試。所以就算是平日圖書館裡也都是充滿學生。我認為這樣的教育系統較能培養學生獨立自發的個性。

在課餘時間，我常常會去其他國家旅遊或是去找朋友，我認為這次出國的最大成就是認識了許多各國的好朋友，總是在下課或假日時去其他城市旅遊，或是到酒吧聊天，他們也很慷慨地邀請我在聖誕節時到他們家裡慶祝，我認為這是非常難能可貴的回憶，並且是無價的。荷蘭的地理位置算是在歐洲的中心，所以到鄰近國家遊玩相當方便，可以乘坐火車或公車，也可以輕鬆訂到便宜的機票，所以我在課餘時間常常到附近國家走走，充實自己的旅遊經驗。

具體效益

- 1, 比較荷蘭大學與台灣大學的區別並學習其長處
- 2, 在荷蘭因為與大家共同語言是英文，所以聽說能力進步許多
- 3, 有機會到鄰近國家旅遊充實視野
- 4, 因為在國外都是靠自己，較能培養獨立自主的個性以及單獨處理事物的能力
- 5, 有幸交到來自各國的朋友

我發現在國外這一年時間真的過得非常快，但還蠻充實，所以非常感謝學校以及我父母讓我有這個機會到國外交換，我也非常鼓勵學弟妹在經濟及其他狀況允許之下，能申請出國交換到其他國家真實體驗當地的生活方式，真的非常值得。因為家人都在遠方，更能體會出外靠朋友及自己的重要性，培養自己獨立處理事物的能力。我認為這一年我所體驗到的事物都是無價的並且很難能在台灣體驗到，對於人生的閱歷也非常有幫助。

First of all, I am super glad with the decision that I made about doing a year abroad. I remember being very uncertain and stressed before my departure due to the complicated preparation of various documents and applications, while the pleasure and special experiences that I earned during this year was definitely worthwhile. To be fair, my best experiences about the Netherlands is not about the study itself, but the experience of living as a local and making friends from different countries, which really helped broaden my horizon and fulfill my mind. Another upside about living in a foreign country is the improvement of my English, especially the listening and speaking parts. Most of the friends that I made in the Netherlands were actually from the UK, so it took me a while to get used to their speaking

speed and also their accents, and to get over my stress about speaking in front of the native speakers. However, they are also very friendly and patient and always willing to help me with my difficulties, which truly helps me boost my confidence of speaking English. Therefore, I am now a lot more confident and fluent in speaking English. At the same time, all the lectures, seminars and reading materials were all in English so we were forced to adapt ourselves into an English environment in which is fairly rare in Taiwan.

Another benefit about doing a year abroad is to get to know people from different countries and cultural backgrounds, and get to approach the way they live. I was honored and grateful to be invited to visit my friends and stay with their family in the Netherlands, the UK, Switzerland, and France. Unlike staying at a hostel or hotel, I could truly experience and appreciate the way they live and I also offered them to stay with me whenever they come visit Taiwan.

Traveling was also a big and important part of my year abroad. Due to the convenience of the geographical location, it was relatively easy and cheap to travel to the neighboring countries such as the UK, Belgium and Germany, etc. It was special and memorable to visit the places and tourist attractions that I read in the books or saw on the news. Being able to stand in front of them and being stunned by them was very unforgettable and unique.

Last but not least, living a year in a foreign country helped me become more independent and more reliable. It was basically implausible to ask for help from my family or friends in Taiwan, which forces me to deal with things and sort them out independently. Luckily Dutch people and my friends there are always very kind and helpful so I did not encounter any problems that could not be solved. Compared to Taiwan, everything was very pricey in the Netherlands so I needed to cook my own food and find other ways to save money, which was also challenging but helpful in terms of making me become a more independent person.

Pic 1: me and my housemates

Pic 2: me having dinner for my friends

Pic 2: me visiting friends in Manchester



